

1 - 20-02-2016 - Sessão da Manhã

20-02-2016 - 12:00

Prova 1 20-02-2016		Masc., 1500m Livres		Absoluto Startlist
RN Esc A(25-29)	17:37.72	Adriano Miguel Niz	GDNVNF Coimbra	18-04-2015
RN Esc B(30-34)	19:07.15	Luis Miguel Monteiro	CFP Coimbra	18-04-2015
RN Esc C(35-39)	19:58.89	Patrick Santos	INDANL Talence (FRA)	16-11-2014
RN Esc D(40-44)	20:28.51	Joao Pedro Sousa	CDSR Funchal	23-01-2016
RN Esc E(45-49)	20:02.29	Paulo Paula Carvalho	UDCA Manchester (GBR)	16-06-2006
RN Esc F(50-54)	17:51.93	Jose Carlos Freitas	CFP Coimbra	18-04-2015
RN Esc G(55-59)	22:15.77	Vitor Manuel Mavioso	SAD Coimbra	18-04-2015
RN Esc H(60-64)	23:01.86	Alberto Vaz Correia	SAD Coimbra	18-04-2015
RN Esc I(65-69)	30:48.04	Luis Silveira Viegas	SAD Coimbra	18-04-2015
RN Esc J(70-74)	24:45.35	Antonio Bessone Basto	SAD Coimbra	18-04-2015
RN Esc K(75-79)	59:00.00			
RN Esc L(80-84)	59:00.00			

Ano

Série 1 de 8

0 Nuno Rogerio Santos	76	Gesloures	20:00.00
1 Jean Alexandre Testagrossa	71	Salesianos de Lisboa	19:41.28
2 Rodrigo Marques Costa	76	Litoral Alentejano	19:15.00
3 Jose Carlos Freitas	63	Fluvial Portuense	17:51.93
4 Rui Filipe Costa	91	Foca	17:08.00
5 Francisco Maldonado Freitas	91	Pimpoes/Cimai	17:15.49
6 Luis Filipe Silva	88	Salesianos de Lisboa	19:00.00
7 Alvaro Miguel Cardoso	84	Salesianos de Lisboa	19:26.13
8 Mauro Santos Inacio	84	Litoral Alentejano	20:00.00
9 Diogo Gil Henriques	88	Alges	20:00.00

Série 2 de 8

0 Ricardo Daniel Lopes	84	Benedita	21:30.00
1 Jorge Miguel Silva	76	Salesianos de Lisboa	21:21.20
2 Bruno Miguel Fonseca	73	Salesianos de Lisboa	21:09.92
3 Paulo Paula Carvalho	61	Uniao Piedense	21:00.00
4 Jose Samuel Duarte	65	Sporting	20:02.67
5 Marcio Gregorio Neves	83	Salvaterra de Magos	20:03.02
6 Duarte Nuno Ferreira	86	Salesianos de Lisboa	21:09.00
7 Joao Carlos Malta	82	Natacao da Maia	21:20.14
8 Pedro Filipe Pimentel	84	Foca	21:24.38
9 Nuno Alexandre Crespo	75	Colegio Monte Maior	21:40.88

Prova 1, Masc., 1500m Livres

Série 3 de 8

0 Miguel Pinheiro Pires	78	Foca	22:30.00
1 Ricardo Miguel Frias	73	Alges	22:20.00
2 Vitor Manuel Mavioso	56	Alges	22:15.77
3 Alberto Vaz Correia	55	Alges	22:04.20
4 Diogo Pedroso Almeida	77	Colegio Monte Maior	21:45.00
5 Ricardo Antonio Mendes	55	Salesianos de Lisboa	22:00.00
6 Mario Jose Pinto	57	Sporting de Aveiro	22:04.87
7 Alexandre Marques Pereira	76	Colegio Monte Maior	22:17.38
8 Eduardo Jose Amaral	78	Pimpoes/Cimai	22:22.32
9 Jaime Carlos Bento	61	Alges	22:53.00

Série 4 de 8

0 Antonio Bessone Basto	45	Alges	24:45.35
1 Joao Antonio Gomes	75	Leixoes	24:16.20
2 Stephen Thomas Dyson	47	Alges	24:00.00
3 Francisco Santos Barros	72	Colegio Monte Maior	23:24.65
4 Filipe Pinheiro Pires	73	Foca	22:57.43
5 Marco Andre Cravide	90	Sporting de Aveiro	23:00.00
6 Luis Paulo Piteira	68	Setubalense	23:50.00
7 Luis Miguel Vasconcelos	68	Geslours	24:00.00
8 Pedro Miguel Magalhaes	88	Natacao da Maia	24:28.94
9 Jose Rodrigues Dinis	69	Benedita	24:50.00

