

Prova 1	Femin., 800m Livres					Absolutos
31-10-2015						Resultados
Rec Nac Absoluto	8:41.65	Angelica Maria Andre	LSC	Porto	09-12-2012	
Rec Nac Inf B	9:33.95	Filipa Vilas Ruivo	DNMG	Nazaré	16-05-2009	
Rec Nac Inf A	9:03.90	Alexandra Maria Silva	FCP	Porto	13-07-1980	
Rec Nac Juv B	9:00.27	Alexandra Maria Silva	FCP	Antibes (FRA)	20-12-1980	
Rec Nac Juv A	8:46.74	Ana Claudia Santos	SFUAP	Cantanhede	19-12-2004	
Rec Nac Jun 1	8:45.41	Tamila Hryhorivna Holub	SCB	Porto	21-12-2014	
Rec Nac Jun 2	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	12-12-2002	
Rec Nac Sen	8:41.65	Angelica Maria Andre	LSC	Porto	09-12-2012	

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carolina Silverio Carpinteiro	02	119481	Natacao do Tejo	9:47.63		542	25,0(-)
	50m: 31.94 31.94	250m: 2:59.13	37.13	450m: 5:28.32	37.52	650m: 8:00.44	38.29	
	100m: 1:07.86 35.92	300m: 3:36.47	37.34	500m: 6:05.77	37.45	700m: 8:38.49	38.05	
	150m: 1:44.97 37.11	350m: 4:13.75	37.28	550m: 6:43.43	37.66	750m: 9:14.36	35.87	
	200m: 2:22.00 37.03	400m: 4:50.80	37.05	600m: 7:22.15	38.72	800m: 9:47.63	33.27	
2.	Susana Maria Mateus	89	14091	Litoral Alentejano	10:04.36		498	23,0(-)
	50m: 33.96 33.96	250m: 3:03.07	37.78	450m: 5:35.64	38.39	650m: 8:10.03	38.76	
	100m: 1:10.49 36.53	300m: 3:40.90	37.83	500m: 6:14.16	38.52	700m: 8:48.49	38.46	
	150m: 1:47.90 37.41	350m: 4:18.97	38.07	550m: 6:52.84	38.68	750m: 9:26.78	38.29	
	200m: 2:25.29 37.39	400m: 4:57.25	38.28	600m: 7:31.27	38.43	800m: 10:04.36	37.58	
3.	Joana Filipa Silva	98	125636	O Crasto	10:15.12		473	22,0(-)
	50m: 32.11 32.11	250m: 3:02.93	38.65	450m: 5:39.67	39.17	650m: 8:17.26	39.56	
	100m: 1:08.89 36.78	300m: 3:41.78	38.85	500m: 6:18.86	39.19	700m: 8:57.06	39.80	
	150m: 1:46.32 37.43	350m: 4:21.06	39.28	550m: 6:58.07	39.21	750m: 9:36.82	39.76	
	200m: 2:24.28 37.96	400m: 5:00.50	39.44	600m: 7:37.70	39.63	800m: 10:15.12	38.30	
4.	Ana Catarina Magalhaes	02	119092	Lousada SXXI	10:18.08		466	21,0(-)
	50m: 33.58 33.58	250m: 3:08.49	39.16	450m: 5:45.43	38.83	650m: 8:22.74	39.47	
	100m: 1:11.05 37.47	300m: 3:47.80	39.31	500m: 6:24.66	39.23	700m: 9:02.19	39.45	
	150m: 1:49.98 38.93	350m: 4:27.00	39.20	550m: 7:04.04	39.38	750m: 9:40.93	38.74	
	200m: 2:29.33 39.35	400m: 5:06.60	39.60	600m: 7:43.27	39.23	800m: 10:18.08	37.15	
5.	Maria Leitao Carvalho	02	126850	Ba/Bomcar	10:22.72		456	20,0(-)
	50m: 34.83 34.83	250m: 3:11.57	39.58	450m: 5:48.89	38.75	650m: 8:25.78	39.37	
	100m: 1:12.82 37.99	300m: 3:50.79	39.22	500m: 6:28.33	39.44	700m: 9:05.27	39.49	
	150m: 1:52.26 39.44	350m: 4:30.25	39.46	550m: 7:07.16	38.83	750m: 9:44.82	39.55	
	200m: 2:31.99 39.73	400m: 5:10.14	39.89	600m: 7:46.41	39.25	800m: 10:22.72	37.90	
6.	Patricia Cai Lin	01	126266	Alges e Agueda XXI	10:24.60		451	19,0(-)
	50m: 34.99 34.99	250m: 3:12.78	40.28	450m: 5:52.46	39.58	650m: 8:30.79	39.44	
	100m: 1:13.51 38.52	300m: 3:52.76	39.98	500m: 6:32.32	39.86	700m: 9:10.83	40.04	
	150m: 1:53.09 39.58	350m: 4:33.00	40.24	550m: 7:11.79	39.47	750m: 9:49.53	38.70	
	200m: 2:32.50 39.41	400m: 5:12.88	39.88	600m: 7:51.35	39.56	800m: 10:24.60	35.07	
7.	Mariana Lopes Martins	98	122076	CCDSerta	10:25.39		450	18,0(-)
	50m: 33.46 33.46	250m: 3:07.24	39.25	450m: 5:46.74	39.37	650m: 8:26.27	39.88	
	100m: 1:10.38 36.92	300m: 3:46.81	39.57	500m: 6:26.18	39.44	700m: 9:07.38	41.11	
	150m: 1:48.20 37.82	350m: 4:26.73	39.92	550m: 7:06.22	40.04	750m: 9:47.29	39.91	
	200m: 2:27.99 39.79	400m: 5:07.37	40.64	600m: 7:46.39	40.17	800m: 10:25.39	38.10	
8.	Adriana Robalo Garcia	00	120668	Naval Praia Vitoria	10:36.94		426	17,0(-)
	100m: 1:14.72 1:14.72	300m: 3:57.79	1:21.35	500m: 6:38.53	1:20.03	700m: 9:17.75	1:19.76	
	200m: 2:36.44 1:21.72	400m: 5:18.50	1:20.71	600m: 7:57.99	1:19.46	800m: 10:36.94	1:19.19	
9.	Ana Rita Oliveira	04	124995	Naval Povoense	10:39.19		421	16,0(-)
	50m: 34.06 34.06	250m: 3:11.47	39.02	450m: 5:55.31	41.46	650m: 8:40.22	41.28	
	100m: 1:12.26 38.20	300m: 3:52.10	40.63	500m: 6:36.77	41.46	700m: 9:21.18	40.96	
	150m: 1:51.91 39.65	350m: 4:34.01	41.91	550m: 7:17.94	41.17	750m: 10:01.04	39.86	
	200m: 2:32.45 40.54	400m: 5:13.85	39.84	600m: 7:58.94	41.00	800m: 10:39.19	38.15	

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Soraia Margarida Carvalho	00	124112	Albicastrense	10:41.16		417	15,0(-)
	50m: 35.07 35.07		250m: 3:13.80 39.91	450m: 5:55.94 40.80	650m: 8:41.55 41.55			
	100m: 1:13.80 38.73		300m: 3:53.81 40.01	500m: 6:37.21 41.27	700m: 9:22.60 41.05			
	150m: 1:53.83 40.03		350m: 4:34.34 40.53	550m: 7:19.14 41.93	750m: 10:03.30 40.70			
	200m: 2:33.89 40.06		400m: 5:15.14 40.80	600m: 8:00.00 40.86	800m: 10:41.16 37.86			
11.	Ana Madalena Mendes	00	124022	Avancado EUL	10:47.55		405	14,0(-)
	50m: 34.83 34.83		250m: 3:12.03 40.51	450m: 5:57.45 42.14	650m: 8:44.95 42.01			
	100m: 1:12.49 37.66		300m: 3:52.83 40.80	500m: 6:39.28 41.83	700m: 9:26.18 41.23			
	150m: 1:51.38 38.89		350m: 4:33.90 41.07	550m: 7:20.66 41.38	750m: 10:07.38 41.20			
	200m: 2:31.52 40.14		400m: 5:15.31 41.41	600m: 8:02.94 42.28	800m: 10:47.55 40.17			
12.	Nicia Filipa Ferreira	01	112459	Natacao Guarda	10:50.49		400	13,0(-)
	50m: 33.18 33.18		250m: 3:13.34 42.25	450m: 5:59.17 41.00	650m: 8:47.61 42.65			
	100m: 1:11.17 37.99		300m: 3:55.16 41.82	500m: 6:40.64 41.47	700m: 9:29.74 42.13			
	150m: 1:50.72 39.55		350m: 4:36.71 41.55	550m: 7:22.75 42.11	750m: 10:12.55 42.81			
	200m: 2:31.09 40.37		400m: 5:18.17 41.46	600m: 8:04.96 42.21	800m: 10:50.49 37.94			
13.	Rita Oliveira Noritake	98	107643	Bombeiros Estoris	10:51.53		398	12,0(-)
	50m: 35.17 35.17		250m: 3:16.94 40.99	450m: 6:02.76 41.42	650m: 8:49.79 41.60			
	100m: 1:14.34 39.17		300m: 3:58.19 41.25	500m: 6:44.69 41.93	700m: 9:31.57 41.78			
	150m: 1:55.22 40.88		350m: 4:39.86 41.67	550m: 7:26.02 41.33	750m: 10:12.61 41.04			
	200m: 2:35.95 40.73		400m: 5:21.34 41.48	600m: 8:08.19 42.17	800m: 10:51.53 38.92			
14.	Carolina Pereira Pedrosa	02	126677	Vieirense	10:55.00		391	11,0(-)
	50m: 36.16 36.16		250m: 3:19.98 42.27	450m: 6:08.17 41.79	650m: 8:53.79 40.42			
	100m: 1:15.88 39.72		300m: 4:02.38 42.40	500m: 6:50.57 42.40	700m: 9:34.55 40.76			
	150m: 1:56.05 40.17		350m: 4:44.27 41.89	550m: 7:32.52 41.95	750m: 10:15.38 40.83			
	200m: 2:37.71 41.66		400m: 5:26.38 42.11	600m: 8:13.37 40.85	800m: 10:55.00 39.62			
15.	Bruna Marisa Fonseca	99	111626	Amigos da Montanha	10:55.05		391	10,0(-)
	50m: 34.99 34.99		250m: 3:17.06 41.23	450m: 6:03.89 41.64	650m: 8:51.40 41.84			
	100m: 1:14.11 39.12		300m: 3:58.70 41.64	500m: 6:45.81 41.92	700m: 9:33.21 41.81			
	150m: 1:54.64 40.53		350m: 4:40.04 41.34	550m: 7:27.83 42.02	750m: 10:15.44 42.23			
	200m: 2:35.83 41.19		400m: 5:22.25 42.21	600m: 8:09.56 41.73	800m: 10:55.05 39.61			
16.	Constanca Basilio Gil	03	125758	CLAC-Entroncamento	11:01.04		381	9,0(-)
	50m: 35.37 35.37		250m: 3:18.46 41.32	450m: 6:08.94 42.41	650m: 8:59.58 43.01			
	100m: 1:15.11 39.74		300m: 4:00.86 42.40	500m: 6:51.50 42.56	700m: 9:41.65 42.07			
	150m: 1:56.37 41.26		350m: 4:43.77 42.91	550m: 7:34.33 42.83	750m: 10:23.29 41.64			
	200m: 2:37.14 40.77		400m: 5:26.53 42.76	600m: 8:16.57 42.24	800m: 11:01.04 37.75			
17.	Maria Ines Rodrigues	98	153433	Cultura e Desporto	11:18.59		352	8,0(-)
	50m: 36.30 36.30		250m: 3:21.40 42.58	450m: 6:15.95 44.15	650m: 9:11.55 44.11			
	100m: 1:15.53 39.23		300m: 4:04.87 43.47	500m: 6:59.45 43.50	700m: 9:55.70 44.15			
	150m: 1:56.71 41.18		350m: 4:48.44 43.57	550m: 7:43.38 43.93	750m: 10:38.09 42.39			
	200m: 2:38.82 42.11		400m: 5:31.80 43.36	600m: 8:27.44 44.06	800m: 11:18.59 40.50			
18.	Sara Catarina Teixeira	99	121735	Penafiel	11:25.01		342	7,0(-)
	50m: 36.88 36.88		250m: 3:24.61 42.68	450m: 6:18.99 43.65	650m: 9:15.35 44.58			
	100m: 1:17.54 40.66		300m: 4:07.87 43.26	500m: 7:02.96 43.97	700m: 9:59.54 44.19			
	150m: 1:59.81 42.27		350m: 4:51.55 43.68	550m: 7:46.86 43.90	750m: 10:43.53 43.99			
	200m: 2:41.93 42.12		400m: 5:35.34 43.79	600m: 8:30.77 43.91	800m: 11:25.01 41.48			
19.	Maria Ines Lemos	02	120159	Mirandela	11:34.43		328	6,0(-)
	50m: 35.46 35.46		250m: 3:24.15 43.09	450m: 6:22.27 45.12	650m: 9:23.06 45.64			
	100m: 1:15.86 40.40		300m: 4:07.89 43.74	500m: 7:07.25 44.98	700m: 10:08.43 45.37			
	150m: 1:58.54 42.68		350m: 4:52.66 44.77	550m: 7:52.19 44.94	750m: 10:52.80 44.37			
	200m: 2:41.06 42.52		400m: 5:37.15 44.49	600m: 8:37.42 45.23	800m: 11:34.43 41.63			
20.	Diana Gomes Silva	01	123950	Nucleo Ansiao	11:54.45		302	5,0(-)
	50m: 37.45 37.45		250m: 3:31.08 44.67	450m: 6:32.41 46.55	650m: 9:37.51 46.82			
	100m: 1:18.67 41.22		300m: 4:15.52 44.44	500m: 7:18.49 46.08	700m: 10:24.52 47.01			
	150m: 2:01.89 43.22		350m: 5:00.64 45.12	550m: 8:04.18 45.69	750m: 11:10.58 46.06			
	200m: 2:46.41 44.52		400m: 5:45.86 45.22	600m: 8:50.69 46.51	800m: 11:54.45 43.87			

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	Maria Eduarda Ferreira	01	132195	BUZIOS-Coruche	12:02.23		292	4,0(-)
	50m: 38.55 38.55		250m: 3:34.41 44.42	450m: 6:39.07 46.41	650m: 9:47.08 47.71			
	100m: 1:21.27 42.72		300m: 4:20.26 45.85	500m: 7:24.00 44.93	700m: 10:33.52 46.44			
	150m: 2:05.58 44.31		350m: 5:06.24 45.98	550m: 8:11.63 47.63	750m: 11:18.81 45.29			
	200m: 2:49.99 44.41		400m: 5:52.66 46.42	600m: 8:59.37 47.74	800m: 12:02.23 43.42			
22.	Bruna Filipa Niza	03	131993	Atletico	12:04.49		289	3,0(-)
	50m: 36.84 36.84		250m: 3:39.79 46.29	450m: 6:45.70 47.08	650m: 9:50.38 46.99			
	100m: 1:21.38 44.54		300m: 4:25.88 46.09	500m: 7:32.09 46.39	700m: 10:36.83 46.45			
	150m: 2:06.77 45.39		350m: 5:12.31 46.43	550m: 8:17.62 45.53	750m: 11:21.16 44.33			
	200m: 2:53.50 46.73		400m: 5:58.62 46.31	600m: 9:03.39 45.77	800m: 12:04.49 43.33			
23.	Ana Beatriz Pereira	04	124073	Salvaterra de Magos	12:25.93		265	2,0(-)
	50m: 38.32 38.32		250m: 3:39.26 47.56	450m: 6:49.82 48.31	650m: 10:03.40 47.86			
	100m: 1:21.12 42.80		300m: 4:26.69 47.43	500m: 7:38.12 48.30	700m: 10:51.02 47.62			
	150m: 2:05.82 44.70		350m: 5:14.06 47.37	550m: 8:26.76 48.64	750m: 11:37.36 46.34			
	200m: 2:51.70 45.88		400m: 6:01.51 47.45	600m: 9:15.54 48.78	800m: 12:25.93 48.57			
24.	Rita Carapinha Conceicao	01	129288	Campomaiorense	12:33.18		257	1,0(-)
	50m: 38.97 38.97		250m: 3:46.95 47.89	450m: 7:00.10 47.04	650m: 10:15.02 48.73			
	100m: 1:24.24 45.27		300m: 4:35.84 48.89	500m: 7:49.78 49.68	700m: 11:04.27 49.25			
	150m: 2:11.40 47.16		350m: 5:24.76 48.92	550m: 8:38.45 48.67	750m: 11:51.27 47.00			
	200m: 2:59.06 47.66		400m: 6:13.06 48.30	600m: 9:26.29 47.84	800m: 12:33.18 41.91			

Prova 2

Masc., 100m Mariposa

Absolutos

31-10-2015

Resultados

Rec Nac Absoluto	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	11-11-2009
Rec Nac Inf B	1:01.78	Fabio Parrilha da Silva	CNAL	Penafiel	01-04-2000
Rec Nac Inf A	59.56	Fabio Parrilha da Silva	CNAL	Leiria	07-04-2001
Rec Nac Juv B	57.32	Diogo Filipe Carvalho	CGA	Estarreja	10-06-2003
Rec Nac Juv A	55.60	Diogo Gomes Sousa	CNCVG	Porto	05-12-2010
Rec Nac Jun 1	53.97	Tiago Andre Venancio	CNS	Alapraia	15-02-2004
Rec Nac Jun 2	53.87	Tiago Andre Venancio	CNS	Cantanhede	19-12-2004
Rec Nac Sen	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	11-11-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisco Ribeiro Constantim	99	105785	Naval da Nazare	59.67		534	23,00
	50m: 28.08 28.08		100m: 59.67 31.59					
2.	Carlos Miguel Pinto	97	107661	Naval Setubalense	1:00.20		520	21,00
	50m: 28.08 28.08		100m: 1:00.20 32.12					
3.	Sandro Emanuel Francisco	99	117818	Vieirense	1:00.82		505	20,00
	50m: 28.35 28.35		100m: 1:00.82 32.47					
4.	Joao Guilherme Ferreira	93	109907	Amigos da Montanha	1:01.68		484	19,00
	50m: 27.61 27.61		100m: 1:01.68 34.07					
5.	Francisco Miguel Costa	96	129975	Atletico	1:02.12		474	18,00
	50m: 28.85 28.85		100m: 1:02.12 33.27					
6.	Miguel Serrao Santos	00	117091	Salvaterra de Magos	1:02.17		473	17,00
	50m: 28.99 28.99		100m: 1:02.17 33.18					
7.	Joao Luis Maximo	98	125641	O Crasto	1:02.34		469	16,00
	50m: 29.13 29.13		100m: 1:02.34 33.21					
8.	Pedro Guilherme Ferreira	00	119408	Miranda do Corvo	1:03.38		446	15,00
	50m: 30.06 30.06		100m: 1:03.38 33.32					

ORGANIZAÇÃO



PATROCINADORES



PARCEIROS INSTITUCIONAIS



PARCEIROS



Prova 2, Masc., 100m Mariposa, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Rui Vaz Rodrigues 50m: 30.85 30.85	99	126608	Mirandela 100m: 1:05.36 34.51	1:05.36		407	14,00
10.	Pedro Miguel Riscado 50m: 30.44 30.44	97	121362	Albicastrense 100m: 1:05.98 35.54	1:05.98		395	13,00
11.	Joao Pedro Matos 50m: 30.73 30.73	86	13499	Nucleo Sportinguista Terceira 100m: 1:06.69 35.96	1:06.69		383	12,00
12.	Paulo Jorge Azevedo 50m: 30.87 30.87	99	125123	Naval Praia Vitoria 100m: 1:07.65 36.78	1:07.65		367	11,00
13.	Rodrigo Galvao Alves 50m: 30.23 30.23	00	122087	CCDSerta 100m: 1:08.24 38.01	1:08.24		357	10,00
14.	Henrique Maieiro Amorim 50m: 32.04 32.04	01	125010	Naval Povoense 100m: 1:08.44 36.40	1:08.44		354	9,00
15.	Sergio Alexandre Dantas 50m: 31.65 31.65	95	200153	Cultura e Desporto 100m: 1:08.80 37.15	1:08.80		349	8,00
16.	Nuno Miguel Afonso 50m: 30.90 30.90	91	11208	Natacao do Tejo 100m: 1:08.84 37.94	1:08.84		348	7,00
17.	Marco Antonio Costa 50m: 32.57 32.57	02	121638	Natacao Guarda 100m: 1:10.33 37.76	1:10.33		326	6,00
18.	Mario Markin 50m: 32.30 32.30	01	130880	Hoquei Mealhada/ CA 100m: 1:10.76 38.46	1:10.76		320	5,00
19.	Fabio Santos Pereira 50m: 32.64 32.64	00	126916	Campomaiorense 100m: 1:12.15 39.51	1:12.15		302	4,00
20.	Joao Pedro Freire 50m: 33.52 33.52	00	129265	Nucleo Ansiao 100m: 1:14.17 40.65	1:14.17		278	3,00
21.	Adrian Nicolae Chereches 50m: 34.50 34.50	99	128153	Colegio Bernardette Romeira 100m: 1:17.74 43.24	1:17.74		241	2,00
22.	Claudio Andre Jesus 50m: 33.28 33.28	00	125097	Flavitus 100m: 1:19.53 46.25	1:19.53		225	1,00