Prova 2 20-02-2016	Femin., 1500m Livres				Absoluto Startlist
RN Esc A(25-29)	19:28.13	Carolina Santos Silva	CNMAIA	Coimbra	18-04-2015
RN Esc B(30-34)	21:13.78	Ana Mafalda Oliveira	CNMAIA	Coimbra	18-04-2015
RN Esc C(35-39)	18:50.82	Ana Paula Grilo	UDCA	Swansea (GBR)	03-03-2006
RN Esc D(40-44)	21:47.67	Carla Santa Barbara	FCP	Coimbra	18-04-2015
RN Esc E(45-49)	20:49.12	Ana Paula Grilo	NDCO	Swansea (GBR)	08-03-2014
RN Esc F(50-54)	28:09.86	Maria Luisa Oliveira	AAC	Ourense (ESP)	27-03-2011
RN Esc G(55-59)	59:00.00				
RN Esc H(60-64)	32:57.32	Isabel Costa Monteiro	AAC	Coimbra	18-04-2015
RN Esc I(65-69)	25:32.87	Ana Maria Ferreira	SAD	Coimbra	18-04-2015
RN Esc J(70-74)	59:00.00				
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				

Ano

Série 1 de 4

0 Rita Miguel Reina	72	Colegio Monte Maior	22:20.99
1 Patricia Diogenes Pereira	69	Alges	21:26.82
2 Carla Santa Barbara	75	Porto	20:40.27
3 Keissy Joselin Sousa	85	Porto	19:59.88
4 Carolina Santos Silva	86	Natacao da Maia	19:28.13
5 Susana Maria Mateus	89	Litoral Alentejano	19:38.38
6 Ines Maria Rothes	73	Fluvial Portuense	20:31.96
7 Mafalda Sofia Moreira	79	Benedita	21:20.00
8 Ana Filipe Costa	83	Porto	22:00.00
9 Raquel Filipa Miranda	85	Foca	22:30.00

Série 2 de 4

0 Catarina Araujo Blanco	71	Alges	24:41.73
1 Maria Joao Jose	90	Ginasio Santo Tirso	24:30.00
2 Rute Sofia Teixeira	90	Ginasio Santo Tirso	24:20.00
3 Filipa Cristina Fernandes	76	Gesloures	23:00.00
4 Elena Nikolaevna Kraeva	61	Colegio Monte Maior	22:32.89
5 Maria Luisa Costa	74	Fluvial Portuense	23:00.00
6 Helena Manuel Jose	90	Ginasio Santo Tirso	24:05.94
7 Rita Cabral Guimaraes	64	Fluvial Portuense	24:28.74
8 Ana Maria Ferreira	50	Alges	24:30.19
9 Ana Lanca Rodrigues	73	Gesloures	25:00.00

2 - 20-02-2016 - Sessão da Tarde

20-02-2016 - 18:00

Prova 1 20-02-2016		Masc., 1500m Livres		Absoluto Startlist
RN Esc A(25-29)	17:37.72	Adriano Miguel Niz	GDNVNF Coimbra	18-04-2015
RN Esc B(30-34)	19:07.15	Luis Miguel Monteiro	CFP Coimbra	18-04-2015
RN Esc C(35-39)	19:58.89	Patrick Santos	INDANL Talence (FRA)	16-11-2014
RN Esc D(40-44)	20:28.51	Joao Pedro Sousa	CDSR Funchal	23-01-2016
RN Esc E(45-49)	20:02.29	Paulo Paula Carvalho	UDCA Manchester (GBR)	16-06-2006
RN Esc F(50-54)	17:51.93	Jose Carlos Freitas	CFP Coimbra	18-04-2015
RN Esc G(55-59)	22:15.77	Vitor Manuel Mavioso	SAD Coimbra	18-04-2015
RN Esc H(60-64)	23:01.86	Alberto Vaz Correia	SAD Coimbra	18-04-2015
RN Esc I(65-69)	30:48.04	Luis Silveira Viegas	SAD Coimbra	18-04-2015
RN Esc J(70-74)	24:45.35	Antonio Bessone Basto	SAD Coimbra	18-04-2015
RN Esc K(75-79)	59:00.00			
RN Esc L(80-84)	59:00.00			

Ano

Série 5 de 8

0 Miguel Jose Ferreira	70	Leixoes	26:20.00
1 Luis Rosario Figueiredo	89	Ginasio Santo Tirso	26:14.77
2 Antonio Jorge Martinho	65	Academica de Coimbra	25:56.34
3 Henrique Luis Seabra	61	Fluvial Portuense	25:09.18
4 Juan Luis Silva	63	Masters de Almada	25:00.00
5 Jorge Manuel Ferreira	68	Masters de Almada	25:00.00
6 Filipe Monteiro Pacheco	74	Leixoes	25:14.97
7 Paulo Alexandre Neves	66	Leixoes	26:00.00
8 Antonio Pedro Castro	74	Leixoes	26:15.00
9 Carlos Augusto Correia	52	Masters de Almada	26:25.43