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PARCEIROS



Prova 3 31-10-2015	Femin., 200m Mariposa				Absolutos Resultados
Rec Nac Absoluto	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	15-12-2010
Rec Nac Inf B	2:31.64	Raquel Maria Felgueiras	SCB	Algés	09-05-1992
Rec Nac Inf A	2:25.40	Raquel Maria Felgueiras	SCB	Vila do Conde	30-05-1993
Rec Nac Juv B	2:19.06	Susana Patricia Miguel	SFUAP	Penafiel	20-03-2004
Rec Nac Juv A	2:17.51	Raquel Maria Felgueiras	SCB	Algés	05-03-1995
Rec Nac Jun 1	2:13.60	Ana Rita Francisco	FPN	Gelsenkirchen (GER)	11-02-1996
Rec Nac Jun 2	2:10.12	Sara Francisco Cruz	ADBA	Leiria	04-12-2009
Rec Nac Sen	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	15-12-2010

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sara Conceicao Peca	99	116963	Ba/Bomcar	2:24.84		563	25,0(-)
	50m: 32.57 32.57		100m: 1:09.23 36.66	150m: 1:46.97 37.74	200m: 2:24.84 37.87			
2.	Bruna Andreia Simoes	01	121004	Vieirense	2:26.42		545	23,0(-)
	50m: 32.88 32.88		100m: 1:09.85 36.97	150m: 1:47.32 37.47	200m: 2:26.42 39.10			
3.	Ana Sofia Pina	02	125639	O Crasto	2:31.16		495	22,0(-)
	50m: 33.27 33.27		100m: 1:11.03 37.76	150m: 1:50.84 39.81	200m: 2:31.16 40.32			
4.	Raquel Sofia Jorge	98	108751	Salvaterra de Magos	2:46.33		371	21,0(-)
	50m: 34.99 34.99		100m: 1:15.44 40.45	150m: 2:01.21 45.77	200m: 2:46.33 45.12			
5.	Carolina Miguel Marques	99	125320	Natacao do Tejo	2:48.11		360	20,0(-)
	50m: 36.49 36.49		100m: 1:19.51 43.02	150m: 2:04.68 45.17	200m: 2:48.11 43.43			
6.	Carolina Luis Amaral	01	118111	BUZIOS-Coruche	2:51.19		341	19,0(-)
	50m: 37.18 37.18		100m: 1:20.11 42.93	150m: 2:06.02 45.91	200m: 2:51.19 45.17			
7.	Ana Beatriz Almeida	01	119907	Alges e Agueda XXI	2:51.51		339	18,0(-)
	50m: 35.94 35.94		100m: 1:18.46 42.52	150m: 2:04.10 45.64	200m: 2:51.51 47.41			
8.	Ana Beatriz Costa	00	108628	Naval Praia Vitoria	2:52.91		331	17,0(-)
	50m: 36.92 36.92		200m: 2:52.91 2:15.99					
9.	Maria Joao Mendonca	00	122079	CCDSerta	2:53.95		325	16,0(-)
	50m: 35.91 35.91		100m: 1:18.66 42.75	150m: 2:05.60 46.94	200m: 2:53.95 48.35			
10.	Maria Carolina Sousa	01	112192	Lousada SXXI	2:58.45		301	15,0(-)
	50m: 36.46 36.46		100m: 1:22.83 46.37	150m: 2:12.32 49.49	200m: 2:58.45 46.13			
11.	Margarida Pereira Correia	99	153432	Cultura e Desporto	2:58.57		300	14,0(-)
	50m: 36.68 36.68		100m: 1:20.92 44.24	150m: 2:09.03 48.11	200m: 2:58.57 49.54			
12.	Maria Joao Pereira	98	118608	Mirandela	2:58.64		300	13,0(-)
	50m: 36.71 36.71		100m: 1:21.15 44.44	150m: 2:09.12 47.97	200m: 2:58.64 49.52			
13.	Margarida Natario Moreira	99	118361	Natacao Guarda	3:01.96		284	12,0(-)
	50m: 37.95 37.95		100m: 1:24.29 46.34	150m: 2:11.09 46.80	200m: 3:01.96 50.87			
14.	Nicoleta Lascu	02	121515	Litoral Alentejano	3:02.65		280	11,0(-)
	50m: 40.21 40.21		100m: 1:26.54 46.33	150m: 2:14.93 48.39	200m: 3:02.65 47.72			
15.	Ines Cadilhe Alexandre	02	128400	Naval Povoense	3:03.43		277	10,0(-)
	50m: 41.13 41.13		100m: 1:27.83 46.70	150m: 2:15.49 47.66	200m: 3:03.43 47.94			
16.	Madalena Rodrigues Tome	03	126829	Bombeiros Estoris	3:09.87		249	9,0(-)
	50m: 39.07 39.07		100m: 1:28.21 49.14	150m: 2:19.53 51.32	200m: 3:09.87 50.34			
17.	Ines Catarina Nunes	00	118936	Albicastrense	3:10.73		246	8,0(-)
	50m: 41.38 41.38		100m: 1:29.15 47.77	150m: 2:20.63 51.48	200m: 3:10.73 50.10			
18.	Leonor Esteves Santos	04	130603	Avancado EUL	3:15.20		230	7,0(-)
	50m: 41.62 41.62		100m: 1:32.11 50.49	150m: 2:24.62 52.51	200m: 3:15.20 50.58			

Prova 3, Femin., 200m Mariposa, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Carla Filipa Marques 50m: 41.48 41.48	03	124412	Amigos da Montanha	3:21.16 100m: 1:33.50 52.02 150m: 2:28.68 55.18	200m: 3:21.16 52.48	210	6,0(-)
20.	Maria Beatriz Silva 50m: 40.57 40.57	02	122860	CLAC-Entroncamento	3:22.17 100m: 1:29.17 48.60 150m: 2:25.84 56.67	200m: 3:22.17 56.33	207	5,0(-)
21.	Sara Patricia Lopes 50m: 41.26 41.26	01	119691	Nucleo Ansiao	3:27.06 100m: 1:31.44 50.18 150m: 2:29.99 58.55	200m: 3:27.06 57.07	192	4,0(-)
22.	Constanca Neves Carneiro 50m: 47.10 47.10	01	153250	Atletico	3:32.25 100m: 1:40.12 53.02 150m: 2:36.57 56.45	200m: 3:32.25 55.68	178	3,0(-)
23.	Joana Almeida Carrilho 50m: 44.39 44.39	99	126912	Campomaiorense	3:39.91 100m: 1:39.73 55.34 150m: 2:39.38 59.65	200m: 3:39.91 1:00.53	160	2,0(-)
24.	Mariana Filipa Gomes 50m: 44.88 44.88	04	128450	Penafiel	3:40.20 100m: 1:42.52 57.64 150m: 2:43.70 1:01.18	200m: 3:40.20 56.50	160	1,0(-)

Prova 4

Masc., 100m Bruços

Absolutos

31-10-2015

Resultados

Rec Nac Absoluto	58.19	Carlos Esteves Almeida	FPN	Chartres (FRA)	22-11-2012
Rec Nac Inf B	1:09.54	Andre Goncalo Santos	LSC	Lousada	15-05-2010
Rec Nac Inf A	1:07.92	Andre Goncalo Santos	LSC	Viseu	12-03-2011
Rec Nac Juv B	1:04.22	Andre Goncalo Santos	LSC	Braga	04-03-2012
Rec Nac Juv A	1:03.39	Andre Goncalo Santos	LSC	S. António Cavaleiros	21-12-2012
Rec Nac Jun 1	1:02.99	Andre Goncalo Santos	LSC	Felgueiras	21-12-2013
Rec Nac Jun 2	1:01.25	Pedro Miguel Agostinho	SCP	S. António Cavaleiros	19-12-2009
Rec Nac Sen	58.19	Carlos Esteves Almeida	FPN	Chartres (FRA)	22-11-2012

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Hugo Miguel Nunes 50m: 32.29 32.29	90	11211	Natacao do Tejo	1:08.37 100m: 1:08.37 36.08		538	23,00
2.	Simao Correia Ricardo 50m: 33.05 33.05	00	121405	Naval Setubalense	1:08.43 100m: 1:08.43 35.38		536	21,00
3.	Jose Pedro Lemos 50m: 32.52 32.52	99	117156	Mirandela	1:08.69 100m: 1:08.69 36.17		530	20,00
4.	Miguel Carlos Soares 50m: 33.49 33.49	92	121053	Naval Povoense	1:10.32 100m: 1:10.32 36.83		494	19,00
5.	Luis Filipe Viana 50m: 33.24 33.24	89	131961	Albicastrense	1:10.33 100m: 1:10.33 37.09		494	18,00
6.	Luis Maria Rosa 50m: 33.08 33.08	91	25532	Atletico	1:10.69 100m: 1:10.69 37.61		486	17,00
7.	Mauro Gaspar Ferreira 50m: 32.81 32.81	95	109912	Amigos da Montanha	1:10.70 100m: 1:10.70 37.89		486	16,00
8.	Francisco Costa Nunes 50m: 34.24 34.24	02	121538	Salvaterra de Magos	1:13.27 100m: 1:13.27 39.03		437	15,00
9.	Nazar Bezkorovaynyy 50m: 35.19 35.19	99	118835	Naval da Nazare	1:13.50 100m: 1:13.50 38.31		433	14,00
10.	Sergio Gabriel Lamande 50m: 34.66 34.66	99	117817	Vieirense	1:13.56 100m: 1:13.56 38.90		432	13,00

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Prova 4, Masc., 100m Bruços, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Pedro Oliveira Tavares 50m: 35.11 35.11	01	117059	Natacao Guarda 100m: 1:14.50 39.39	1:14.50		415	12,00
12.	Daniel Esteveao Meneses 50m: 35.44 35.44	99	125644	O Crasto 100m: 1:15.86 40.42	1:15.86		393	11,00
13.	Joao Pedro Gomes 50m: 36.99 36.99	99	109733	Miranda do Corvo 100m: 1:16.37 39.38	1:16.37		386	10,00
14.	Joao Gabriel Melo 50m: 34.94 34.94	99	112385	Hoquei Mealhada/ CA 100m: 1:16.41 41.47	1:16.41		385	9,00
15.	Ruben Miguel Caldas 50m: 36.66 36.66	94	153440	Cultura e Desporto 100m: 1:17.64 40.98	1:17.64		367	8,00
16.	Tiago Rafael Rodrigues 50m: 35.72 35.72	97	126932	CCDSerta 100m: 1:17.71 41.99	1:17.71		366	7,00
17.	Diogo Goncalves Ribeiro 50m: 37.04 37.04	01	120673	Naval Praia Vitoria 100m: 1:17.82 40.78	1:17.82		364	6,00
18.	Alexio Oliveira Santos 50m: 36.69 36.69	96	153404	Colegio Bernardette Romeira 100m: 1:18.91 42.22	1:18.91		349	5,00
19.	Rodrigo Teixeira Braga 50m: 38.87 38.87	00	129113	Nucleo Sportinguista Terceira 100m: 1:24.08 45.21	1:24.08		289	4,00
20.	Kristian Vays 50m: 40.24 40.24	00	121090	Nucleo Ansiao 100m: 1:25.22 44.98	1:25.22		277	3,00
21.	Tiago Jose Mairos 50m: 38.69 38.69	01	127388	Flavitus 100m: 1:25.27 46.58	1:25.27		277	2,00
22.	Nuno Carapeto Serra 50m: 42.20 42.20	98	132200	Campomaiorense 100m: 1:30.48 48.28	1:30.48		232	1,00

Prova 5
31-10-2015

Femin., 200m Bruços

Absolutos
Resultados

Rec Nac Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009
Rec Nac Inf B	2:45.30	Clara Gomes Pereira	SAD	Algés	14-06-2014
Rec Nac Inf A	2:36.86	Clara Gomes Pereira	SAD	Algés	06-06-2015
Rec Nac Juv B	2:34.51	Diana Duarte Gomes	ABVE	Reboleira	28-06-2003
Rec Nac Juv A	2:32.36	Diana Duarte Gomes	ABVE	Alcobaça	07-02-2004
Rec Nac Jun 1	2:29.56	Ana Rita Santos	FPN	Dublin (IRL)	12-12-2003
Rec Nac Jun 1	2:29.56	Diana Duarte Gomes	FPN	Cantanhede	19-12-2004
Rec Nac Jun 2	2:26.77	Victoria Kaminskaya	FPN	Uster (SUI)	29-01-2012
Rec Nac Sen	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mafalda Joana Oliveira 50m: 37.76 37.76	02	119096	Lousada SXXI 100m: 1:19.33 41.57 150m: 2:02.51 43.18	2:45.46		537	25,0(-)
2.	Mafalda Gilberto Marques 50m: 38.02 38.02	01	126792	Natacao do Tejo 100m: 1:20.69 42.67 150m: 2:04.43 43.74	2:49.73		498	23,0(-)
3.	Mariana Graca Vasconcelos 50m: 39.43 39.43	99	107648	Bombeiros Estoris 100m: 1:23.10 43.67 150m: 2:08.03 44.93	2:53.33		467	22,0(-)
4.	Maria Saraiva Ruivaco 50m: 39.46 39.46	00	117813	Vieirense 100m: 1:23.67 44.21 150m: 2:09.42 45.75	2:55.30		452	21,0(-)

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Prova 5, Femin., 200m Bruços, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Ana Carolina Guedes 50m: 39.55 39.55	93	104190	Litoral Alentejano	2:55.67 100m: 1:24.16 44.61 150m: 2:10.21 46.05	200m: 2:55.67	449	20,0(-) 45.46
6.	Ana Joao Martins 50m: 38.98 38.98	00	121910	Mirandela	2:55.68 100m: 1:23.78 44.80 150m: 2:10.75 46.97	200m: 2:55.68	449	19,0(-) 44.93
7.	Luana Pinto Domingues 50m: 41.37 41.37	03	123893	Ba/Bomcar	3:00.33 100m: 1:26.49 45.12 150m: 2:14.32 47.83	200m: 3:00.33	415	18,0(-) 46.01
8.	Ana Daniela Espingardeiro 50m: 41.82 41.82	02	122368	Naval Praia Vitoria	3:02.78 200m: 3:02.78 2:20.96		399	17,0(-)
9.	Joana Carvalhido Casanova 50m: 42.53 42.53	02	127095	Naval Povoense	3:06.26 100m: 1:29.48 46.95 150m: 2:17.73 48.25	200m: 3:06.26	377	16,0(-) 48.53
10.	Ana Sousa Chula 50m: 43.87 43.87	01	125019	Alges e Agueda XXI	3:07.16 100m: 1:31.17 47.30 150m: 2:18.92 47.75	200m: 3:07.16	371	15,0(-) 48.24
11.	Marta Chambel Dias 50m: 41.51 41.51	02	122856	CLAC-Entroncamento	3:08.11 100m: 1:28.66 47.15 150m: 2:19.46 50.80	200m: 3:08.11	366	14,0(-) 48.65
12.	Ines Louro Silva 50m: 43.81 43.81	04	127682	Albicastrense	3:09.93 100m: 1:32.01 48.20 150m: 2:22.40 50.39	200m: 3:09.93	355	13,0(-) 47.53
13.	Margarida Pereira Correia 50m: 42.47 42.47	99	153432	Cultura e Desporto	3:10.66 100m: 1:31.12 48.65 150m: 2:21.31 50.19	200m: 3:10.66	351	12,0(-) 49.35
14.	Andreia Figueiras Ferreira 50m: 42.96 42.96	01	124407	Amigos da Montanha	3:12.67 100m: 1:31.92 48.96 150m: 2:22.88 50.96	200m: 3:12.67	340	11,0(-) 49.79
15.	Mirjam Regina Altenburg 50m: 43.21 43.21	00	131608	BUZIOS-Coruche	3:13.16 100m: 1:32.09 48.88 150m: 2:22.93 50.84	200m: 3:13.16	338	10,0(-) 50.23
16.	Carolina Andre Catarino 50m: 43.72 43.72	99	126139	CCDSerta	3:14.88 100m: 1:32.94 49.22 150m: 2:24.06 51.12	200m: 3:14.88	329	9,0(-) 50.82
17.	Filipa Manuela Martins 50m: 44.70 44.70	03	128708	Penafiel	3:16.44 100m: 1:35.85 51.15 150m: 2:25.94 50.09	200m: 3:16.44	321	8,0(-) 50.50
18.	Madalena Reis Cerdeira 50m: 44.20 44.20	03	130053	Avancado EUL	3:17.76 100m: 1:35.73 51.53 150m: 2:27.68 51.95	200m: 3:17.76	315	7,0(-) 50.08
19.	Oriana Manuela Pinto 50m: 43.04 43.04	02	125787	Natacao Guarda	3:18.48 100m: 1:32.69 49.65 150m: 2:25.41 52.72	200m: 3:18.48	311	6,0(-) 53.07
20.	Ana Beatriz Pereira 50m: 45.73 45.73	04	124073	Salvaterra de Magos	3:25.57 100m: 1:39.13 53.40 150m: 2:33.96 54.83	200m: 3:25.57	280	5,0(-) 51.61
21.	Lara Margarida Duarte 50m: 46.82 46.82	02	125389	Nucleo Ansiao	3:27.02 100m: 1:41.24 54.42 150m: 2:34.67 53.43	200m: 3:27.02	274	4,0(-) 52.35
22.	Maria Ines Monteiro 50m: 47.50 47.50	00	125638	O Crasto	3:27.22 100m: 1:40.37 52.87 150m: 2:35.38 55.01	200m: 3:27.22	273	3,0(-) 51.84
23.	Mariana Guimaraes Marques 50m: 48.02 48.02	02	131875	Atletico	3:32.58 100m: 1:41.85 53.83 150m: 2:37.13 55.28	200m: 3:32.58	253	2,0(-) 55.45
24.	Beatriz Gilsa Contenda 50m: 50.92 50.92	00	132196	Campomaiorense	4:01.69 100m: 1:51.27 1:00.35 150m: 2:56.87 1:05.60	200m: 4:01.69	172	1,0(-) 1:04.82

Prova 6 31-10-2015	Masc., 50m Livres				Absolutos Resultados
Rec Nac Absoluto	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	20-12-2009
Rec Nac Inf B	26.65	Gabriel Jose Lopes	CDL	Lousã	19-06-2010
Rec Nac Inf A	25.30	Joao Cruz Castro	CSM	Funchal	12-04-2014
Rec Nac Juv B	23.96	Diogo Gomes Sousa	CNCVG	Ponte de Sôr	13-12-2009
Rec Nac Juv A	24.12	Frederico Sucena Riachos	NSCG	Ponte de Sor	10-05-2014
Rec Nac Jun 1	23.14	Tiago Andre Venancio	CNS	Reboleira	26-06-2004
Rec Nac Jun 2	22.24	Miguel Duarte Nascimento	PORTIN	Porto	08-12-2012
Rec Nac Sen	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	20-12-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Guilherme Ferreira	93	109907	Amigos da Montanha	24.83		543	23,00
2.	Diogo Serrao Santos	96	26686	Salvaterra de Magos	25.42		506	21,00
3.	Francisco Miguel Costa	96	129975	Atletico	25.43		505	20,00
4.	Fabrice Almeida Monteiro	98	107764	Natacao Guarda	25.65		492	19,00
5.	Miguel Angelo Caetano	01	117933	Naval da Nazare	25.82		483	18,00
6.	Tiago Jorge Jose	98	111743	Colegio Bernardette Romeira	26.01		472	17,00
	Francisco Pereira Pedrosa	99	117816	Vieirense	26.01		472	17,00
8.	Daniel Silva Cristovao	96	14118	Naval Praia Vitoria	26.08		468	15,00
9.	Miguel Carlos Soares	92	121053	Naval Povoense	26.31		456	14,00
10.	Goncalo Dias Duque	96	105457	Albicastrense	26.40		451	13,00
	Francisco Joao Pires	00	117158	Mirandela	26.40		451	13,00
12.	Rafael Cruz Margarido	99	129965	Naval Setubalense	26.95		424	11,00
13.	Hugo Rafael Montalvao	99	125096	Flavitus	27.15		415	10,00
14.	Joao Pedro Ferreira	00	122086	CCDSerta	27.65		393	9,00
15.	Rodrigo Miguel Carvalho	02	128928	Miranda do Corvo	27.78		387	8,00
16.	Joao Pedro Duarte	99	122285	Hoquei Mealhada/ CA	27.86		384	7,00
	Rui Miguel Ribeiro	97	124654	Nucleo Sportinguista Terceira	27.86		384	7,00
18.	Ruben Miguel Caldas	94	153440	Cultura e Desporto	27.90		382	5,00
19.	Telmo Joao Faria	97	125605	Natacao do Tejo	28.10		374	4,00
20.	Antonio Ferreira Rodrigues	98	125642	O Crasto	28.20		370	3,00
21.	Manuel Lourenco Carvalho	00	119695	Nucleo Ansiao	29.12		336	2,00
22.	Daniel Oliveira Garcia	01	126918	Campomaiorense	29.36		328	1,00

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Prova 7 31-10-2015	Femin., 100m Livres				Absolutos Resultados
Rec Nac Absoluto	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Rec Nac Inf B	1:01.63	Ines Camacho Fernandes	SCP	Lisboa	05-04-2009
Rec Nac Inf A	59.20	Ines Camacho Fernandes	SCP	Tavira	07-03-2010
Rec Nac Juv B	59.25	Ana Margarida Guedes	GCVR	Algés	06-06-2015
Rec Nac Juv A	57.52	Raquel Gomes Pereira	SAD	Algés	10-05-2015
Rec Nac Jun 1	56.78	Maria Carolina Rosa	SCP	Leiria	04-12-2009
Rec Nac Jun 2	56.54	Diana Margarida Duraes	FCP	Porto	07-12-2012
Rec Nac Sen	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rute Isabel Leonardo	98	121391	Natacao do Tejo	1:00.89		587	25,0(-)
	50m: 29.73 29.73			100m: 1:00.89 31.16				
2.	Helena Nunes Rodrigues	03	125022	Alges e Agueda XXI	1:03.89		508	23,0(-)
	50m: 31.30 31.30			100m: 1:03.89 32.59				
3.	Debora Francisca Barata	98	153429	Cultura e Desporto	1:04.75		488	22,0(-)
	50m: 30.78 30.78			100m: 1:04.75 33.97				
4.	Mariana Lopes Martins	98	122076	CCDSerta	1:05.25		477	21,0(-)
	50m: 31.56 31.56			100m: 1:05.25 33.69				
5.	Ana Catarina Magalhaes	02	119092	Lousada SXXI	1:06.42		452	20,0(-)
	50m: 31.94 31.94			100m: 1:06.42 34.48				
6.	Ines Sofia Alves	00	119912	Natacao Guarda	1:06.57		449	19,0(-)
	50m: 31.27 31.27			100m: 1:06.57 35.30				
7.	Sofia Ribeiro Junqueira	02	123897	Ba/Bomcar	1:06.60		449	18,0(-)
	50m: 31.86 31.86			100m: 1:06.60 34.74				
8.	Beatriz Gregorio Fradique	00	118929	Albicastrense	1:06.93		442	17,0(-)
	50m: 32.35 32.35			100m: 1:06.93 34.58				
9.	Marcia Raquel Saraiva	95	13584	Penafiel	1:07.41		433	16,0(-)
	50m: 31.75 31.75			100m: 1:07.41 35.66				
10.	Rita Oliveira Noritake	98	107643	Bombeiros Estoris	1:09.52		395	15,0(-)
	50m: 32.96 32.96			100m: 1:09.52 36.56				
11.	Ana Margarida Monteiro	96	125633	O Crasto	1:09.57		394	14,0(-)
	50m: 32.83 32.83			100m: 1:09.57 36.74				
12.	Iris Maria Rola	99	112656	Litoral Alentejano	1:10.05		386	13,0(-)
	50m: 34.18 34.18			100m: 1:10.05 35.87				
13.	Constanca Basilio Gil	03	125758	CLAC-Entroncamento	1:10.42		380	12,0(-)
	50m: 34.08 34.08			100m: 1:10.42 36.34				
14.	Clara Simoes Alves	98	111472	Naval Praia Vitoria	1:10.70		375	11,0(-)
	50m: 32.90 32.90			100m: 1:10.70 37.80				
15.	Mariana Moraes Delfino	04	123603	Avancado EUL	1:10.96		371	10,0(-)
	50m: 34.31 34.31			100m: 1:10.96 36.65				
16.	Carolina Pereira Pedrosa	02	126677	Vieirense	1:11.37		365	9,0(-)
	50m: 34.51 34.51			100m: 1:11.37 36.86				
17.	Bruna Marisa Fonseca	99	111626	Amigos da Montanha	1:11.46		363	8,0(-)
	50m: 34.12 34.12			100m: 1:11.46 37.34				
18.	Caetana Neves Carneiro	03	129163	Atletico	1:12.40		349	7,0(-)
	50m: 34.62 34.62			100m: 1:12.40 37.78				

Prova 7, Femin., 100m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Joana Almeida Carrilho	99	126912	Campomaiorense	1:13.13		339	6,0(-)
	50m: 35.10 35.10		100m: 1:13.13 38.03					
20.	Diana Gomes Silva	01	123950	Nucleo Ansiao	1:13.51		334	5,0(-)
	50m: 34.83 34.83		100m: 1:13.51 38.68					
21.	Ines Neiva Nova	02	125002	Naval Povoense	1:16.93		291	4,0(-)
	50m: 36.02 36.02		100m: 1:16.93 40.91					
22.	Maria Eduarda Ferreira	01	132195	BUZIOS-Coruche	1:17.82		281	3,0(-)
	50m: 36.24 36.24		100m: 1:17.82 41.58					
23.	Mariana Oliveira Figueiredo	04	129952	Salvaterra de Magos	1:20.32		256	2,0(-)
	50m: 37.11 37.11		100m: 1:20.32 43.21					
24.	Celine dos Santos	99	132424	Mirandela	1:23.00		232	1,0(-)
	50m: 38.99 38.99		100m: 1:23.00 44.01					

Prova 8

Masc., 100m Costas

Absolutos

31-10-2015

Resultados

Rec Nac Absoluto	52.03	Alexis Manacas Santos	FPN	Herning (DEN)	14-12-2013
Rec Nac Inf B	1:04.76	Alexandre Lages Ribas	EDV	Ponte da Barca	09-05-2010
Rec Nac Inf A	1:00.97	Alexandre Lages Ribas	EDV	Viseu	11-03-2011
Rec Nac Juv B	57.38	Gabriel Jose Lopes	CDL	Coimbra	13-05-2012
Rec Nac Juv A	56.45	Diogo Gomes Sousa	CNCVCG	Porto	04-12-2010
Rec Nac Jun 1	54.97	Gabriel Jose Lopes	CDL	Coimbra	11-05-2014
Rec Nac Jun 2	53.88	Alexis Manacas Santos	SCP	Leiria	05-12-2009
Rec Nac Sen	52.03	Alexis Manacas Santos	FPN	Herning (DEN)	14-12-2013

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Andre Filipe Afonseca	98	117795	Amigos da Montanha	1:00.55		528	23,00
	50m: 29.33 29.33		100m: 1:00.55 31.22					
2.	Pedro Guilherme Ferreira	00	119408	Miranda do Corvo	1:03.04		467	21,00
	50m: 31.05 31.05		100m: 1:03.04 31.99					
3.	Francisco Pereira Pedrosa	99	117816	Vieirense	1:03.91		449	20,00
	50m: 31.71 31.71		100m: 1:03.91 32.20					
4.	Luis Maria Rosa	91	25532	Atletico	1:04.18		443	19,00
	50m: 31.57 31.57		100m: 1:04.18 32.61					
5.	Diogo Monteiro Sousa	00	118406	Naval Setubalense	1:05.17		423	18,00
	50m: 31.37 31.37		100m: 1:05.17 33.80					
6.	Tomas Tavares Martins	01	120161	Mirandela	1:05.78		411	17,00
	50m: 31.81 31.81		100m: 1:05.78 33.97					
7.	Emanuel Falacho Gerardo	97	103537	Naval da Nazare	1:05.93		409	16,00
	50m: 31.18 31.18		100m: 1:05.93 34.75					
8.	Hugo Rafael Montalvao	99	125096	Flavitus	1:05.95		408	15,00
	50m: 31.96 31.96		100m: 1:05.95 33.99					
9.	Antonio Carlos Lima	97	109089	Albicastrense	1:06.30		402	14,00
	50m: 31.77 31.77		100m: 1:06.30 34.53					
10.	Joao Ismael Melo	97	112384	Hoquei Mealhada/ CA	1:06.73		394	13,00
	50m: 31.45 31.45		100m: 1:06.73 35.28					

ORGANIZAÇÃO



PATROCINADORES



PARCEIROS INSTITUCIONAIS



PARCEIROS



Prova 8, Masc., 100m Costas, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Tiago Rafael Rodrigues 50m: 32.48 32.48	97	126932	CCDSerta 100m: 1:07.92 35.44	1:07.92		374	12,00
12.	Diogo Estevao Meneses 50m: 32.68 32.68	99	125645	O Crasto 100m: 1:08.24 35.56	1:08.24		368	11,00
13.	Mario Jorge Nunes 50m: 33.62 33.62	92	11212	Natacao do Tejo 100m: 1:10.78 37.16	1:10.78		330	10,00
14.	Daniel Silva Cristovao 50m: 33.80 33.80	96	14118	Naval Praia Vitoria 100m: 1:11.10 37.30	1:11.10		326	9,00
15.	Joao Miguel Lopes 50m: 34.20 34.20	01	123904	Nucleo Ansiao 100m: 1:11.39 37.19	1:11.39		322	8,00
16.	Andre Botelho Azevedo 50m: 35.22 35.22	02	119012	Nucleo Sportinguista Terceira 100m: 1:12.54 37.32	1:12.54		307	7,00
17.	Daniel Jomir 50m: 34.51 34.51	00	132222	Colegio Bernardette Romeira 100m: 1:12.79 38.28	1:12.79		303	6,00
18.	Miguel Santos Casaca 50m: 35.03 35.03	02	121548	Salvaterra de Magos 100m: 1:13.86 38.83	1:13.86		290	5,00
19.	Carlos Antunes Barata 50m: 36.13 36.13	98	200158	Cultura e Desporto 100m: 1:15.02 38.89	1:15.02		277	4,00
20.	Sergio Daniel Araujo 50m: 36.54 36.54	02	127097	Naval Povoense 100m: 1:15.38 38.84	1:15.38		273	3,00
21.	Pedro Miguel Cruz 50m: 36.23 36.23	01	130287	Natacao Guarda 100m: 1:16.25 40.02	1:16.25		264	2,00
22.	Miguel Mourato Henriques 50m: 38.49 38.49	00	126917	Campomaiorense 100m: 1:18.97 40.48	1:18.97		238	1,00

Prova 9
31-10-2015

Femin., 200m Costas

Absolutos
Resultados

Rec Nac Absoluto	2:11.56	Francisca Gomes Azevedo	SAD	Porto	21-12-2014
Rec Nac Inf B	2:27.92	Keissy Joselin Sousa	FCP	Alcobaça	16-03-1997
Rec Nac Inf A	2:21.33	Rafaela Gomes Azevedo	SAD	Algés	06-06-2015
Rec Nac Juv B	2:17.86	Catia Raquel Martinheira	LDC	Sines	21-12-2008
Rec Nac Juv A	2:16.30	Petra Quintela Chaves	SAD	Algés	14-05-1993
Rec Nac Jun 1	2:12.80	Petra Quintela Chaves	SAD	Algés	31-05-1994
Rec Nac Jun 2	2:12.52	Rita Barros Frischknecht	SAD	Porto	21-12-2014
Rec Nac Sen	2:11.56	Francisca Gomes Azevedo	SAD	Porto	21-12-2014

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ines Ferreira Duarte 50m: 33.67 33.67	01	118260	Natacao do Tejo 100m: 1:11.22 37.55 150m: 1:50.97 39.75	2:31.52		487	25,0(-)
2.	Ana Reis Sousa 50m: 36.16 36.16	02	122440	Litoral Alentejano 100m: 1:15.08 38.92 150m: 1:54.65 39.57	2:33.01		473	23,0(-)
3.	Patricia Goncalves Leal 50m: 36.22 36.22	01	123436	Ba/Bomcar 100m: 1:16.02 39.80 150m: 1:57.85 41.83	2:38.04		429	22,0(-)
4.	Barbara Outeiro Posse 50m: 37.29 37.29	00	119456	Alges e Agueda XXI 100m: 1:17.16 39.87 150m: 1:58.06 40.90	2:39.09		420	21,0(-)

Prova 9, Femin., 200m Costas, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Rita Sousa Cardoso 50m: 36.66 36.66	00	118935	Albicastrense	2:40.50 100m: 1:16.97 40.31 150m: 1:58.74 41.77	200m: 2:40.50 41.76	409	20,0(-)
6.	Filipa Maria Sousa 50m: 36.00 36.00	99	111365	Bombeiros Estoris	2:40.85 100m: 1:16.13 40.13 150m: 1:58.26 42.13	200m: 2:40.85 42.59	407	19,0(-)
7.	Maria Joao Pereira 50m: 37.78 37.78	98	118608	Mirandela	2:41.10 100m: 1:18.96 41.18 150m: 2:00.59 41.63	200m: 2:41.10 40.51	405	18,0(-)
8.	Carolina Luis Amaral 50m: 38.04 38.04	01	118111	BUZIOS-Coruche	2:41.69 100m: 1:19.20 41.16 150m: 2:01.16 41.96	200m: 2:41.69 40.53	400	17,0(-)
9.	Laura Andre Catarino 50m: 38.07 38.07	03	126929	CCDSerta	2:45.45 100m: 1:19.77 41.70 150m: 2:03.10 43.33	200m: 2:45.45 42.35	374	16,0(-)
10.	Ana Beatriz Costa 50m: 39.38 39.38	00	108628	Naval Praia Vitoria	2:45.49 200m: 2:45.49 2:06.11		373	15,0(-)
11.	Joana Filipa Silva 50m: 37.51 37.51	98	125636	O Crasto	2:47.65 100m: 1:20.18 42.67 150m: 2:04.27 44.09	200m: 2:47.65 43.38	359	14,0(-)
12.	Rita Pereira Dias 50m: 38.15 38.15	02	125647	Natacao Guarda	2:49.03 100m: 1:21.53 43.38 150m: 2:06.07 44.54	200m: 2:49.03 42.96	350	13,0(-)
13.	Ana Filipa Moreira 50m: 40.15 40.15	01	119091	Lousada SXXI	2:49.33 100m: 1:22.78 42.63 150m: 2:06.58 43.80	200m: 2:49.33 42.75	349	12,0(-)
14.	Margarida Dias Mateus 50m: 38.86 38.86	03	126678	Vieirense	2:51.25 100m: 1:22.85 43.99 150m: 2:07.68 44.83	200m: 2:51.25 43.57	337	11,0(-)
15.	Mariana Fernandes Lemos 50m: 39.34 39.34	00	153434	Cultura e Desporto	2:53.35 100m: 1:22.34 43.00 150m: 2:07.57 45.23	200m: 2:53.35 45.78	325	10,0(-)
16.	Luana Beatriz Oliveira 50m: 41.97 41.97	03	130184	Amigos da Montanha	2:55.39 100m: 1:25.77 43.80 150m: 2:11.92 46.15	200m: 2:55.39 43.47	314	9,0(-)
17.	Rita Marques Pinto 50m: 41.28 41.28	98	127754	Avancado EUL	2:56.89 100m: 1:26.27 44.99 150m: 2:12.81 46.54	200m: 2:56.89 44.08	306	8,0(-)
18.	Joana Costa Bernardino 50m: 39.86 39.86	00	118552	CLAC-Entroncamento	2:58.05 100m: 1:24.75 44.89 150m: 2:11.75 47.00	200m: 2:58.05 46.30	300	7,0(-)
19.	Sara Catarina Teixeira 50m: 42.16 42.16	99	121735	Penafiel	2:59.46 100m: 1:27.43 45.27 150m: 2:13.31 45.88	200m: 2:59.46 46.15	293	6,0(-)
20.	Patricia Simoes Jorge 50m: 40.10 40.10	97	109500	Salvaterra de Magos	3:00.19 100m: 1:24.33 44.23 150m: 2:11.83 47.50	200m: 3:00.19 48.36	289	5,0(-)
21.	Margarida Migueis Rodrigues 50m: 44.29 44.29	02	131873	Atletico	3:08.61 100m: 1:31.93 47.64 150m: 2:20.98 49.05	200m: 3:08.61 47.63	252	4,0(-)
22.	Camila Neves Simoes 50m: 44.16 44.16	01	126601	Nucleo Ansiao	3:09.48 100m: 1:32.32 48.16 150m: 2:21.91 49.59	200m: 3:09.48 47.57	249	3,0(-)
23.	Rita Carapinha Conceicao 50m: 47.29 47.29	01	129288	Campomaiorense	3:15.00 100m: 1:37.46 50.17 150m: 2:29.04 51.58	200m: 3:15.00 45.96	228	2,0(-)
DSQ	Joana Carvalhido Casanova 613 - Não efectuou a viragem aos 150 m logo após terminar movimento continuo dos braços - SW 6.4	02	127095	Naval Povoense				-

Prova 10 31-10-2015	Masc., 400m Livres				Absolutos Resultados
Rec Nac Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009
Rec Nac Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	04-04-2003
Rec Nac Inf A	4:12.35	Andre Vilas Ruivo	DNMG	Campo Maior	29-03-2014
Rec Nac Juv B	4:03.22	Joao Pedro Gil	ANAM	Algés	08-07-2012
Rec Nac Juv A	3:59.31	Joao Carlos Santos	ANAM	Algés	08-07-2012
Rec Nac Jun 1	3:56.54	Rui Filipe Costa	VSC	Feigueiras	24-11-2007
Rec Nac Jun 2	3:50.52	Adriano Miguel Niz	CFV	Fafe	26-06-2004
Rec Nac Sen	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafael Gomes Simoes	00	119705	Amigos da Montanha	4:12.95		590	23,00
	50m: 27.88 27.88		150m: 1:30.20 31.64	250m: 2:35.42 32.83	350m: 3:41.13 33.02			
	100m: 58.56 30.68		200m: 2:02.59 32.39	300m: 3:08.11 32.69	400m: 4:12.95 31.82			
2.	Daniel Filipe Paiva	98	110265	Miranda do Corvo	4:15.65		572	21,00
	50m: 29.49 29.49		150m: 1:34.23 32.79	250m: 2:39.44 32.61	350m: 3:44.23 32.24			
	100m: 1:01.44 31.95		200m: 2:06.83 32.60	300m: 3:11.99 32.55	400m: 4:15.65 31.42			
3.	Ivo Manuel Reis	93	129149	Atletico	4:19.43		547	20,00
	50m: 28.17 28.17		150m: 1:32.60 32.96	250m: 2:40.35 33.86	350m: 3:47.81 33.83			
	100m: 59.64 31.47		200m: 2:06.49 33.89	300m: 3:13.98 33.63	400m: 4:19.43 31.62			
4.	Andre Lopes Silva	99	117819	Vieirense	4:21.53		534	19,00
	50m: 28.53 28.53		150m: 1:33.50 33.43	250m: 2:40.79 34.05	350m: 3:48.46 33.79			
	100m: 1:00.07 31.54		200m: 2:06.74 33.24	300m: 3:14.67 33.88	400m: 4:21.53 33.07			
5.	Albino David Almeida	99	125643	O Crasto	4:25.94		508	18,00
	50m: 29.67 29.67		150m: 1:36.64 33.79	250m: 2:44.57 34.08	350m: 3:53.34 34.43			
	100m: 1:02.85 33.18		200m: 2:10.49 33.85	300m: 3:18.91 34.34	400m: 4:25.94 32.60			
6.	Goncalo Faria Saldida	99	116645	Natacao do Tejo	4:28.97		491	17,00
	50m: 29.96 29.96		150m: 1:37.05 34.34	250m: 2:45.62 34.25	350m: 3:55.71 35.23			
	100m: 1:02.71 32.75		200m: 2:11.37 34.32	300m: 3:20.48 34.86	400m: 4:28.97 33.26			
7.	Leandro Rosa Fernandes	99	153431	Cultura e Desporto	4:29.76		487	16,00
	50m: 29.08 29.08		150m: 1:35.83 34.30	250m: 2:46.05 35.33	350m: 3:56.67 35.00			
	100m: 1:01.53 32.45		200m: 2:10.72 34.89	300m: 3:21.67 35.62	400m: 4:29.76 33.09			
8.	Bernardo Antunes Augusto	00	122518	Naval Setubalense	4:31.63		477	15,00
	50m: 30.98 30.98		150m: 1:37.58 33.54	250m: 2:46.43 34.55	350m: 3:57.72 36.04			
	100m: 1:04.04 33.06		200m: 2:11.88 34.30	300m: 3:21.68 35.25	400m: 4:31.63 33.91			
9.	Eduardo Gomes Fernandes	02	117625	Hoquei Mealhada/ CA	4:33.39		467	14,00
	50m: 30.61 30.61		150m: 1:39.90 35.12	250m: 2:50.62 35.37	350m: 4:01.15 34.91			
	100m: 1:04.78 34.17		200m: 2:15.25 35.35	300m: 3:26.24 35.62	400m: 4:33.39 32.24			
10.	Francisco Santos Valfreixo	99	117155	Mirandela	4:34.08		464	13,00
	50m: 30.00 30.00		150m: 1:37.85 34.79	250m: 2:48.36 35.50	350m: 4:00.38 35.74			
	100m: 1:03.06 33.06		200m: 2:12.86 35.01	300m: 3:24.64 36.28	400m: 4:34.08 33.70			
11.	Miguel Angelo Caetano	01	117933	Naval da Nazare	4:37.47		447	12,00
	50m: 30.99 30.99		150m: 1:42.19 36.38	250m: 2:54.03 35.65	350m: 4:04.62 35.03			
	100m: 1:05.81 34.82		200m: 2:18.38 36.19	300m: 3:29.59 35.56	400m: 4:37.47 32.85			
12.	Luis Pedro Farinha	00	122085	CCDSerta	4:39.42		438	11,00
	50m: 30.16 30.16		150m: 1:38.56 34.58	250m: 2:50.59 36.57	350m: 4:04.48 37.09			
	100m: 1:03.98 33.82		200m: 2:14.02 35.46	300m: 3:27.39 36.80	400m: 4:39.42 34.94			
13.	Hugo Azurara Vieira	01	125011	Naval Povoense	4:39.51		437	10,00
	50m: 30.58 30.58		150m: 1:39.80 35.17	250m: 2:51.68 36.19	350m: 4:04.37 36.32			
	100m: 1:04.63 34.05		200m: 2:15.49 35.69	300m: 3:28.05 36.37	400m: 4:39.51 35.14			