Série 6 de 8

0 Joaquim Jose Dias	64	Leixoes	27:15.00
1 Daniel Castro Trigo	65	Sporting de Aveiro	26:57.36
2 Mario Jorge Barros	56	Porto	26:47.03
3 Antonio Barrocas Albardeiro	56	Alges	26:32.09
4 Eduardo Alexandre Junior	70	Ginasio Santo Tirso	26:27.84
5 Fernando Manuel Carmo	67	Alges	26:30.00
6 Pedro Martins Pinheiro	74	Benedita	26:40.00
7 Jorge Sequeira Lima	67	Sporting Gaviao	26:49.21
8 Fernando Manuel Santana	68	Colegio Monte Maior	27:05.50
9 Orlando Gomes Bairrada	45	Alges	27:38.57

Prova 1, Masc., 1500m Livres

Série 7 de 8

0	Fernando Osvaldo Socorro	72	Leixoes	29:15.00
1	Joao Pedro Martins	77	Galitos/Bresimar	28:50.84
2	Rui Manuel Velez	64	Luz e Vida	28:00.00
3	Antonio Paulo Melo	67	Fluvial Portuense	28:00.00
4	Nuno Miguel Pinto	74	Geslours	28:00.00
5	Jose Maria Gomes	72	Ginasio Clube	28:00.00
6	Luis Manuel Sousa	66	Fluvial Portuense	28:00.00
7	Mario Jorge Melo	51	Colegio Monte Maior	28:30.00
8	Vasco Levita Sousa	73	Masters de Almada	29:00.00
9	Domingos Pinto Coelho	52	Alges	29:21.93

Série 8 de 8

0	Jose Goncalves Santos	54	Sporting de Aveiro	39:00.00
1	Jose Joaquim Marreiros	46	Alges	34:46.92
2	Arnaldo Silva Martins	61	Fluvial Portuense	32:25.91
3	Alexandre Azevedo Gaspar	45	Alges	30:34.81
4	Paulo Jose Patrao	60	Alges	29:35.10
5	Jose Luis Cardoso	71	Masters de Almada	30:00.00
6	Nuno Filipe Ferreira	70	Alges	31:17.69
7	Sebastiao Ferreira Santos	67	Individual ANDS	32:50.00
8	Manuel Alberto Santo	69	Avancado EUL	35:00.00
9	Rui Jorge Isabel	89	Pimpoes/Cimai	40:00.00

Série 1, Série 2, Série 3, Série 4 Programado na sessão 1

Prova 2 20-02-2016	Femin., 1500m Livres				Absoluto Startlist
RN Esc A(25-29)	19:28.13	Carolina Santos Silva	CNMAIA	Coimbra	18-04-2015
RN Esc B(30-34)	21:13.78	Ana Mafalda Oliveira	CNMAIA	Coimbra	18-04-2015
RN Esc C(35-39)	18:50.82	Ana Paula Grilo	UDCA	Swansea (GBR)	03-03-2006
RN Esc D(40-44)	21:47.67	Carla Santa Barbara	FCP	Coimbra	18-04-2015
RN Esc E(45-49)	20:49.12	Ana Paula Grilo	NDCO	Swansea (GBR)	08-03-2014
RN Esc F(50-54)	28:09.86	Maria Luisa Oliveira	AAC	Ourense (ESP)	27-03-2011
RN Esc G(55-59)	59:00.00				
RN Esc H(60-64)	32:57.32	Isabel Costa Monteiro	AAC	Coimbra	18-04-2015
RN Esc I(65-69)	25:32.87	Ana Maria Ferreira	SAD	Coimbra	18-04-2015
RN Esc J(70-74)	59:00.00				
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				

Ano

Série 3 de 4

0 Fernanda Maria Santinha	72	Masters de Almada	30:00.00
1 Carla Sofia Sequeira	75	Colegio Monte Maior	29:30.00
2 Sandra Santa Barbara	75	Ginasio Santo Tirso	26:31.32
3 Ana Raquel Lirio	90	Ginasio Santo Tirso	26:00.00
4 Alexandra Sofia Vicente	81	Benedita	25:10.00
5 Ana Paula Sequeira	68	Sporting de Aveiro	25:32.52
6 Maria Ana Fonseca	82	Fluvial Portuense	26:11.02
7 Ana Raquel Barbosa	88	Gesloures	28:00.00
8 Ana Paula Almeida	58	Fluvial Portuense	30:00.00
9 Maria Madalena Caninas	63	Masters de Almada	30:25.37

Série 4 de 4

0 Jose Manuel Horta	49	Alges	NT
1 Margarida Maria Ribeiro	64	Fluvial Portuense	40:00.00
2 Isabel Costa Monteiro	53	Academica de Coimbra	32:57.32
3 Helena Paula Carvalho	64	Uniao Piedense	32:00.00
4 Ana Rosa Silva	80	Foca	30:30.00
5 Ana Sofia Uhlfelder	83	Fluvial Portuense	31:00.00
6 Susana Isabel Ramalho	84	Fluvial Portuense	32:30.00
7 Luisa Lopes Agante	71	Leixoes	33:00.00
8 Jose Alexandre Raposo	55	Sporting de Aveiro	NT
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Série 1, Série 2 Programado na sessão 1