Prova 10, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Rodrigo Filipe Policarpo	96 109088	Albicastrense	4:44.11		416	9,00
	50m: 30.74 30.74	150m: 1:41.72 36.00	250m: 2:55.44 36.87	350m: 4:09.30 36.61	400m: 4:44.11 34.81		
	100m: 1:05.72 34.98	200m: 2:18.57 36.85	300m: 3:32.69 37.25				
15.	Marcio Gregorio Neves	83 129091	Salvaterra de Magos	4:44.56		414	8,00
	50m: 31.23 31.23	150m: 1:41.03 35.62	250m: 2:54.86 37.17	350m: 4:09.01 37.04	400m: 4:44.56 35.55		
	100m: 1:05.41 34.18	200m: 2:17.69 36.66	300m: 3:31.97 37.11				
16.	Manuel Landeiro Alves	02 122314	Naval Praia Vitoria	4:44.75		414	7,00
	50m: 31.11 31.11	150m: 1:43.40 36.82	250m: 2:57.18 37.26	350m: 4:10.43 39.63	400m: 4:44.75 34.32		
	100m: 1:06.58 35.47	200m: 2:19.92 36.52	300m: 3:30.80 33.62				
17.	Simao Pedro Dias	02 124544	Natacao Guarda	4:52.81		380	6,00
	50m: 31.79 31.79	150m: 1:45.06 37.30	250m: 2:59.97 37.22	350m: 4:16.70 38.30	400m: 4:52.81 36.11		
	100m: 1:07.76 35.97	200m: 2:22.75 37.69	300m: 3:38.40 38.43				
18.	Andre Botelho Azevedo	02 119012	Nucleo Sportinguista Terceira	4:57.18		364	5,00
	50m: 32.83 32.83	150m: 1:48.20 37.91	250m: 3:04.21 38.85	350m: 4:19.65 38.88	400m: 4:57.18 37.53		
	100m: 1:10.29 37.46	200m: 2:25.36 37.16	300m: 3:40.77 36.56				
19.	Claudio Andre Jesus	00 125097	Flavitus	5:08.39		326	4,00
	50m: 36.05 36.05	150m: 1:52.86 39.06	250m: 3:11.29 39.26	350m: 4:31.17 40.14	400m: 5:08.39 37.22		
	100m: 1:13.80 37.75	200m: 2:32.03 39.17	300m: 3:51.03 39.74				
20.	Ricardo Jorge Jose	02 125208	Colegio Bernardette Romeira	5:15.33		304	3,00
	50m: 35.48 35.48	150m: 1:55.78 40.30	250m: 3:16.17 40.17	350m: 4:37.25 40.27	400m: 5:15.33 38.08		
	100m: 1:15.48 40.00	200m: 2:36.00 40.22	300m: 3:56.98 40.81				
21.	Hugo Trindade Sachim	03 126920	Campomaiorense	6:12.67		184	2,00
	50m: 40.57 40.57	150m: 2:13.09 47.52	250m: 3:50.66 48.69	350m: 5:29.09 48.62	400m: 6:12.67 43.58		
	100m: 1:25.57 45.00	200m: 3:01.97 48.88	300m: 4:40.47 49.81				
DSQ	Joao Pedro Freire	00 129265	Nucleo Ansiao				-
	403 - Falsa partida - SW 4.4						

Prova 11
31-10-2015

Femin., 200m Estilos

Absolutos
Resultados

Rec Nac Absoluto	2:12.75	Victoria Kaminskaya	PIMP	Porto	20-12-2014
Rec Nac Inf B	2:30.96	Filipa Vilas Ruivo	DNMG	Alcobaça	13-06-2009
Rec Nac Inf A	2:25.08	Ines Camacho Fernandes	SCP	Tavira	06-03-2010
Rec Nac Juv B	2:20.93	Susana Patricia Miguel	SFUAP	Penafiel	20-03-2004
Rec Nac Juv A	2:18.59	Catarina Tiago Nunes	SFUAP	S. Antonio Cavaleiros	19-12-2009
Rec Nac Jun 1	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	19-12-2009
Rec Nac Jun 2	2:16.62	Victoria Kaminskaya	FPN	Uster (SUI)	28-01-2012
Rec Nac Sen	2:12.75	Victoria Kaminskaya	PIMP	Porto	20-12-2014

Pontos: FINA 2015

Lugar	Nome	Ano NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Sofia Pina	02 125639	O Crasto	2:28.05		557	25,0(-)
	50m: 32.82 32.82	100m: 1:10.81 37.99	150m: 1:54.73 43.92	200m: 2:28.05 33.32			
2.	Sara Conceicao Peca	99 116963	Ba/Bomcar	2:28.92		547	23,0(-)
	50m: 31.25 31.25	100m: 1:10.09 38.84	150m: 1:54.10 44.01	200m: 2:28.92 34.82			
3.	Bruna Andreia Simoes	01 121004	Vieirense	2:32.69		508	22,0(-)
	50m: 32.28 32.28	100m: 1:11.57 39.29	150m: 1:56.71 45.14	200m: 2:32.69 35.98			
4.	Ines Ferreira Duarte	01 118260	Natacao do Tejo	2:32.90		506	21,0(-)
	50m: 33.78 33.78	100m: 1:11.49 37.71	150m: 1:56.36 44.87	200m: 2:32.90 36.54			

Prova 11, Femin., 200m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Mafalda Joana Oliveira	02	119096	Lousada SXXI	2:35.25		483	20,0(-)
	50m: 33.90 33.90		100m: 1:13.80 39.90	150m: 1:57.78 43.98	200m: 2:35.25 37.47			
6.	Raquel Sofia Jorge	98	108751	Salvaterra de Magos	2:39.72		444	19,0(-)
	50m: 34.38 34.38		100m: 1:16.26 41.88	150m: 2:02.65 46.39	200m: 2:39.72 37.07			
7.	Susana Maria Mateus	89	14091	Litoral Alentejano	2:42.31		423	18,0(-)
	50m: 36.33 36.33		100m: 1:17.52 41.19	150m: 2:06.63 49.11	200m: 2:42.31 35.68			
8.	Ana Daniela Espingardeiro	02	122368	Naval Praia Vitoria	2:43.52		413	17,0(-)
	50m: 35.07 35.07		200m: 2:43.52 2:08.45					
9.	Filipa Maria Sousa	99	111365	Bombeiros Estoris	2:43.86		411	16,0(-)
	50m: 36.66 36.66		100m: 1:16.65 39.99	150m: 2:05.22 48.57	200m: 2:43.86 38.64			
10.	Margarida Natario Moreira	99	118361	Natacao Guarda	2:46.84		389	15,0(-)
	50m: 36.84 36.84		100m: 1:19.95 43.11	150m: 2:06.82 46.87	200m: 2:46.84 40.02			
11.	Claudia Gavetanho Lopes	02	124111	Albicastrense	2:48.53		378	14,0(-)
	50m: 36.93 36.93		100m: 1:19.47 42.54	150m: 2:09.09 49.62	200m: 2:48.53 39.44			
12.	Ana Rita Oliveira	04	124995	Naval Povoense	2:49.23		373	13,0(-)
	50m: 37.87 37.87		100m: 1:21.23 43.36	150m: 2:11.38 50.15	200m: 2:49.23 37.85			
13.	Claudia Alexandra Mendes	95	126614	Atletico	2:50.99		361	12,0(-)
	50m: 35.89 35.89		100m: 1:21.38 45.49	150m: 2:09.96 48.58	200m: 2:50.99 41.03			
14.	Catarina Vilhena Gregorio	96	103459	CLAC-Entroncamento	2:51.83		356	11,0(-)
	50m: 36.03 36.03		100m: 1:21.43 45.40	150m: 2:10.71 49.28	200m: 2:51.83 41.12			
15.	Marta Filipa Matias	03	126927	CCDSerta	2:55.05		337	10,0(-)
	50m: 38.09 38.09		100m: 1:23.81 45.72	150m: 2:16.35 52.54	200m: 2:55.05 38.70			
16.	Ana Madalena Mendes	00	124022	Avancado EUL	2:55.24		336	9,0(-)
	50m: 37.31 37.31		100m: 1:23.65 46.34	150m: 2:13.55 49.90	200m: 2:55.24 41.69			
17.	Filipa Manuela Martins	03	128708	Penafiel	2:56.27		330	8,0(-)
	50m: 42.39 42.39		100m: 1:28.36 45.97	150m: 2:17.96 49.60	200m: 2:56.27 38.31			
18.	Maria Ines Lemos	02	120159	Mirandela	2:56.61		328	7,0(-)
	50m: 38.49 38.49		100m: 1:24.24 45.75	150m: 2:16.04 51.80	200m: 2:56.61 40.57			
19.	Patricia Alexandra Fernandes	99	200151	Cultura e Desporto	2:57.77		322	6,0(-)
	50m: 38.45 38.45		100m: 1:24.35 45.90	150m: 2:15.80 51.45	200m: 2:57.77 41.97			
20.	Andreia Figueiras Ferreira	01	124407	Amigos da Montanha	2:58.24		319	5,0(-)
	50m: 42.66 42.66		100m: 1:29.57 46.91	150m: 2:16.56 46.99	200m: 2:58.24 41.68			
21.	Sara Patricia Lopes	01	119691	Nucleo Ansiao	3:04.10		290	4,0(-)
	50m: 40.94 40.94		100m: 1:27.86 46.92	150m: 2:19.89 52.03	200m: 3:04.10 44.21			
22.	Ines Trindade Neves	00	127580	Campomaiorense	3:06.96		276	3,0(-)
	50m: 43.47 43.47		100m: 1:29.21 45.74	150m: 2:22.57 53.36	200m: 3:06.96 44.39			
23.	Barbara Sofia Claro	00	118109	BUZIOS-Coruche	3:10.30		262	2,0(-)
	50m: 43.58 43.58		100m: 1:32.39 48.81	150m: 2:27.20 54.81	200m: 3:10.30 43.10			
DSQ	Ana Sousa Chula	01	125019	Alges e Agueda XXI				-
	403 - Falsa partida - SW 4.4							

Prova 12	Masc., 4 x 100m Livres				Absolutos
31-10-2015					Resultados
Rec Nac Absoluto	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
Rec Nac Inf B	4:05.06	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Vila Praia Ancora	28-06-2013
Rec Nac Inf	3:48.35	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Cantanhede	29-03-2014
Rec Nac Inf A	3:48.35	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Cantanhede	29-03-2014
Rec Nac Juv B	3:42.92	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Estarreja	13-12-2014
Rec Nac Juv	3:34.94	Clube Naval do Funchal	CNF	Funchal	11-07-2014
Rec Nac Juv A	3:34.94	Clube Naval do Funchal	CNF	Funchal	11-07-2014
Rec Nac Jun	3:29.42	Associacao Naval Amorense	ANAM	Porto	09-12-2012
Rec Nac Sen	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1. Amigos da Montanha		Amigos da Montanha	3:43.36		552	23,00	
	95	27.34	56.64	Andre Filipe Afonseca	98	26.87	55.82
	93	26.48	54.98	Rafael Gomes Simoes	00	26.84	55.92
2. Vieiraense		Vieiraense	3:44.17		546	21,00	
	99	27.79	57.38	Sergio Gabriel Lamande	99	27.69	57.17
	99	26.76	56.41	Sandro Emanuel Francisco	99	25.53	53.21
3. Atletico		Atletico	3:47.13		525	20,00	
	91	27.24	56.38	Joao Francisco Duarte	96	28.13	58.99
	96	26.41	56.31	Ivo Manuel Reis	93	26.61	55.45
4. Naval Setubalense		Naval Setubalense	3:48.98		512	19,00	
	00	28.53	58.46	Bernardo Antunes Augusto	00	27.21	57.05
	99	28.39	59.12	Carlos Miguel Pinto	97	26.03	54.35
5. Miranda do Corvo		Miranda do Corvo	3:51.33		497	18,00	
	99	27.94	57.19	Pedro Guilherme Ferreira	00	27.28	57.05
	02	30.05	1:01.79	Daniel Filipe Paiva	98	26.83	55.30
6. Naval da Nazare		Naval da Nazare	3:52.39		490	17,00	
	99	27.00	55.83	Emanuel Falacho Gerardo	97	26.98	57.86
	99	28.83	1:01.81	Miguel Angelo Caetano	01	26.60	56.89
7. Albicastrense		Albicastrense	3:54.48		477	16,00	
	96	28.03	57.31	Antonio Carlos Lima	97	29.28	1:01.01
	96	28.14	59.46	Luis Filipe Viana	89	27.11	56.70
8. Salvaterra de Magos		Salvaterra de Magos	3:54.68		476	15,00	
	00	28.21	57.94	Marcio Gregorio Neves	83	30.14	1:01.69
	02	28.00	58.82	Diogo Serrao Santos	96	26.78	56.23
9. O Crasto		O Crasto	3:56.01		468	14,00	
	98	27.04	56.36	Diogo Estevao Meneses	99	28.93	1:00.02
	99	28.13	59.10	Daniel Estevao Meneses	99	29.24	1:00.53
10. Mirandela		Mirandela	3:56.06		468	13,00	
	00	28.80	1:00.12	Tomas Tavares Martins	01	27.98	58.34
	99	27.70	58.22	Francisco Santos Valfreixo	99	29.10	59.38
11. Hoquei Mealhada/ CA		Hoquei Mealhada/ CA	4:00.96		440	12,00	
	99	28.01	58.70	Joao Pedro Duarte	99	29.01	1:00.24
	02	29.59	1:01.59	Joao Ismael Melo	97	27.77	1:00.43
12. Natacao do Tejo		Natacao do Tejo	4:02.37		432	11,00	
	91	28.72	1:00.92	Goncalo Faria Saldida	99	29.42	1:01.77
	99	29.29	1:02.38	Hugo Miguel Nunes	90	27.40	57.30
13. Natacao Guarda		Natacao Guarda	4:04.27		422	10,00	
	01	30.40	1:04.45	Marco Antonio Costa	02	28.50	1:00.50
	01	29.34	1:02.90	Fabrice Almeida Monteiro	98	26.24	56.42

Prova 12, Masc., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
14.		CCDSerta	4:06.88		409	9,00	
	00	28.44	1:01.45	Luis Pedro Farinha	00	28.95	1:00.52
	00	29.06	1:01.98	Tiago Rafael Rodrigues	97	29.37	1:02.93
15.		Naval Povoense	4:07.10		408	8,00	
	92	28.05	57.21	Henrique Maieiro Amorim	01	29.79	1:02.83
	01	28.99	1:00.77	Sergio Daniel Araujo	02	31.14	1:06.29
16.		Nucleo Sportinguista Terceira	4:08.45		401	7,00	
	99	30.28	1:04.08	Rui Miguel Ribeiro	97		
	86			Andre Botelho Azevedo	02		
17.		Naval Praia Vitoria	4:10.04		393	6,00	
	99	29.14	1:01.90	Manuel Landeiro Alves	02		
	01			Daniel Silva Cristovao	96		
18.		Cultura e Desporto	4:13.38		378	5,00	
	98	31.96	1:07.62	Sergio Alexandre Dantas	95	29.84	1:02.06
	94	29.60	1:04.16	Leandro Rosa Fernandes	99	28.05	59.54
19.		Flavitus	4:18.44		356	4,00	
	99	29.37	1:00.71	Marco Santos Teixeira	00	30.58	1:04.12
	01	31.85	1:08.91	Luis Manuel Portugal	02	30.38	1:04.70
20.		Colegio Bernardette Romeira	4:20.33		349	3,00	
	98	29.30	1:01.38	Alexio Oliveira Santos	96	32.18	1:08.20
	99	30.96	1:06.90	Daniel Jomir	00	29.76	1:03.85
21.		Nucleo Ansiao	4:29.88		313	2,00	
	00	30.83	1:06.50	Kristian Vays	00	31.46	1:08.65
	00	30.74	1:09.26	Joao Miguel Lopes	01	31.50	1:05.47
22.		Campomaiorense	4:31.74		306	1,00	
	01	31.27	1:06.23	Miguel Mourato Henriques	00	35.90	1:13.48
	98	32.99	1:09.97	Fabio Santos Pereira	00	29.45	1:02.06

Prova 13
31-10-2015

Femin., 4 x 100m Estilos

Absolutos
Resultados

Rec Nac Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009
Rec Nac Inf B	4:57.35	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Ponte da Barca	06-03-2010
Rec Nac Inf	4:40.29	tempo limite			
Rec Nac Inf A	4:40.29	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Viseu	12-03-2011
Rec Nac Juv B	4:33.40	Sport Lisboa e Benfica	SLB	Reboleira	15-06-2006
Rec Nac 14 - 15	4:31.86	Clube Desportivo Nacional	CDN	Funchal	12-07-2015
Rec Nac Juv A	4:31.86	Clube Desportivo Nacional	CDN	Funchal	12-07-2015
Rec Nac Jun	4:16.94	Sporting Clube de Portugal	SCP	Leiria	04-12-2009
Rec Nac Sen	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Prova 13, Femin., 4 x 100m Estilos

1.	Natacao do Tejo			Natacao do Tejo	4:47.49		482	25,0(-)
	Ines Ferreira Duarte	01	33.99	1:10.46	Carolina Miguel Marques	99	35.36	1:17.53
	Mafalda Gilberto Marques	01	36.62	1:19.88	Rute Isabel Leonardo	98	29.11	59.62
2.	Litoral Alentejano			Litoral Alentejano	4:48.01		480	23,0(-)
	Nicoleta Lascu	02	34.81	1:11.34	Ana Carolina Guedes	93	33.68	1:12.91
	Ana Reis Sousa	02	37.59	1:19.13	Susana Maria Mateus	89	30.31	1:04.63
3.	Alges e Agueda XXI			Alges e Agueda XXI	5:00.43		423	22,0(-)
	Barbara Outeiro Posse	00	35.42	1:13.36	Ana Beatriz Almeida	01	33.92	1:14.06
	Ana Sousa Chula	01	42.78	1:28.90	Helena Nunes Rodrigues	03	31.68	1:04.11
4.	Vieirense			Vieirense	5:02.30		415	21,0(-)
	Margarida Dias Mateus	03	39.99	1:23.75	Bruna Andreia Simoes	01	31.57	1:08.34
	Maria Saraiva Ruivaco	00	36.80	1:20.01	Carolina Pereira Pedrosa	02	33.46	1:10.20
5.	Bombeiros Estoris			Bombeiros Estoris	5:04.84		405	20,0(-)
	Rita Oliveira Noritake	98	37.28	1:17.66	Filipa Maria Sousa	99	35.99	1:18.21
	Mariana Graca Vasconcelos	99	38.28	1:21.07	Maria Joao Cabral	98	31.62	1:07.90
6.	CCDSerta			CCDSerta	5:05.38		402	19,0(-)
	Laura Andre Catarino	03	37.15	1:16.66	Maria Joao Mendonca	00	34.48	1:15.14
	Carolina Andre Catarino	99	41.74	1:28.59	Mariana Lopes Martins	98	31.30	1:04.99
7.	Lousada SXXI			Lousada SXXI	5:06.89		397	18,0(-)
	Ana Filipa Moreira	01	39.31	1:21.09	Maria Carolina Sousa	01	34.58	1:18.92
	Mafalda Joana Oliveira	02	36.71	1:19.20	Ana Catarina Magalhaes	02	32.14	1:07.68
8.	Albicastrense			Albicastrense	5:10.39		383	17,0(-)
	Rita Sousa Cardoso	00	35.73	1:14.54	Ines Catarina Nunes	00	37.12	1:22.52
	Soraia Margarida Carvalho	00	40.19	1:25.65	Beatriz Gregorio Fradique	00	32.74	1:07.68
9.	O Crasto			O Crasto	5:14.54		368	16,0(-)
	Joana Filipa Silva	98	36.87	1:18.34	Ana Sofia Pina	02	32.32	1:09.57
	Maria Ines Monteiro	00	44.39	1:35.83	Ana Margarida Monteiro	96	33.40	1:10.80
10.	Bairro dos Anjos/Bomcar			Ba/Bomcar	5:14.86		367	15,0(-)
	Ines Filipa Jacinto	03	38.14	1:19.09	Francisca Santos Clemente	03	37.25	1:20.69
	Luana Pinto Domingues	03	40.48	1:26.55	Sara Santos Lopes	03	32.67	1:08.53
11.	Cultura e Desporto			Cultura e Desporto	5:15.04		367	14,0(-)
	Mariana Fernandes Lemos	00	37.57	1:18.95	Margarida Pereira Correia	99	36.23	1:17.99
	Debora Francisca Barata	98	41.93	1:29.16	Maria Ines Rodrigues	98	32.51	1:08.94
12.	Naval Praia Vitoria			Naval Praia Vitoria	5:19.25		352	13,0(-)
	Ana Beatriz Costa	00	38.62	1:19.32	Beatriz Maria Silva	00		
	Ana Daniela Espingardeiro	02			Adriana Robalo Garcia	00		
13.	Penafiel			Penafiel	5:19.46		351	12,0(-)
	Sara Catarina Teixeira	99	41.16	1:24.49	Marcia Raquel Saraiva	95	32.52	1:10.07
	Filipa Manuela Martins	03	44.33	1:33.12	Marcia Alexandra Sousa	97	34.02	1:11.78
14.	Natacao Guarda			Natacao Guarda	5:21.76		344	11,0(-)
	Margarida Natario Moreira	99	38.58	1:18.58	Ines Sofia Alves	00	35.87	1:18.93
	Oriana Manuela Pinto	02	41.61	1:30.21	Rita Pereira Dias	02	34.97	1:14.04
15.	CLAC-Entroncamento			CLAC-Entroncamento	5:24.64		335	10,0(-)
	Carolina Polonio Alexandre	01	39.34	1:23.23	Catarina Vilhena Gregorio	96	35.87	1:20.84
	Ines Maria Ribeiro	94	41.84	1:29.71	Constanca Basilio Gil	03	34.21	1:10.86
16.	Avancado EUL			Avancado EUL	5:25.85		331	9,0(-)
	Sara Baptista Antunes	02	39.52	1:21.78	Ana Madalena Mendes	00	35.82	1:19.23
	Leonor Esteves Santos	04	45.27	1:35.06	Rita Marques Pinto	98	33.68	1:09.78
17.	BUZIOS-Coruche			BUZIOS-Coruche	5:36.04		302	8,0(-)
	Barbara Sofia Claro	00	44.32	1:30.45	Carolina Luis Amaral	01	34.72	1:17.15
	Mirjam Regina Altenburg	00	42.51	1:30.21	Maria Eduarda Ferreira	01	35.94	1:18.23

ORGANIZAÇÃO



PATROCINADORES



PARCEIROS INSTITUCIONAIS



PARCEIROS



Prova 13, Femin., 4 x 100m Estilos, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
18.		Salvaterra de Magos	5:36.99		299	7,0(-)	
	97	40.95	1:23.89	Raquel Sofia Jorge	98	34.20	1:14.20
	04	45.73	1:37.94	Mariana Oliveira Figueiredo	04	38.43	1:20.96
19.		Amigos da Montanha	5:37.50		298	6,0(-)	
	03	40.81	1:24.18	Bruna Marisa Fonseca	99	39.08	1:28.32
	01	42.64	1:29.15	Carla Filipa Marques	03	35.80	1:15.85
20.		Nucleo Ansiao	5:53.77		259	5,0(-)	
	01	43.38	1:30.96	Sara Patricia Lopes	01	40.60	1:29.99
	02	45.78	1:40.27	Diana Gomes Silva	01	34.08	1:12.55
21.		Campomaiorense	5:58.51		249	4,0(-)	
	01	44.74	1:30.82	Ines Pepe Orelhas	00	42.76	1:37.56
	00	45.34	1:37.17	Joana Almeida Carrilho	99	34.72	1:12.96
DSQ		Mirandela				-	
		<i>809 - Movimento alternado de pernas durante o percurso - SW 8.3, (mariposa)</i>					
	02	39.52	1:22.75	Maria Joao Pereira	98		
	00	38.01	1:20.23	Celine dos Santos	99		
DSQ		Naval Povoense				-	
		<i>613 - Não efectuou a viragem aos 50 m logo após terminar movimento continuo dos braços - SW 6.4</i>					
		Ema Miranda Cambas, Joana Carvalhido Casanova, Ines Cadilhe Alexandre, Sabrina Alexandra Margarido					
DSQ		Atletico				-	
		<i>111 - Rendição antecipada do(a) 3 nadador(a) - SW 10.11</i>					
	95	39.66	1:21.30	Constanca Neves Carneiro	01		
	00	41.50	1:33.41	Caetana Neves Carneiro	03		

Prova 14 Masc., 800m Livres Absolutos
01-11-2015 Resultados

Rec Nac Absoluto	7:55.24	Pedro Miguel Pinotes	SCP	Porto	19-12-2014
Rec Nac Inf B	9:07.20	Andre Vilas Ruivo	DNMG	Leiria	03-03-2013
Rec Nac Inf A	8:36.36	Andre Vilas Ruivo	DNMG	Nazaré	25-05-2014
Rec Nac Juv B	8:27.18	Rui Filipe Costa	VSC	Senhora da Hora	13-05-2006
Rec Nac Juv A	8:09.43	Rui Filipe Costa	VSC	Senhora da Hora	12-05-2007
Rec Nac Jun 1	8:00.80	Gustavo Manuel Santa	CNLA	Leiria	06-12-2009
Rec Nac Jun 2	8:00.39	Rafael Lourenco Gil	ANAM	Felgueiras	21-12-2013
Rec Nac Sen	7:55.24	Pedro Miguel Pinotes	SCP	Porto	19-12-2014

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafael Gomes Simoes	00	119705	Amigos da Montanha	8:51.60		580	23,00
	50m: 28.53	28.53	250m: 2:39.40	33.38	450m: 4:55.52	34.05	650m: 7:11.35	33.51
	100m: 1:00.08	31.55	300m: 3:13.16	33.76	500m: 5:29.14	33.62	700m: 7:45.51	34.16
	150m: 1:33.08	33.00	350m: 3:47.38	34.22	550m: 6:03.51	34.37	750m: 8:19.18	33.67
	200m: 2:06.02	32.94	400m: 4:21.47	34.09	600m: 6:37.84	34.33	800m: 8:51.60	32.42
2.	Daniel Filipe Paiva	98	110265	Miranda do Corvo	8:54.96		569	21,00
	50m: 30.48	30.48	250m: 2:44.87	33.94	450m: 5:00.52	33.72	650m: 7:15.23	33.62
	100m: 1:03.42	32.94	300m: 3:18.60	33.73	500m: 5:34.27	33.75	700m: 7:48.87	33.64
	150m: 1:37.16	33.74	350m: 3:53.11	34.51	550m: 6:07.94	33.67	750m: 8:22.44	33.57
	200m: 2:10.93	33.77	400m: 4:26.80	33.69	600m: 6:41.61	33.67	800m: 8:54.96	32.52

Prova 14, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Andre Lopes Silva	99	117819	Vieirense	9:00.01		553	20,00
	50m: 30.42	30.42	250m: 2:45.30	34.14	450m: 5:01.75	34.41	650m: 7:18.90	33.25
	100m: 1:03.70	33.28	300m: 3:19.08	33.78	500m: 5:35.88	34.13	700m: 7:52.22	33.32
	150m: 1:37.24	33.54	350m: 3:53.29	34.21	550m: 6:10.72	34.84	750m: 8:26.36	34.14
	200m: 2:11.16	33.92	400m: 4:27.34	34.05	600m: 6:45.65	34.93	800m: 9:00.01	33.65
4.	Ivo Manuel Reis	93	129149	A Atletico	9:03.34		543	19,00
	50m: 28.88	28.88	250m: 2:44.17	34.68	450m: 5:03.64	34.79	650m: 7:22.75	34.15
	100m: 1:01.43	32.55	300m: 3:18.81	34.64	500m: 5:38.61	34.97	700m: 7:57.48	34.73
	150m: 1:35.29	33.86	350m: 3:53.70	34.89	550m: 6:13.59	34.98	750m: 8:31.95	34.47
	200m: 2:09.49	34.20	400m: 4:28.85	35.15	600m: 6:48.60	35.01	800m: 9:03.34	31.39
5.	Albino David Almeida	99	125643	O Crasto	9:03.58		542	18,00
	50m: 29.95	29.95	250m: 2:47.17	34.96	450m: 5:04.47	34.03	650m: 7:23.28	34.58
	100m: 1:03.67	33.72	300m: 3:21.34	34.17	500m: 5:39.00	34.53	700m: 7:57.87	34.59
	150m: 1:37.68	34.01	350m: 3:55.95	34.61	550m: 6:13.70	34.70	750m: 8:32.68	34.81
	200m: 2:12.21	34.53	400m: 4:30.44	34.49	600m: 6:48.70	35.00	800m: 9:03.58	30.90
6.	Goncalo Faria Saldida	99	116645	Natacao do Tejo	9:16.24		506	17,00
	50m: 29.83	29.83	250m: 2:48.59	35.42	450m: 5:10.63	35.68	650m: 7:32.74	35.52
	100m: 1:02.94	33.11	300m: 3:23.47	34.88	500m: 5:45.90	35.27	700m: 8:08.87	36.13
	150m: 1:37.70	34.76	350m: 3:58.95	35.48	550m: 6:21.56	35.66	750m: 8:42.53	33.66
	200m: 2:13.17	35.47	400m: 4:34.95	36.00	600m: 6:57.22	35.66	800m: 9:16.24	33.71
7.	Francisco Santos Valfreixo	99	117155	Mirandela	9:22.27		490	16,00
	50m: 30.72	30.72	250m: 2:49.94	35.39	450m: 5:12.66	35.30	650m: 7:36.19	36.07
	100m: 1:04.70	33.98	300m: 3:25.73	35.79	500m: 5:48.15	35.49	700m: 8:11.82	35.63
	150m: 1:39.26	34.56	350m: 4:01.63	35.90	550m: 6:24.38	36.23	750m: 8:47.70	35.88
	200m: 2:14.55	35.29	400m: 4:37.36	35.73	600m: 7:00.12	35.74	800m: 9:22.27	34.57
8.	Leandro Rosa Fernandes	99	153431	Cultura e Desporto	9:23.86		486	15,00
	50m: 30.89	30.89	250m: 2:53.33	35.56	450m: 5:16.10	35.23	650m: 7:39.38	36.04
	100m: 1:05.19	34.30	300m: 3:29.25	35.92	500m: 5:51.67	35.57	700m: 8:15.24	35.86
	150m: 1:41.19	36.00	350m: 4:05.31	36.06	550m: 6:27.54	35.87	750m: 8:50.70	35.46
	200m: 2:17.77	36.58	400m: 4:40.87	35.56	600m: 7:03.34	35.80	800m: 9:23.86	33.16
9.	Eduardo Gomes Fernandes	02	117625	Hoquei Mealhada/ CA	9:27.34		477	14,00
	50m: 31.82	31.82	250m: 2:54.88	35.75	450m: 5:18.50	35.91	650m: 7:43.99	36.71
	100m: 1:07.21	35.39	300m: 3:30.66	35.78	500m: 5:54.62	36.12	700m: 8:19.95	35.96
	150m: 1:43.02	35.81	350m: 4:06.58	35.92	550m: 6:30.77	36.15	750m: 8:55.22	35.27
	200m: 2:19.13	36.11	400m: 4:42.59	36.01	600m: 7:07.28	36.51	800m: 9:27.34	32.12
10.	Bernardo Antunes Augusto	00	122518	Naval Setubalense	9:29.42		472	13,00
	50m: 32.78	32.78	250m: 2:57.37	36.15	450m: 5:22.01	35.57	650m: 7:45.73	35.61
	100m: 1:09.30	36.52	300m: 3:33.18	35.81	500m: 5:57.65	35.64	700m: 8:22.05	36.32
	150m: 1:45.18	35.88	350m: 4:09.63	36.45	550m: 6:34.30	36.65	750m: 8:57.28	35.23
	200m: 2:21.22	36.04	400m: 4:46.44	36.81	600m: 7:10.12	35.82	800m: 9:29.42	32.14
11.	Luis Pedro Farinha	00	122085	CCDSerta	9:39.51		447	12,00
	50m: 30.51	30.51	250m: 2:51.11	36.04	450m: 5:20.88	37.98	650m: 7:50.46	36.62
	100m: 1:04.22	33.71	300m: 3:28.09	36.98	500m: 5:58.35	37.47	700m: 8:27.84	37.38
	150m: 1:39.32	35.10	350m: 4:05.10	37.01	550m: 6:36.14	37.79	750m: 9:04.90	37.06
	200m: 2:15.07	35.75	400m: 4:42.90	37.80	600m: 7:13.84	37.70	800m: 9:39.51	34.61
12.	Manuel Landeiro Alves	02	122314	Naval Praia Vitoria	9:44.74		436	11,00
	100m: 1:09.44	1:09.44	300m: 3:36.19	1:13.55	500m: 6:05.86	1:15.03	700m: 8:33.97	1:13.90
	200m: 2:22.64	1:13.20	400m: 4:50.83	1:14.64	600m: 7:20.07	1:14.21	800m: 9:44.74	1:10.77
13.	Miguel Angelo Caetano	01	117933	Naval da Nazare	9:45.05		435	10,00
	50m: 31.36	31.36	250m: 2:57.11	37.00	450m: 5:25.65	37.51	650m: 7:55.84	37.78
	100m: 1:06.44	35.08	300m: 3:34.04	36.93	500m: 6:03.17	37.52	700m: 8:33.03	37.19
	150m: 1:43.07	36.63	350m: 4:10.96	36.92	550m: 6:40.70	37.53	750m: 9:10.19	37.16
	200m: 2:20.11	37.04	400m: 4:48.14	37.18	600m: 7:18.06	37.36	800m: 9:45.05	34.86

Prova 14, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Marcio Gregorio Neves	83	129091	Salvaterra de Magos	9:49.13		426	9,00
	50m: 32.30	32.30	250m: 2:57.53	37.13	450m: 5:26.58	37.40	650m: 7:57.45	37.72
	100m: 1:07.50	35.20	300m: 3:34.73	37.20	500m: 6:04.34	37.76	700m: 8:35.21	37.76
	150m: 1:43.86	36.36	350m: 4:11.94	37.21	550m: 6:41.90	37.56	750m: 9:13.19	37.98
	200m: 2:20.40	36.54	400m: 4:49.18	37.24	600m: 7:19.73	37.83	800m: 9:49.13	35.94
15.	Hugo Azurara Vieira	01	125011	Naval Povoense	9:56.42		410	8,00
	50m: 32.10	32.10	250m: 2:59.09	37.32	450m: 5:32.22	38.75	650m: 8:06.13	38.06
	100m: 1:07.70	35.60	300m: 3:37.47	38.38	500m: 6:10.87	38.65	700m: 8:43.80	37.67
	150m: 1:44.52	36.82	350m: 4:15.64	38.17	550m: 6:49.41	38.54	750m: 9:21.30	37.50
	200m: 2:21.77	37.25	400m: 4:53.47	37.83	600m: 7:28.07	38.66	800m: 9:56.42	35.12
16.	Rui Miguel Ribeiro	97	124654	Nucleo Sportinguista Terceira	10:06.45		390	7,00
	100m: 1:10.26	1:10.26	300m: 3:39.98	1:14.63	500m: 6:12.55	1:16.82	700m: 8:49.96	1:18.90
	200m: 2:25.35	1:15.09	400m: 4:55.73	1:15.75	600m: 7:31.06	1:18.51	800m: 10:06.45	1:16.49
17.	Simao Pedro Dias	02	124544	Natacao Guarda	10:08.36		387	6,00
	50m: 31.87	31.87	250m: 3:01.96	37.81	450m: 5:37.17	38.41	650m: 8:14.62	38.55
	100m: 1:07.96	36.09	300m: 3:40.50	38.54	500m: 6:17.67	40.50	700m: 8:53.49	38.87
	150m: 1:46.71	38.75	350m: 4:19.87	39.37	550m: 6:56.88	39.21	750m: 9:32.19	38.70
	200m: 2:24.15	37.44	400m: 4:58.76	38.89	600m: 7:36.07	39.19	800m: 10:08.36	36.17
18.	Joao Miguel Lopes	01	123904	Nucleo Ansiao	10:26.53		354	5,00
	50m: 32.69	32.69	250m: 3:07.52	40.08	450m: 5:49.20	40.47	650m: 8:30.34	40.44
	100m: 1:09.44	36.75	300m: 3:47.84	40.32	500m: 6:30.07	40.87	700m: 9:10.13	39.79
	150m: 1:47.60	38.16	350m: 4:28.39	40.55	550m: 7:10.67	40.60	750m: 9:49.91	39.78
	200m: 2:27.44	39.84	400m: 5:08.73	40.34	600m: 7:49.90	39.23	800m: 10:26.53	36.62
19.	Marco Santos Teixeira	00	119796	Flavitus	10:37.68		336	4,00
	50m: 31.73	31.73	250m: 3:04.79	39.91	450m: 5:49.43	42.16	650m: 8:35.62	41.65
	100m: 1:08.03	36.30	300m: 3:46.13	41.34	500m: 6:30.48	41.05	700m: 9:17.79	42.17
	150m: 1:46.40	38.37	350m: 4:25.77	39.64	550m: 7:11.71	41.23	750m: 9:58.73	40.94
	200m: 2:24.88	38.48	400m: 5:07.27	41.50	600m: 7:53.97	42.26	800m: 10:37.68	38.95
20.	Ricardo Jorge Jose	02	125208	Colegio Bernardette Romeira	10:56.52		308	3,00
	50m: 35.62	35.62	250m: 3:20.12	41.39	450m: 6:07.24	40.83	650m: 8:55.31	42.31
	100m: 1:16.71	41.09	300m: 4:01.73	41.61	500m: 6:49.02	41.78	700m: 9:37.40	42.09
	150m: 1:57.46	40.75	350m: 4:43.77	42.04	550m: 7:30.86	41.84	750m: 10:17.79	40.39
	200m: 2:38.73	41.27	400m: 5:26.41	42.64	600m: 8:13.00	42.14	800m: 10:56.52	38.73
21.	Carlos Manuel Marques	00	153488	Albicastrense	10:57.43		306	2,00
	50m: 35.56	35.56	250m: 3:17.90	41.13	450m: 6:04.78	41.78	650m: 8:53.68	42.68
	100m: 1:14.84	39.28	300m: 3:59.89	41.99	500m: 6:47.26	42.48	700m: 9:34.58	40.90
	150m: 1:55.60	40.76	350m: 4:40.69	40.80	550m: 7:29.15	41.89	750m: 10:16.88	42.30
	200m: 2:36.77	41.17	400m: 5:23.00	42.31	600m: 8:11.00	41.85	800m: 10:57.43	40.55
22.	Hugo Trindade Sachim	03	126920	Campomaiorense	13:02.65		181	1,00
	50m: 42.30	42.30	250m: 3:56.27	49.47	450m: 7:17.04	50.64	650m: 10:37.89	50.41
	100m: 1:29.60	47.30	300m: 4:46.09	49.82	500m: 8:07.99	50.95	700m: 11:27.08	49.19
	150m: 2:18.19	48.59	350m: 5:36.05	49.96	550m: 8:57.68	49.69	750m: 12:15.82	48.74
	200m: 3:06.80	48.61	400m: 6:26.40	50.35	600m: 9:47.48	49.80	800m: 13:02.65	46.83

Prova 15 01-11-2015	Femin., 100m Mariposa				Absolutos Resultados
Rec Nac Absoluto	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	18-12-2010
Rec Nac Inf B	1:06.89	Ana Margarida Guedes	GCVR	Espinho	25-05-2013
Rec Nac Inf A	1:03.28	Ana Margarida Guedes	GCVR	Vila Real	10-06-2014
Rec Nac Juv B	1:03.39	Ana Margarida Guedes	GCVR	Estarreja	14-12-2014
Rec Nac Juv A	1:03.14	Ana Rita Francisco	SFUAP	Algés	19-03-1995
Rec Nac Jun 1	1:01.56	Filipa Vilas Tiago	SCP	S. António Cavaleiros	20-12-2009
Rec Nac Jun 2	59.65	Sara Francisco Cruz	ADBA	Leiria	05-12-2009
Rec Nac Sen	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	18-12-2010

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sara Conceicao Peca	99	116963	Ba/Bomcar	1:06.02		565	25,00-
	50m: 31.31 31.31		100m: 1:06.02 34.71					
2.	Bruna Andreia Simoes	01	121004	Vieirense	1:08.10		515	23,00-
	50m: 31.52 31.52		100m: 1:08.10 36.58					
3.	Ana Sofia Pina	02	125639	O Crasto	1:09.69		481	22,00-
	50m: 32.45 32.45		100m: 1:09.69 37.24					
4.	Marcia Raquel Saraiva	95	13584	Penafiel	1:10.59		463	21,00-
	50m: 33.36 33.36		100m: 1:10.59 37.23					
5.	Ana Reis Sousa	02	122440	Litoral Alentejano	1:12.93		419	20,00-
	50m: 34.13 34.13		100m: 1:12.93 38.80					
6.	Raquel Sofia Jorge	98	108751	Salvaterra de Magos	1:13.08		417	19,00-
	50m: 33.94 33.94		100m: 1:13.08 39.14					
7.	Carolina Luis Amaral	01	118111	BUZIOS-Coruche	1:15.55		377	18,00-
	50m: 34.53 34.53		100m: 1:15.55 41.02					
8.	Ana Beatriz Almeida	01	119907	Alges e Agueda XXI	1:15.84		373	17,00-
	50m: 36.47 36.47		100m: 1:15.84 39.37					
9.	Maria Joao Cabral	98	107645	Bombeiros Estoris	1:15.95		371	16,00-
	50m: 34.75 34.75		100m: 1:15.95 41.20					
10.	Margarida Pereira Correia	99	153432	Cultura e Desporto	1:16.46		364	15,00-
	50m: 35.04 35.04		100m: 1:16.46 41.42					
	Rita Sousa Cardoso	00	118935	Albicastrense	1:16.46		364	15,00-
	50m: 36.09 36.09		100m: 1:16.46 40.37					
12.	Maria Joao Mendonca	00	122079	CCDSerta	1:17.24		353	13,00-
	50m: 36.20 36.20		100m: 1:17.24 41.04					
13.	Maria Carolina Sousa	01	112192	Lousada SXXI	1:18.11		341	12,00-
	50m: 35.94 35.94		100m: 1:18.11 42.17					
14.	Carolina Miguel Marques	99	125320	Natacao do Tejo	1:18.42		337	11,00-
	50m: 35.50 35.50		100m: 1:18.42 42.92					
15.	Catarina Vilhena Gregorio	96	103459	CLAC-Entroncamento	1:20.11		316	10,00-
	50m: 35.90 35.90		100m: 1:20.11 44.21					
16.	Beatriz Maria Silva	00	122300	Naval Praia Vitoria	1:22.67		288	9,00-
	50m: 37.46 37.46		100m: 1:22.67 45.21					
17.	Ines Cadilhe Alexandre	02	128400	Naval Povoense	1:24.16		273	8,00-
	50m: 40.89 40.89		100m: 1:24.16 43.27					
18.	Mariana Morais Delfino	04	123603	Avancado EUL	1:26.46		251	7,00-
	50m: 39.40 39.40		100m: 1:26.46 47.06					

Prova 15, Femin., 100m Mariposa, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Carla Filipa Marques 50m: 40.63 40.63	03	124412	Amigos da Montanha 100m: 1:29.14 48.51	1:29.14		229	6,0(-)
20.	Beatriz Goncalves Mendes 50m: 39.29 39.29	01	118362	Natacao Guarda 100m: 1:30.65 51.36	1:30.65		218	5,0(-)
21.	Sara Patricia Lopes 50m: 40.88 40.88	01	119691	Nucleo Ansiao 100m: 1:31.16 50.28	1:31.16		214	4,0(-)
22.	Bruna Filipa Niza 50m: 42.67 42.67	03	131993	Atletico 100m: 1:35.15 52.48	1:35.15		189	3,0(-)
23.	Ines Pepe Orelhas 50m: 43.29 43.29	00	128341	Campomaiorense 100m: 1:36.21 52.92	1:36.21		182	2,0(-)
DSQ	Ana Joao Martins 809 - Movimento alternado de pernas durante o percurso - SW 8.3	00	121910	Mirandela				-

Prova 16
01-11-2015

Masc., 200m Mariposa

Absolutos
Resultados

Rec Nac Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	12-12-2009
Rec Nac Inf B	2:19.18	Andre Vilas Ruivo	DNMG	Nazaré	01-06-2013
Rec Nac Inf A	2:12.42	Tomas Miguel Freitas	CDN	Funchal	11-07-2004
Rec Nac Juv B	2:07.06	Pedro Diogo Oliveira	CNRM	Entroncamento	24-05-2003
Rec Nac Juv A	2:03.38	Diogo Parrilha da Silva	CNAL	Alcobaça	13-06-2009
Rec Nac Jun 1	1:59.93	Diogo Filipe Carvalho	CGA	Mealhada	05-03-2005
Rec Nac Jun 2	1:58.64	Diogo Filipe Carvalho	CGA	Tomar	09-12-2005
Rec Nac Sen	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	12-12-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Francisco Ribeiro Constantino 50m: 29.30 29.30	99	105785	Naval da Nazare 100m: 1:03.35 34.05 150m: 1:38.28 34.93	2:13.46	200m: 2:13.46	538	23,00 35.18
2.	Sandro Emanuel Francisco 50m: 29.86 29.86	99	117818	Vieirense 100m: 1:03.81 33.95 150m: 1:38.76 34.95	2:15.08	200m: 2:15.08	519	21,00 36.32
3.	Andre Filipe Afonseca 50m: 29.22 29.22	98	117795	Amigos da Montanha 100m: 1:03.35 34.13 150m: 1:39.15 35.80	2:16.41	200m: 2:16.41	504	20,00 37.26
4.	Joao Pedro Gomes 50m: 29.84 29.84	99	109733	Miranda do Corvo 100m: 1:05.20 35.36 150m: 1:41.59 36.39	2:17.31	200m: 2:17.31	494	19,00 35.72
5.	Joao Luis Maximo 50m: 31.02 31.02	98	125641	O Crasto 100m: 1:05.41 34.39 150m: 1:41.58 36.17	2:18.65	200m: 2:18.65	480	18,00 37.07
6.	Miguel Serrao Santos 50m: 31.27 31.27	00	117091	Salvaterra de Magos 100m: 1:06.31 35.04 150m: 1:42.64 36.33	2:19.62	200m: 2:19.62	470	17,00 36.98
7.	Francisco Miguel Costa 50m: 30.80 30.80	96	129975	Atletico 100m: 1:05.66 34.86 150m: 1:43.29 37.63	2:23.65	200m: 2:23.65	431	16,00 40.36
8.	Diogo Monteiro Sousa 50m: 31.68 31.68	00	118406	Naval Setubalense 100m: 1:08.34 36.66 150m: 1:47.76 39.42	2:28.40	200m: 2:28.40	391	15,00 40.64
9.	Rui Vaz Rodrigues 50m: 32.29 32.29	99	126608	Mirandela 100m: 1:08.36 36.07 150m: 1:47.52 39.16	2:29.60	200m: 2:29.60	382	14,00 42.08
10.	Pedro Miguel Riscado 50m: 31.10 31.10	97	121362	Albicastrense 100m: 1:08.06 36.96 150m: 1:47.52 39.46	2:30.22	200m: 2:30.22	377	13,00 42.70

ORGANIZAÇÃO



PATROCINADORES



PARCEIROS INSTITUCIONAIS



PARCEIROS



Prova 16, Masc., 200m Mariposa, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Henrique Maieiro Amorim	01	125010	Naval Povoense	2:35.39		340	12,00
	50m: 34.02 34.02		100m: 1:13.29 39.27	150m: 1:54.20 40.91	200m: 2:35.39 41.19			
12.	Bernardo Mendes Sousa	99	121567	Nucleo Sportinguista Terceira	2:36.55		333	11,00
	50m: 33.39 33.39		200m: 2:36.55 2:03.16					
13.	Marcio Lima Silva	01	118633	Natacao do Tejo	2:37.05		330	10,00
	50m: 34.54 34.54		100m: 1:14.59 40.05	150m: 1:55.21 40.62	200m: 2:37.05 41.84			
14.	Paulo Jorge Azevedo	99	125123	Naval Praia Vitoria	2:38.05		324	9,00
	50m: 32.33 32.33		200m: 2:38.05 2:05.72					
15.	Francisco Daniel Pereira	99	126933	CCDSerta	2:40.05		312	8,00
	50m: 33.49 33.49		100m: 1:12.03 38.54	150m: 1:55.38 43.35	200m: 2:40.05 44.67			
16.	Luis Manuel Portugal	02	125724	Flavitus	2:42.39		298	7,00
	50m: 33.90 33.90		100m: 1:14.14 40.24	150m: 1:56.70 42.56	200m: 2:42.39 45.69			
17.	Marco Antonio Costa	02	121638	Natacao Guarda	2:44.61		286	6,00
	50m: 34.30 34.30		100m: 1:15.54 41.24	150m: 1:59.99 44.45	200m: 2:44.61 44.62			
18.	Sergio Alexandre Dantas	95	200153	Cultura e Desporto	2:47.43		272	5,00
	50m: 33.87 33.87		100m: 1:13.39 39.52	150m: 1:58.97 45.58	200m: 2:47.43 48.46			
19.	Joao Pedro Freire	00	129265	Nucleo Ansiao	2:55.32		237	4,00
	50m: 36.22 36.22		100m: 1:20.70 44.48	150m: 2:07.71 47.01	200m: 2:55.32 47.61			
20.	David Emanuel Tome	03	126011	Hoquei Mealhada/ CA	2:55.63		236	3,00
	50m: 35.57 35.57		100m: 1:19.35 43.78	150m: 2:06.18 46.83	200m: 2:55.63 49.45			
21.	Daniel Oliveira Garcia	01	126918	Campomaiorense	3:05.09		201	2,00
	50m: 38.38 38.38		100m: 1:25.97 47.59	150m: 2:16.60 50.63	200m: 3:05.09 48.49			
22.	Daniel Jomir	00	132222	Colegio Bernardette Romeira	3:20.08		159	1,00
	50m: 39.17 39.17		100m: 1:28.72 49.55	150m: 2:23.70 54.98	200m: 3:20.08 56.38			

Prova 17
01-11-2015

Femin., 100m Bruços

Absolutos
Resultados

Rec Nac Absoluto	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009
Rec Nac Inf B	1:17.79	Mariana Ferrinha Cunha	AAC	Coimbra	19-03-1995
Rec Nac Inf A	1:13.43	Raquel Gomes Pereira	SANL	Abrantes	13-04-2013
Rec Nac Juv B	1:11.76	Diana Duarte Gomes	ABVE	Reboleira	28-06-2003
Rec Nac Juv A	1:09.59	Diana Duarte Gomes	ABVE	Tomar	13-03-2004
Rec Nac Jun 1	1:08.85	Ana Pinho Rodrigues	AEJ	Ponte de Sôr	13-12-2009
Rec Nac Jun 2	1:09.02	Diana Duarte Gomes	FPN	Belo Horizonte (BRA)	10-02-2006
Rec Nac Sen	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rute Isabel Leonardo	98	121391	Natacao do Tejo	1:15.54		562	25,0(-)
	50m: 36.34 36.34		100m: 1:15.54 39.20					
2.	Ana Joao Martins	00	121910	Mirandela	1:17.64		518	23,0(-)
	50m: 36.74 36.74		100m: 1:17.64 40.90					
3.	Maria Saraiva Ruivaco	00	117813	Vieirense	1:19.48		482	22,0(-)
	50m: 37.49 37.49		100m: 1:19.48 41.99					
4.	Ana Carolina Guedes	93	104190	Litoral Alentejano	1:19.75		478	21,0(-)
	50m: 37.55 37.55		100m: 1:19.75 42.20					

Prova 17, Femin., 100m Bruços, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Mafalda Joana Oliveira 50m: 37.65 37.65	02	119096	Lousada SXXI 100m: 1:20.29 42.64	1:20.29		468	20,0(-)
6.	Mariana Graca Vasconcelos 50m: 38.28 38.28	99	107648	Bombeiros Estoril 100m: 1:21.74 43.46	1:21.74		444	19,0(-)
7.	Luana Pinto Domingues 50m: 39.27 39.27	03	123893	Ba/Bomcar 100m: 1:24.75 45.48	1:24.75		398	18,0(-)
8.	Ana Daniela Espingardeiro 50m: 40.17 40.17	02	122368	Naval Praia Vitoria 100m: 1:25.46 45.29	1:25.46		388	17,0(-)
9.	Mirjam Regina Altenburg 50m: 40.84 40.84	00	131608	BUZIOS-Coruche 100m: 1:27.67 46.83	1:27.67		359	16,0(-)
10.	Ines Catarina Nunes 50m: 41.59 41.59	00	118936	Albicastrense 100m: 1:28.42 46.83	1:28.42		350	15,0(-)
11.	Ana Sousa Chula 50m: 42.54 42.54	01	125019	Alges e Agueda XXI 100m: 1:29.61 47.07	1:29.61		337	14,0(-)
12.	Oriana Manuela Pinto 50m: 41.89 41.89	02	125787	Natacao Guarda 100m: 1:29.72 47.83	1:29.72		335	13,0(-)
13.	Andreia Figueiras Ferreira 50m: 42.77 42.77	01	124407	Amigos da Montanha 100m: 1:30.22 47.45	1:30.22		330	12,0(-)
14.	Catarina Vilhena Gregorio 50m: 42.78 42.78	96	103459	CLAC-Entroncamento 100m: 1:31.08 48.30	1:31.08		320	11,0(-)
15.	Marta Filipa Matias 50m: 42.84 42.84	03	126927	CCDSerta 100m: 1:31.81 48.97	1:31.81		313	10,0(-)
16.	Filipa Manuela Martins 50m: 45.45 45.45	03	128708	Penafiel 100m: 1:33.22 47.77	1:33.22		299	9,0(-)
17.	Madalena Reis Cerdeira 50m: 44.10 44.10	03	130053	Avancado EUL 100m: 1:33.24 49.14	1:33.24		299	8,0(-)
18.	Ana Rita Oliveira 50m: 44.25 44.25	04	124995	Naval Povoense 100m: 1:33.34 49.09	1:33.34		298	7,0(-)
19.	Maria Ines Monteiro 50m: 44.76 44.76	00	125638	O Crasto 100m: 1:34.87 50.11	1:34.87		284	6,0(-)
20.	Beatriz Cavaco Conceicao 50m: 44.45 44.45	00	129146	Atletico 100m: 1:35.96 51.51	1:35.96		274	5,0(-)
21.	Ines Trindade Neves 50m: 45.82 45.82	00	127580	Campomaiorense 100m: 1:37.50 51.68	1:37.50		261	4,0(-)
22.	Ana Beatriz Pereira 50m: 45.60 45.60	04	124073	Salvaterra de Magos 100m: 1:37.89 52.29	1:37.89		258	3,0(-)
23.	Lara Margarida Duarte 50m: 47.18 47.18	02	125389	Nucleo Ansiao 100m: 1:41.43 54.25	1:41.43		232	2,0(-)
DSQ	Debora Francisca Barata 403 - Falsa partida - SW 4.4	98	153429	Cultura e Desporto				-

Prova 18	Masc., 200m Bruços					Absolutos
01-11-2015						Resultados
Rec Nac Absoluto	2:05.59	Carlos Esteves Almeida	FPN	Chartres (FRA)	25-11-2012	
Rec Nac Inf B	2:37.57	Tomas Miguel Freitas	CDN	Funchal	13-07-2003	
Rec Nac Inf A	2:29.59	Luis Manuel Fernandes	GDNVNF	Cantanhede	08-03-2009	
Rec Nac Juv B	2:20.22	Andre Goncalo Santos	LSC	Braga	03-03-2012	
Rec Nac Juv A	2:18.22	Andre Goncalo Santos	LSC	Felgueiras	08-03-2013	
Rec Nac Jun 1	2:16.77	Jose Guilherme Couto	SCP	Algés	18-03-1995	
Rec Nac Jun 2	2:13.22	Andre Goncalo Santos	LSC	Porto	19-12-2014	
Rec Nac Sen	2:05.59	Carlos Esteves Almeida	FPN	Chartres (FRA)	25-11-2012	

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Simao Correia Ricardo	00	121405	Naval Setubalense	2:28.51		533	23,00
	50m: 34.73 34.73		100m: 1:13.46 38.73	150m: 1:51.97 38.51	200m: 2:28.51 36.54			
2.	Hugo Miguel Nunes	90	11211	Natacao do Tejo	2:28.83		530	21,00
	50m: 34.21 34.21		100m: 1:11.99 37.78	150m: 1:50.47 38.48	200m: 2:28.83 38.36			
3.	Jose Pedro Lemos	99	117156	Mirandela	2:31.83		499	20,00
	50m: 34.22 34.22		100m: 1:12.74 38.52	150m: 1:52.18 39.44	200m: 2:31.83 39.65			
4.	Sergio Gabriel Lamande	99	117817	Vieirense	2:32.55		492	19,00
	50m: 35.00 35.00		100m: 1:13.41 38.41	150m: 1:53.14 39.73	200m: 2:32.55 39.41			
5.	Luis Filipe Viana	89	131961	Albicastrense	2:34.12		477	18,00
	50m: 34.38 34.38		100m: 1:13.48 39.10	150m: 1:53.59 40.11	200m: 2:34.12 40.53			
6.	Pedro Oliveira Tavares	01	117059	Natacao Guarda	2:38.32		440	17,00
	50m: 35.59 35.59		100m: 1:16.16 40.57	150m: 1:57.87 41.71	200m: 2:38.32 40.45			
7.	Ricardo Costa Santos	00	117799	Amigos da Montanha	2:39.29		432	16,00
	50m: 35.88 35.88		100m: 1:16.24 40.36	150m: 1:57.83 41.59	200m: 2:39.29 41.46			
8.	Daniel Filipe Paiva	98	110265	Miranda do Corvo	2:41.00		419	15,00
	50m: 37.19 37.19		100m: 1:18.96 41.77	150m: 1:59.94 40.98	200m: 2:41.00 41.06			
9.	Francisco Costa Nunes	02	121538	Salvaterra de Magos	2:43.87		397	14,00
	50m: 35.18 35.18		100m: 1:16.09 40.91	150m: 1:59.70 43.61	200m: 2:43.87 44.17			
10.	Hugo Azurara Vieira	01	125011	Naval Povoense	2:45.27		387	13,00
	50m: 36.81 36.81		100m: 1:18.68 41.87	150m: 2:02.31 43.63	200m: 2:45.27 42.96			
11.	Daniel Estevas Meneses	99	125644	O Crasto	2:46.45		379	12,00
	50m: 37.95 37.95		100m: 1:19.35 41.40	150m: 2:04.08 44.73	200m: 2:46.45 42.37			
12.	Nazar Bezkorovaynyy	99	118835	Naval da Nazare	2:47.70		370	11,00
	50m: 37.10 37.10		100m: 1:18.78 41.68	150m: 2:02.72 43.94	200m: 2:47.70 44.98			
13.	Joao Gabriel Melo	99	112385	Hoquei Mealhada/ CA	2:50.34		353	10,00
	50m: 37.68 37.68		100m: 1:19.93 42.25	150m: 2:04.75 44.82	200m: 2:50.34 45.59			
14.	Joao Pedro Ferreira	00	122086	CCDSerta	2:50.72		351	9,00
	50m: 37.21 37.21		100m: 1:19.84 42.63	150m: 2:04.50 44.66	200m: 2:50.72 46.22			
15.	Vasco Manuel Reis	00	129145	Atletico	2:51.14		348	8,00
	50m: 37.51 37.51		100m: 1:20.27 42.76	150m: 2:05.40 45.13	200m: 2:51.14 45.74			
16.	Ruben Miguel Caldas	94	153440	Cultura e Desporto	2:57.64		311	7,00
	50m: 38.15 38.15		100m: 1:22.76 44.61	150m: 2:10.38 47.62	200m: 2:57.64 47.26			
17.	Alexio Oliveira Santos	96	153404	Colegio Bernardette Romeira	2:58.05		309	6,00
	50m: 38.93 38.93		100m: 1:23.81 44.88	150m: 2:10.42 46.61	200m: 2:58.05 47.63			
18.	Rodrigo Teixeira Braga	00	129113	Nucleo Sportinguista Terceira	3:04.75		277	5,00
	50m: 42.03 42.03		100m: 2:22.72	150m: 3:04.75	200m: 3:04.75 2:22.72			

Prova 18, Masc., 200m Bruços, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Tiago Jose Mairos 50m: 41.65 41.65	01	127388	Flavitus	3:07.24 2:18.35 49.52	200m: 3:07.24	266	4,00
20.	Kristian Vays 50m: 40.50 40.50	00	121090	Nucleo Ansiao	3:08.40 2:19.85 50.63	200m: 3:08.40	261	3,00
21.	Nuno Carapeto Serra 50m: 43.37 43.37	98	132200	Campomaiorense	3:23.31 2:29.94 54.63	200m: 3:23.31	208	2,00
DSQ	Diogo Goncalves Ribeiro 703 - Pernada de golfinho após a braçada submarina - SW 7.1	01	120673	Naval Praia Vitoria				-

Prova 19
01-11-2015

Femin., 50m Livres

Absolutos
Resultados

Rec Nac Absoluto	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Rec Nac Inf B	28.89	Ana Margarida Guedes	GCVR	Vila Real	16-02-2013
Rec Nac Inf A	27.76	Ana Margarida Guedes	GCVR	Espinho	17-05-2014
Rec Nac Juv B	26.85	Ana Margarida Guedes	GCVR	Bragança	05-07-2015
Rec Nac Juv A	26.91	Sofia Pavao Machado	CNPD	Ponta Delgada	02-05-2009
Rec Nac Jun 1	26.14	Maria Carolina Rosa	SCP	S. António Cavaleiros	20-12-2009
Rec Nac Jun 2	25.99	Catarina Maria Ferreira	EDV	Ponte da Barca	02-07-2015
Rec Nac Sen	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rute Isabel Leonardo	98	121391	Natacao do Tejo	28.79		525	25,0(-)
2.	Diana Sofia Mirra	00	119680	Ba/Bomcar	29.66		481	23,0(-)
3.	Helena Nunes Rodrigues	03	125022	Alges e Agueda XXI	29.67		480	22,0(-)
4.	Ines Sofia Alves	00	119912	Natacao Guarda	30.47		443	21,0(-)
5.	Marcia Raquel Saraiva	95	13584	Penafiel	30.60		438	20,0(-)
6.	Mariana Fernandes Lemos	00	153434	Cultura e Desporto	30.92		424	19,0(-)
7.	Rita Oliveira Noritake	98	107643	Bombeiros Estoris	31.14		415	18,0(-)
8.	Beatriz Gregorio Fradique	00	118929	Albicastrense	31.27		410	17,0(-)
9.	Adriana Robalo Garcia	00	120668	Naval Praia Vitoria	31.59		398	16,0(-)
10.	Carolina Andre Catarino	99	126139	CCDSerta	31.65		395	15,0(-)
11.	Maria Ines Monteiro	00	125638	O Crasto	31.71		393	14,0(-)
12.	Claudia Alexandra Mendes	95	126614	Atletico	32.36		370	13,0(-)
13.	Rita Marques Pinto	98	127754	Avancado EUL	32.46		366	12,0(-)
14.	Iris Maria Rola	99	112656	Litoral Alentejano	33.01		348	11,0(-)
15.	Margarida Dias Mateus	03	126678	Vieirense	33.07		347	10,0(-)
16.	Ines Fernandes Moutinho	99	112543	CLAC-Entroncamento	33.13		345	9,0(-)
17.	Ana Rita Correia	98	104558	Lousada SXXI	33.42		336	8,0(-)
18.	Joana Almeida Carrilho	99	126912	Campomaiorense	33.88		322	7,0(-)
19.	Barbara Sofia Claro	00	118109	BUZIOS-Coruche	34.34		309	6,0(-)
20.	Carla Filipa Marques	03	124412	Amigos da Montanha	34.83		297	5,0(-)
21.	Camila Neves Simoes	01	126601	Nucleo Ansiao	36.30		262	4,0(-)
22.	Mariana Oliveira Figueiredo	04	129952	Salvterra de Magos	36.85		250	3,0(-)
23.	Celine dos Santos	99	132424	Mirandela	37.56		236	2,0(-)
DSQ	Sabrina Alexandra Margarido 403 - Falsa partida - SW 4.4	99	127802	Naval Povoense				-

Prova 20 01-11-2015	Masc., 100m Livres				Absolutos Resultados
Rec Nac Absoluto	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	11-12-2009
Rec Nac Inf B	57.40	Tiago Filipe Pereira	DNMG	Caldas da Rainha	11-07-2004
Rec Nac Inf A	54.93	Joao Cruz Castro	CSM	Funchal	12-04-2014
Rec Nac Juv B	52.59	Diogo Gomes Sousa	CNCVG	Ponte de Sôr	13-12-2009
Rec Nac Juv A	50.82	Tiago Andre Venancio	CNS	Braga	23-03-2003
Rec Nac Jun 1	49.87	Tiago Andre Venancio	CNS	estoril	14-02-2004
Rec Nac Jun 2	48.38	Tiago Andre Venancio	CNS	Cantanhede	20-12-2004
Rec Nac Sen	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	11-12-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sandro Emanuel Francisco	99	117818	Vieirense	54.55		559	23,00
	50m: 26.73 26.73		100m: 54.55 27.82					
2.	Carlos Miguel Pinto	97	107661	Naval Setubalense	55.22		539	21,00
	50m: 26.37 26.37		100m: 55.22 28.85					
3.	Joao Guilherme Ferreira	93	109907	Amigos da Montanha	55.23		538	20,00
	50m: 26.02 26.02		100m: 55.23 29.21					
4.	Diogo Serrao Santos	96	26686	Salvaterra de Magos	56.36		506	19,00
	50m: 27.23 27.23		100m: 56.36 29.13					
5.	Ivo Manuel Reis	93	129149	Atletico	56.85		493	18,00
	50m: 27.63 27.63		100m: 56.85 29.22					
6.	Fabrice Almeida Monteiro	98	107764	Natacao Guarda	56.89		492	17,00
	50m: 26.57 26.57		100m: 56.89 30.32					
7.	Miguel Carlos Soares	92	121053	Naval Povoense	57.08		488	16,00
	50m: 28.43 28.43		100m: 57.08 28.65					
8.	Emanuel Falacho Gerardo	97	103537	Naval da Nazare	57.36		480	15,00
	50m: 27.30 27.30		100m: 57.36 30.06					
9.	Francisco Daniel Pereira	99	126933	CCDSerta	58.04		464	14,00
	50m: 27.97 27.97		100m: 58.04 30.07					
10.	Daniel Silva Cristovao	96	14118	Naval Praia Vitoria	58.07		463	13,00
	50m: 27.65 27.65		100m: 58.07 30.42					
11.	Francisco Joao Pires	00	117158	Mirandela	58.44		454	12,00
	50m: 28.15 28.15		100m: 58.44 30.29					
12.	Leandro Rosa Fernandes	99	153431	Cultura e Desporto	59.02		441	11,00
	50m: 28.24 28.24		100m: 59.02 30.78					
13.	Tiago Jorge Jose	98	111743	Colegio Bernardette Romeira	59.24		436	10,00
	50m: 27.69 27.69		100m: 59.24 31.55					
14.	Albino David Almeida	99	125643	O Crasto	59.83		423	9,00
	50m: 28.99 28.99		100m: 59.83 30.84					
15.	Joao Pedro Duarte	99	122285	Hoquei Mealhada/ CA	59.92		421	8,00
	50m: 28.48 28.48		100m: 59.92 31.44					
16.	Goncalo Dias Duque	96	105457	Albicastrense	1:00.25		414	7,00
	50m: 28.66 28.66		100m: 1:00.25 31.59					
17.	Hugo Rafael Montalvao	99	125096	Flavitus	1:00.47		410	6,00
	50m: 29.10 29.10		100m: 1:00.47 31.37					
18.	Rodrigo Miguel Carvalho	02	128928	Miranda do Corvo	1:01.28		394	5,00
	50m: 30.06 30.06		100m: 1:01.28 31.22					

Prova 20, Masc., 100m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Nuno Miguel Afonso	91	11208	Natacao do Tejo	1:02.29		375	4,00
	50m: 29.50 29.50		100m: 1:02.29 32.79					
20.	Joao Pedro Matos	86	13499	Nucleo Sportinguista Terceira	1:04.14		343	3,00
	50m: 29.57 29.57		100m: 1:04.14 34.57					
21.	Manuel Lourenco Carvalho	00	119695	Nucleo Ansiao	1:04.88		332	2,00
	50m: 30.59 30.59		100m: 1:04.88 34.29					
22.	Daniel Oliveira Garcia	01	126918	Campomaiorense	1:07.87		290	1,00
	50m: 32.33 32.33		100m: 1:07.87 35.54					

Prova 21
01-11-2015

Femin., 100m Costas

Absolutos
Resultados

Rec Nac Absoluto	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	19-12-2009
Rec Nac Inf B	1:09.96	Ana Margarida Guedes	SARNN	Abrantes	13-04-2013
Rec Nac Inf A	1:05.36	Ines Camacho Fernandes	SCP	Tavira	05-03-2010
Rec Nac Juv B	1:02.96	Ines Camacho Fernandes	SCP	Alapraia	12-02-2011
Rec Nac Juv A	1:01.43	Ines Camacho Fernandes	SCP	Mealhada	17-12-2011
Rec Nac Jun 1	1:01.55	Ines Camacho Fernandes	SCP	Porto	08-12-2013
Rec Nac Jun 2	1:01.56	Ines Camacho Fernandes	SCP	Felgueiras	22-12-2013
Rec Nac Sen	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	19-12-2009

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ines Ferreira Duarte	01	118260	Natacao do Tejo	1:09.93		487	25,0(-)
	50m: 33.87 33.87		100m: 1:09.93 36.06					
2.	Susana Maria Mateus	89	14091	Litoral Alentejano	1:11.48		456	23,0(-)
	50m: 35.49 35.49		100m: 1:11.48 35.99					
3.	Maria Saraiva Ruivaco	00	117813	Vieirense	1:11.99		446	22,0(-)
	50m: 35.23 35.23		100m: 1:11.99 36.76					
4.	Barbara Outeiro Posse	00	119456	Alges e Agueda XXI	1:12.69		433	21,0(-)
	50m: 35.39 35.39		100m: 1:12.69 37.30					
5.	Filipa Maria Sousa	99	111365	Bombeiros Estoris	1:13.27		423	20,0(-)
	50m: 35.44 35.44		100m: 1:13.27 37.83					
6.	Rita Sousa Cardoso	00	118935	Albicastrense	1:13.70		416	19,0(-)
	50m: 35.23 35.23		100m: 1:13.70 38.47					
7.	Sofia Ribeiro Junqueira	02	123897	Ba/Bomcar	1:14.46		403	18,0(-)
	50m: 35.79 35.79		100m: 1:14.46 38.67					
8.	Debora Francisca Barata	98	153429	Cultura e Desporto	1:15.93		380	17,0(-)
	50m: 36.83 36.83		100m: 1:15.93 39.10					
9.	Margarida Natario Moreira	99	118361	Natacao Guarda	1:17.26		361	16,0(-)
	50m: 37.28 37.28		100m: 1:17.26 39.98					
10.	Laura Andre Catarino	03	126929	CCDSerta	1:18.50		344	15,0(-)
	50m: 37.74 37.74		100m: 1:18.50 40.76					
11.	Claudia Alexandra Mendes	95	126614	A Atletico	1:20.27		322	14,0(-)
	50m: 39.22 39.22		100m: 1:20.27 41.05					
12.	Ana Margarida Monteiro	96	125633	O Crasto	1:21.24		310	13,0(-)
	50m: 38.60 38.60		100m: 1:21.24 42.64					

ORGANIZAÇÃO



PATROCINADORES



PARCEIROS INSTITUCIONAIS



PARCEIROS



Prova 21, Femin., 100m Costas, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Joana Carvalhido Casanova	02	127095	Naval Povoense	1:21.60		306	12,00-
	50m: 39.22 39.22		100m: 1:21.60 42.38					
14.	Luana Beatriz Oliveira	03	130184	Amigos da Montanha	1:21.83		304	11,00-
	50m: 39.88 39.88		100m: 1:21.83 41.95					
15.	Joana Costa Bernardino	00	118552	CLAC-Entroncamento	1:21.86		303	10,00-
	50m: 39.53 39.53		100m: 1:21.86 42.33					
16.	Maria Ines Lemos	02	120159	Mirandela	1:22.30		298	9,00-
	50m: 38.65 38.65		100m: 1:22.30 43.65					
17.	Patricia Simoes Jorge	97	109500	Salvaterra de Magos	1:23.93		281	8,00-
	50m: 40.40 40.40		100m: 1:23.93 43.53					
18.	Mirjam Regina Altenburg	00	131608	BUZIOS-Coruche	1:27.35		250	7,00-
	50m: 43.70 43.70		100m: 1:27.35 43.65					
19.	Rita Carapinha Conceicao	01	129288	Campomaiorense	1:28.95		236	6,00-
	50m: 44.22 44.22		100m: 1:28.95 44.73					
20.	Mariana Filipa Gomes	04	128450	Penafiel	1:29.34		233	5,00-
	50m: 43.47 43.47		100m: 1:29.34 45.87					
21.	Rita Aldir Santos	04	129697	Avancado EUL	1:29.37		233	4,00-
	50m: 42.86 42.86		100m: 1:29.37 46.51					
22.	Ines Maria Monteiro	04	126588	Naval Praia Vitoria	1:29.66		231	3,00-
	50m: 44.18 44.18		100m: 1:29.66 45.48					
23.	Camila Neves Simoes	01	126601	Nucleo Ansiao	1:31.66		216	2,00-
	50m: 45.20 45.20		100m: 1:31.66 46.46					
DSQ	Sofia Isabel Correia	98	104560	Lousada SXXI				-
	403 - Falsa partida - SW 4.4							

Prova 22

Masc., 200m Costas

Absolutos

01-11-2015

Resultados

Rec Nac Absoluto	1:53.06	Pedro Diogo Oliveira	FPN	Chartres (FRA)	22-11-2012
Rec Nac Inf B	2:15.27	Andre Vilas Ruivo	DNMG	S. António Cavaleiros	16-03-2013
Rec Nac Inf A	2:09.17	Joao Alexandre Vital	ADRCIMM	Algés	29-06-2012
Rec Nac Juv B	2:04.99	Joao Alexandre Vital	ADRCIMM	Alapraia	09-03-2013
Rec Nac Juv A	2:01.43	Diogo Gomes Sousa	CNCVG	Algés	04-06-2011
Rec Nac Jun 1	1:59.34	Adriano Miguel Niz	CFV	Alges	16-05-2003
Rec Nac Jun 2	1:58.37	Adriano Miguel Niz	CFV	Figueira da Foz	03-07-2004
Rec Nac Sen	1:53.06	Pedro Diogo Oliveira	FPN	Chartres (FRA)	22-11-2012

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Guilherme Ferreira	00	119408	Miranda do Corvo	2:16.05		474	23,00
	50m: 32.71 32.71		100m: 1:07.33 34.62	150m: 1:41.72 34.39	200m: 2:16.05 34.33			
2.	Rafael Gomes Simoes	00	119705	Amigos da Montanha	2:17.00		464	21,00
	50m: 31.88 31.88		100m: 1:06.61 34.73	150m: 1:42.23 35.62	200m: 2:17.00 34.77			
3.	Francisco Pereira Pedrosa	99	117816	Vieirense	2:18.16		453	20,00
	50m: 32.62 32.62		100m: 1:07.20 34.58	150m: 1:42.56 35.36	200m: 2:18.16 35.60			
4.	Francisco Ribeiro Constantim	99	105785	Naval da Nazare	2:18.53		449	19,00
	50m: 32.50 32.50		100m: 1:07.83 35.33	150m: 1:43.67 35.84	200m: 2:18.53 34.86			

Prova 22, Masc., 200m Costas, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Antonio Carlos Lima 50m: 32.63 32.63	97	109089	Albicastrense	2:21.73 100m: 1:08.50 35.87 150m: 1:44.96 36.46	200m: 2:21.73 36.77	419	18,00
6.	Rafael Cruz Margarido 50m: 34.00 34.00	99	129965	Naval Setubalense	2:23.78 100m: 1:10.54 36.54 150m: 1:47.90 37.36	200m: 2:23.78 35.88	401	17,00
7.	Tomas Tavares Martins 50m: 33.22 33.22	01	120161	Mirandela	2:24.23 100m: 1:09.13 35.91 150m: 1:46.67 37.54	200m: 2:24.23 37.56	398	16,00
8.	Diogo Estevao Meneses 50m: 34.94 34.94	99	125645	O Crasto	2:26.79 100m: 1:12.45 37.51 150m: 1:50.03 37.58	200m: 2:26.79 36.76	377	15,00
9.	Joao Ismael Melo 50m: 33.12 33.12	97	112384	Hoquei Mealhada/ CA	2:29.06 100m: 1:09.78 36.66 150m: 1:49.31 39.53	200m: 2:29.06 39.75	360	14,00
10.	Goncalo Faria Saldida 50m: 35.65 35.65	99	116645	Natacao do Tejo	2:30.89 100m: 1:13.73 38.08 150m: 1:52.91 39.18	200m: 2:30.89 37.98	347	13,00
11.	Pedro Oliveira Tavares 50m: 35.36 35.36	01	117059	Natacao Guarda	2:31.72 100m: 1:14.01 38.65 150m: 1:53.16 39.15	200m: 2:31.72 38.56	342	12,00
12.	Joao Miguel Lopes 50m: 36.94 36.94	01	123904	Nucleo Ansiao	2:35.33 100m: 1:17.16 40.22 150m: 1:57.62 40.46	200m: 2:35.33 37.71	318	11,00
13.	Andre Botelho Azevedo 50m: 35.85 35.85	02	119012	Nucleo Sportinguista Terceira	2:36.75 200m: 2:36.75 2:00.90		310	10,00
14.	Daniel Jomir 50m: 36.92 36.92	00	132222	Colegio Bernardette Romeira	2:40.62 100m: 1:17.50 40.58 150m: 2:00.48 42.98	200m: 2:40.62 40.14	288	9,00
15.	Miguel Santos Casaca 50m: 35.51 35.51	02	121548	Salvaterra de Magos	2:40.64 100m: 1:16.64 41.13 150m: 1:59.66 43.02	200m: 2:40.64 40.98	288	8,00
16.	Carlos Antunes Barata 50m: 37.83 37.83	98	200158	Cultura e Desporto	2:43.32 100m: 1:18.12 40.29 150m: 2:00.66 42.54	200m: 2:43.32 42.66	274	7,00
17.	Manuel Landeiro Alves 50m: 38.65 38.65	02	122314	Naval Praia Vitoria	2:44.68 200m: 2:44.68 2:06.03		267	6,00
18.	Sergio Daniel Araujo 50m: 39.43 39.43	02	127097	Naval Povoense	2:46.07 100m: 1:21.71 42.28 150m: 2:05.17 43.46	200m: 2:46.07 40.90	260	5,00
19.	Miguel Mourato Henriques 50m: 40.97 40.97	00	126917	Campomaiorense	2:50.86 100m: 1:24.98 44.01 150m: 2:09.51 44.53	200m: 2:50.86 41.35	239	4,00
DSQ	Tiago Rafael Rodrigues 403 - Falsa partida - SW 4.4	97	126932	CCDSerta				-
DSQ	Francisco Madruga Silva 613 - Não efectuou a viragem aos 75 m logo após terminar movimento continuo dos braços - SW 6.4	98	129151	Atletico				-
DSQ	Marco Santos Teixeira 613 - Não efectuou a viragem aos 125 m logo após terminar movimento continuo dos braços - SW 6.4	00	119796	Flavitus				-

Prova 23	Femin., 400m Livres					Absolutos
01-11-2015						Resultados
Rec Nac Absoluto	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	05-12-2009	
Rec Nac Inf B	4:38.40	Filipa Vilas Ruivo	DNMG	Alcobaça	13-06-2009	
Rec Nac Inf A	4:25.30	Alexandra Maria Silva	FCP	Porto	19-07-1980	
Rec Nac Juv B	4:23.08	Susana Patricia Miguel	SFUAP	Alhandra	15-05-2004	
Rec Nac Juv A	4:18.39	Ana Claudia Santos	SFUAP	Cantanhede	20-12-2004	
Rec Nac Jun 1	4:15.43	Tamila Hryhorivna Holub	SCB	Porto	20-12-2014	
Rec Nac Jun 2	4:14.95	Joana Aguiar Rodrigues	FCP	Leiria	05-12-2009	
Rec Nac Sen	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	05-12-2009	

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Carolina Silverio Carpinteiro	02	119481	Natacao do Tejo	4:46.03		551	25,0(-)
	50m: 32.40 32.40		150m: 1:43.66 36.29	250m: 2:57.80 37.32	350m: 4:12.53 37.10			
	100m: 1:07.37 34.97		200m: 2:20.48 36.82	300m: 3:35.43 37.63	400m: 4:46.03 33.50			
2.	Patricia Goncalves Leal	01	123436	Ba/Bomcar	4:54.17		506	23,0(-)
	50m: 32.12 32.12		150m: 1:45.16 37.28	250m: 3:01.64 38.57	350m: 4:17.19 37.66			
	100m: 1:07.88 35.76		200m: 2:23.07 37.91	300m: 3:39.53 37.89	400m: 4:54.17 36.98			
3.	Ana Catarina Magalhaes	02	119092	Lousada SXXI	4:58.96		482	22,0(-)
	50m: 33.00 33.00		150m: 1:47.55 37.80	250m: 3:02.96 37.64	350m: 4:17.50 36.98			
	100m: 1:09.75 36.75		200m: 2:25.32 37.77	300m: 3:40.52 37.56	400m: 4:58.96 41.46			
4.	Joana Filipa Silva	98	125636	O Crasto	5:01.11		472	21,0(-)
	50m: 32.40 32.40		150m: 1:46.27 37.94	250m: 3:03.89 39.02	350m: 4:22.41 39.28			
	100m: 1:08.33 35.93		200m: 2:24.87 38.60	300m: 3:43.13 39.24	400m: 5:01.11 38.70			
5.	Nicoleta Lascu	02	121515	Litoral Alentejano	5:03.46		461	20,0(-)
	50m: 32.91 32.91		150m: 1:45.74 37.29	250m: 3:04.13 39.25	350m: 4:24.20 40.09			
	100m: 1:08.45 35.54		200m: 2:24.88 39.14	300m: 3:44.11 39.98	400m: 5:03.46 39.26			
6.	Patricia Cai Lin	01	126266	Alges e Agueda XXI	5:06.29		448	19,0(-)
	50m: 35.24 35.24		150m: 1:52.64 38.79	250m: 3:12.78 40.34	350m: 4:31.76 39.09			
	100m: 1:13.85 38.61		200m: 2:32.44 39.80	300m: 3:52.67 39.89	400m: 5:06.29 34.53			
7.	Mariana Lopes Martins	98	122076	CCDSerta	5:07.64		443	18,0(-)
	50m: 33.40 33.40		150m: 1:49.37 39.04	250m: 3:09.46 40.30	350m: 4:29.77 40.26			
	100m: 1:10.33 36.93		200m: 2:29.16 39.79	300m: 3:49.51 40.05	400m: 5:07.64 37.87			
8.	Mariana Graca Vasconcelos	99	107648	Bombeiros Estoris	5:07.85		442	17,0(-)
	50m: 35.30 35.30		150m: 1:53.07 38.82	250m: 3:13.35 40.29	350m: 4:31.38 38.12			
	100m: 1:14.25 38.95		200m: 2:33.06 39.99	300m: 3:53.26 39.91	400m: 5:07.85 36.47			
9.	Soraia Margarida Carvalho	00	124112	Albicastrense	5:08.85		437	16,0(-)
	50m: 35.20 35.20		150m: 1:53.76 39.77	250m: 3:13.58 39.67	350m: 4:32.32 39.00			
	100m: 1:13.99 38.79		200m: 2:33.91 40.15	300m: 3:53.32 39.74	400m: 5:08.85 36.53			
10.	Nicia Filipa Ferreira	01	112459	Natacao Guarda	5:15.81		409	15,0(-)
	50m: 33.53 33.53		150m: 1:52.13 40.48	250m: 3:13.58 40.87	350m: 4:38.06 42.71			
	100m: 1:11.65 38.12		200m: 2:32.71 40.58	300m: 3:55.35 41.77	400m: 5:15.81 37.75			
11.	Maria Joao Pereira	98	118608	Mirandela	5:16.60		406	14,0(-)
	50m: 35.48 35.48		150m: 1:53.94 39.57	250m: 3:14.32 40.27	350m: 4:36.65 41.68			
	100m: 1:14.37 38.89		200m: 2:34.05 40.11	300m: 3:54.97 40.65	400m: 5:16.60 39.95			
12.	Carolina Pereira Pedrosa	02	126677	Vieirense	5:18.72		398	13,0(-)
	50m: 35.26 35.26		150m: 1:55.33 40.79	250m: 3:17.68 40.49	350m: 4:39.60 40.48			
	100m: 1:14.54 39.28		200m: 2:37.19 41.86	300m: 3:59.12 41.44	400m: 5:18.72 39.12			
13.	Bruna Marisa Fonseca	99	111626	Amigos da Montanha	5:19.88		394	12,0(-)
	50m: 33.85 33.85		150m: 1:52.59 40.52	250m: 3:16.01 42.09	350m: 4:39.18 41.63			
	100m: 1:12.07 38.22		200m: 2:33.92 41.33	300m: 3:57.55 41.54	400m: 5:19.88 40.70			

Prova 23, Femin., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Constanca Basilio Gil	03	125758	CLAC-Entroncamento	5:23.70		380	11,0(-)
	50m: 36.21 36.21		150m: 1:57.89 41.62	250m: 3:21.34 41.70	350m: 4:44.65 41.25	400m: 5:23.70 39.05		
	100m: 1:16.27 40.06		200m: 2:39.64 41.75	300m: 4:03.40 42.06				
15.	Maria Ines Rodrigues	98	153433	Cultura e Desporto	5:29.67		359	10,0(-)
	50m: 34.23 34.23		150m: 1:55.87 41.68	250m: 3:22.10 43.81	350m: 4:49.11 43.35	400m: 5:29.67 40.56		
	100m: 1:14.19 39.96		200m: 2:38.29 42.42	300m: 4:05.76 43.66				
16.	Ines Cadilhe Alexandre	02	128400	Naval Povoense	5:32.16		351	9,0(-)
	50m: 37.11 37.11		150m: 1:59.77 42.28	250m: 3:25.07 42.98	350m: 4:50.66 42.83	400m: 5:32.16 41.50		
	100m: 1:17.49 40.38		200m: 2:42.09 42.32	300m: 4:07.83 42.76				
17.	Leonor Esteves Santos	04	130603	Avancado EUL	5:32.76		350	8,0(-)
	50m: 37.50 37.50		150m: 2:02.24 42.11	250m: 3:27.10 42.86	350m: 4:52.84 42.36	400m: 5:32.76 39.92		
	100m: 1:20.13 42.63		200m: 2:44.24 42.00	300m: 4:10.48 43.38				
18.	Sara Catarina Teixeira	99	121735	Penafiel	5:36.48		338	7,0(-)
	50m: 35.82 35.82		150m: 1:58.91 42.73	250m: 3:26.58 43.93	350m: 4:55.38 44.28	400m: 5:36.48 41.10		
	100m: 1:16.18 40.36		200m: 2:42.65 43.74	300m: 4:11.10 44.52				
19.	Caetana Neves Carneiro	03	129163	Atletico	5:38.03		333	6,0(-)
	50m: 37.09 37.09		150m: 2:00.37 42.24	250m: 3:27.46 43.66	350m: 4:56.15 44.08	400m: 5:38.03 41.88		
	100m: 1:18.13 41.04		200m: 2:43.80 43.43	300m: 4:12.07 44.61				
20.	Diana Gomes Silva	01	123950	Nucleo Ansiao	5:46.32		310	5,0(-)
	50m: 36.67 36.67		150m: 2:02.38 44.10	250m: 3:31.82 44.88	350m: 5:02.56 45.40	400m: 5:46.32 43.76		
	100m: 1:18.28 41.61		200m: 2:46.94 44.56	300m: 4:17.16 45.34				
21.	Maria Eduarda Ferreira	01	132195	BUZIOS-Coruche	5:56.35		285	4,0(-)
	50m: 37.37 37.37		150m: 2:05.49 44.89	250m: 3:38.49 46.91	350m: 5:11.38 46.43	400m: 5:56.35 44.97		
	100m: 1:20.60 43.23		200m: 2:51.58 46.09	300m: 4:24.95 46.46				
22.	Ines Fagundes Pereira	04	126590	Naval Praia Vitoria	6:00.33		275	3,0(-)
	50m: 40.45 40.45		150m: 2:13.27 46.75	250m: 3:45.92 46.16	350m: 5:18.89 46.12	400m: 6:00.33 41.44		
	100m: 1:26.52 46.07		200m: 2:59.76 46.49	300m: 4:32.77 46.85				
23.	Beatriz Gilsa Contenda	00	132196	Campomaiorense	7:11.06		161	2,0(-)
	50m: 42.16 42.16		150m: 2:27.60 56.00	250m: 4:20.53 56.64	350m: 6:15.52 57.79	400m: 7:11.06 55.54		
	100m: 1:31.60 49.44		200m: 3:23.89 56.29	300m: 5:17.73 57.20				
24.	Matilde Simoes Teixeira	00	200209	Salvaterra de Magos	7:16.07		155	1,0(-)
	50m: 42.26 42.26		150m: 2:31.69 56.68	250m: 4:25.49 56.99	350m: 6:21.92 58.57	400m: 7:16.07 54.15		
	100m: 1:35.01 52.75		200m: 3:28.50 56.81	300m: 5:23.35 57.86				

Prova 24	Masc., 200m Estilos				Absolutos
01-11-2015					Resultados
Rec Nac Absoluto	1:53.70	Diogo Filipe Carvalho	FPN	Doha (QAT)	05-12-2014
Rec Nac Inf B	2:17.96	Andre Vilas Ruivo	DNMG	Nazaré	02-06-2013
Rec Nac Inf A	2:13.38	Tomas Miguel Freitas	CDN	Funchal	17-07-2004
Rec Nac Juv B	2:08.27	Diogo Filipe Carvalho	CGA	Fafe	10-05-2003
Rec Nac Juv A	2:05.34	Diogo Filipe Carvalho	CGA	Aveiro	15-05-2004
Rec Nac Jun 1	2:02.96	Diogo Filipe Carvalho	CGA	Mealhada	06-03-2005
Rec Nac Jun 2	2:00.59	Gabriel Jose Lopes	ALN	Coimbra	10-05-2015
Rec Nac Sen	1:53.70	Diogo Filipe Carvalho	FPN	Doha (QAT)	05-12-2014

Pontos: FINA 2015

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Pedro Gomes	99	109733	Miranda do Corvo	2:14.99		535	23,00
	50m: 29.37 29.37		100m: 1:03.22 33.85	150m: 1:43.89 40.67	200m: 2:14.99 31.10			
2.	Joao Luis Maximo	98	125641	O Crasto	2:15.93		524	21,00
	50m: 29.25 29.25		100m: 1:04.73 35.48	150m: 1:44.31 39.58	200m: 2:15.93 31.62			
3.	Luis Maria Rosa	91	25532	Atletico	2:18.00		501	20,00
	50m: 29.03 29.03		100m: 1:04.89 35.86	150m: 1:45.97 41.08	200m: 2:18.00 32.03			
4.	Carlos Miguel Pinto	97	107661	Naval Setubalense	2:18.21		499	19,00
	50m: 28.38 28.38		100m: 1:03.29 34.91	150m: 1:45.67 42.38	200m: 2:18.21 32.54			
5.	Hugo Miguel Nunes	90	11211	Natacao do Tejo	2:18.22		498	18,00
	50m: 29.83 29.83		100m: 1:06.93 37.10	150m: 1:44.89 37.96	200m: 2:18.22 33.33			
6.	Emanuel Falacho Gerardo	97	103537	Naval da Nazare	2:20.84		471	17,00
	50m: 30.33 30.33		100m: 1:07.07 36.74	150m: 1:48.35 41.28	200m: 2:20.84 32.49			
7.	Andre Lopes Silva	99	117819	Vieirense	2:21.14		468	16,00
	50m: 30.42 30.42		100m: 1:04.93 34.51	150m: 1:48.63 43.70	200m: 2:21.14 32.51			
	Jose Pedro Lemos	99	117156	Mirandela	2:21.14		468	16,00
	50m: 29.75 29.75		100m: 1:07.66 37.91	150m: 1:48.11 40.45	200m: 2:21.14 33.03			
9.	Miguel Serrao Santos	00	117091	Salvaterra de Magos	2:25.92		424	14,00
	50m: 29.49 29.49		100m: 1:06.76 37.27	150m: 1:52.39 45.63	200m: 2:25.92 33.53			
10.	Luis Pedro Farinha	00	122085	CCDSerta	2:28.07		405	13,00
	50m: 32.45 32.45		100m: 1:11.13 38.68	150m: 1:55.38 44.25	200m: 2:28.07 32.69			
11.	Joao Gabriel Melo	99	112385	Hoquei Mealhada/ CA	2:29.25		396	12,00
	50m: 32.14 32.14		100m: 1:10.26 38.12	150m: 1:55.40 45.14	200m: 2:29.25 33.85			
12.	Marco Antonio Costa	02	121638	Natacao Guarda	2:29.80		391	11,00
	50m: 32.49 32.49		100m: 1:12.18 39.69	150m: 1:56.70 44.52	200m: 2:29.80 33.10			
13.	Pedro Miguel Riscado	97	121362	Albicastrense	2:32.79		369	10,00
	50m: 31.42 31.42		100m: 1:11.26 39.84	150m: 1:57.65 46.39	200m: 2:32.79 35.14			
14.	Paulo Jorge Azevedo	99	125123	Naval Praia Vitoria	2:33.91		361	9,00
	50m: 32.48 32.48		100m: 1:12.31 39.89	150m: 2:00.39 48.08	200m: 2:33.91 2:01.43			
15.	Sergio Alexandre Dantas	95	200153	Cultura e Desporto	2:35.07		353	8,00
	50m: 32.81 32.81		100m: 1:12.80 39.99	150m: 1:58.17 45.37	200m: 2:35.07 36.90			
16.	Jorge Diogo Ribeiro	98	118401	Amigos da Montanha	2:35.87		347	7,00
	50m: 32.15 32.15		100m: 1:11.96 39.81	150m: 1:57.94 45.98	200m: 2:35.87 37.93			
17.	Luis Manuel Portugal	02	125724	Flavitus	2:37.08		339	6,00
	50m: 32.42 32.42		100m: 1:12.31 39.89	150m: 2:00.39 48.08	200m: 2:37.08 36.69			
18.	Tiago Jorge Jose	98	111743	Colegio Bernardette Romeira	2:37.24		338	5,00
	50m: 32.38 32.38		100m: 1:15.45 43.07	150m: 2:02.60 47.15	200m: 2:37.24 34.64			

Prova 24, Masc., 200m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Fabio Santos Pereira	00	126916	Campomaiorense	2:37.75		335	4,00
	50m: 33.82 33.82		100m: 1:14.53 40.71	150m: 2:01.01 46.48	200m: 2:37.75 36.74			
20.	Joao Pedro Matos	86	13499	Nucleo Sportinguista Terceira	2:38.63		330	3,00
	50m: 31.38 31.38		200m: 2:38.63 2:07.25					
21.	Manuel Lourenco Carvalho	00	119695	Nucleo Ansiao	2:42.87		304	2,00
	50m: 33.33 33.33		100m: 1:16.12 42.79	150m: 2:05.13 49.01	200m: 2:42.87 37.74			
22.	Sergio Daniel Araujo	02	127097	Naval Povoense	2:45.84		288	1,00
	50m: 37.21 37.21		100m: 1:21.30 44.09	150m: 2:09.74 48.44	200m: 2:45.84 36.10			

Prova 25
01-11-2015

Femin., 4 x 100m Livres

Absolutos
Resultados

Rec Nac Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04-12-2010
Rec Nac Inf B	4:28.19	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Ponte da Barca	07-03-2010
Rec Nac Inf	4:14.71	Sporting Clube de Portugal	SCP	Silves	29-03-2015
Rec Nac Inf A	4:14.71	Sporting Clube de Portugal	SCP	Silves	29-03-2015
Rec Nac Juv B	4:08.36	Sporting Clube de Portugal	SCP	Guimarães	10-03-2002
Rec Nac 14 - 15	4:05.16	Futebol Clube do Porto	FCP	Estarreja	14-12-2014
Rec Nac Juv A	4:05.16	Futebol Clube do Porto	FCP	Estarreja	14-12-2014
Rec Nac Jun	3:56.01	Sporting Clube de Portugal	SCP	Leiria	06-12-2009
Rec Nac Sen	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04-12-2010

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.		Litoral Alentejano	4:13.01		543	25,0(-)
	02	Ana Reis Sousa	1:00.89	93	30.90	1:03.96
	89	Susana Maria Mateus	1:03.63	02	31.33	1:04.53
2.		Natacao do Tejo	4:14.54		534	23,0(-)
	98	Rute Isabel Leonardo	1:00.91	01	30.66	1:04.77
	01	Mafalda Gilberto Marques	1:05.92	02	31.06	1:02.94
3.		Bairro dos Anjos/Bomcar	4:25.11		472	22,0(-)
	99	Sara Conceicao Peca	1:03.13	02	32.76	1:08.26
	02	Sofia Ribeiro Junqueira	1:07.57	01	31.07	1:06.15
4.		Alges e Agueda XXI	4:26.14		467	21,0(-)
	01	Ana Beatriz Almeida	1:07.62	01	32.99	1:07.88
	00	Barbara Outeiro Posse	1:06.56	03	31.43	1:04.08
5.		Vieirense	4:32.39		435	20,0(-)
	03	Margarida Dias Mateus	1:12.87	02	34.13	1:10.94
	01	Bruna Andreia Simoes	1:05.58	00	29.65	1:03.00
6.		Albicastrense	4:32.55		435	19,0(-)
	00	Rita Sousa Cardoso	1:07.24	02	32.48	1:09.34
	00	Soraia Margarida Carvalho	1:09.18	00	32.62	1:06.79
7.		CCDSerta	4:34.83		424	18,0(-)
	03	Marta Filipa Matias	1:10.29	03	33.51	1:09.38
	99	Carolina Andre Catarino	1:09.63	98	31.83	1:05.53
8.		Bombeiros Estoris	4:35.44		421	17,0(-)
	98	Rita Oliveira Noritake	1:08.86	99	32.40	1:08.42
	98	Maria Joao Cabral	1:09.10	99	33.82	1:09.06

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Prova 25, Femin., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
9.		O Crasto	4:38.51		407	16,0(-)
	02	Ana Sofia Pina	1:02.43	00	32.92	1:09.93
	98	Joana Filipa Silva	1:05.90	04	37.08	1:20.25
10.		Naval Praia Vitoria	4:39.14		405	15,0(-)
	98	Clara Simoes Alves	1:10.97	02		
	00	Adriana Robalo Garcia		00		
11.		Natacao Guarda	4:43.68		385	14,0(-)
	00	Ines Sofia Alves	1:07.56	01	32.64	1:09.24
	01	Beatriz Goncalves Mendes	1:16.78	99	33.14	1:10.10
12.		Lousada SXXI	4:44.56		382	13,0(-)
	98	Ana Rita Correia	1:13.33	00	37.50	1:19.87
	02	Mafalda Joana Oliveira	1:05.36	02	31.88	1:06.00
13.		Avancado EUL	4:45.00		380	12,0(-)
	98	Rita Marques Pinto	1:10.74	02	34.48	1:12.30
	04	Mariana Morais Delfino	1:12.93	00	33.16	1:09.03
14.		Penafiel	4:51.03		357	11,0(-)
	03	Filipa Manuela Martins	1:13.73	04	37.29	1:20.17
	95	Marcia Raquel Saraiva	1:06.92	99	33.46	1:10.21
15.		CLAC-Entroncamento	4:52.88		350	10,0(-)
	03	Constanca Basilio Gil	1:11.86	94	35.53	1:14.34
	01	Carolina Polonio Alexandre	1:15.32	99	33.57	1:11.36
16.		Mirandela	4:53.41		348	9,0(-)
	98	Maria Joao Pereira	1:10.98	99	38.28	1:22.07
	02	Maria Ines Lemos	1:11.18	00	33.23	1:09.18
17.		BUZIOS-Coruche	4:55.98		339	8,0(-)
	01	Carolina Luis Amaral	1:07.59	00	35.58	1:14.39
	00	Mirjam Regina Altenburg	1:17.67	01	36.67	1:16.33
18.		Naval Povoense	4:56.27		338	7,0(-)
	04	Ana Rita Oliveira	1:10.63	99	35.56	1:14.51
	02	Ines Cadilhe Alexandre	1:11.79	03	37.36	1:19.34
19.		A Atletico	4:57.60		334	6,0(-)
	95	Claudia Alexandra Mendes	1:12.30	03	35.48	1:15.56
	02	Mariana Guimaraes Marques	1:15.82	03	35.26	1:13.92
20.		Amigos da Montanha	5:05.76		308	5,0(-)
	01	Andreia Figueiras Ferreira	1:19.81	03	36.40	1:16.52
	03	Carla Filipa Marques	1:19.55	99	33.88	1:09.88
21.		Campomaiorense	5:06.56		305	4,0(-)
	99	Joana Almeida Carrilho	1:14.18	00	36.43	1:17.09
	01	Rita Carapinha Conceicao	1:19.48	00	36.42	1:15.81
22.		Nucleo Ansiao	5:21.06		266	3,0(-)
	01	Diana Gomes Silva	1:16.25	01	38.79	1:21.27
	02	Lara Margarida Duarte	1:28.74	01	35.65	1:14.80
DSQ		Salvaterra de Magos				-
		403 - Falsa partida - SW 4.4				
		Ana Beatriz Pereira, Mariana Oliveira Figueiredo, Patricia Simoes Jorge, Raquel Sofia Jorge				
DNS		Cultura e Desporto				-

Prova 26	Masc., 4 x 100m Estilos					Absolutos
01-11-2015						Resultados
Rec Nac Absoluto	3:34.53	CCD Estrelas S. Joao de Brito	ESJB	Porto	19-12-2014	
Rec Nac Inf B	4:35.54	Grupo Desp. Natacao V. N. FamalicGDNVNF		Porto	17-03-2013	
Rec Nac Inf	4:12.50	Grupo Desp. Natacao V. N. FamalicGDNVNF		Cantanhede	30-03-2014	
Rec Nac Inf A	4:12.50	Grupo Desp. Natacao V. N. FamalicGDNVNF		Cantanhede	30-03-2014	
Rec Nac Juv B	4:04.46	Grupo Desp. Natacao V. N. FamalicGDNVNF		Estarreja	14-12-2014	
Rec Nac Juv	3:59.81	Sporting Clube de Braga	SCB	Ponte da Barca	06-07-2014	
Rec Nac Juv A	4:01.13	Sport Alges e Dafundo	SAD	Tomar	15-12-2013	
Rec Nac Jun	3:51.87	Soc. Filarm. Uniao Artistica PiedensSFUAP		Mealhada	24-03-2000	
Rec Nac Sen	3:34.53	CCD Estrelas S. Joao de Brito	ESJB	Porto	19-12-2014	

Pontos: FINA 2015

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1. Vieirense		Vieirense	4:10.02		505	23,00	
	99	31.17	1:03.53	Sandro Emanuel Francisco	99	28.21	1:00.34
	99	32.79	1:09.76	Andre Lopes Silva	99	27.13	56.39
2. Amigos da Montanha		Amigos da Montanha	4:11.93		494	21,00	
	98	29.85	1:01.36	Joao Guilherme Ferreira	93	28.17	1:01.80
	00	34.06	1:12.85	Rafael Gomes Simoes	00	26.66	55.92
3. Naval Setubalense		Naval Setubalense	4:15.11		475	20,00	
	00	32.56	1:06.77	Carlos Miguel Pinto	97	28.13	1:01.01
	00	33.29	1:09.49	Bernardo Antunes Augusto	00	27.25	57.84
4. Miranda do Corvo		Miranda do Corvo	4:17.26		463	19,00	
	00	31.50	1:04.27	Joao Pedro Gomes	99	27.67	1:00.13
	98	34.23	1:13.08	Rodrigo Miguel Carvalho	02	28.95	59.78
5. Naval da Nazare		Naval da Nazare	4:18.57		456	18,00	
	99	31.00	1:04.91	Emanuel Falacho Gerardo	97	29.11	1:02.77
	99	33.94	1:13.66	Miguel Angelo Caetano	01	27.16	57.23
6. Mirandela		Mirandela	4:20.06		449	17,00	
	01	31.98	1:06.89	Rui Vaz Rodrigues	99	29.57	1:04.79
	99	32.59	1:09.92	Francisco Santos Valfreixo	99	28.30	58.46
7. Atletico		Atletico	4:23.67		430	16,00	
	91	32.01	1:05.16	Francisco Miguel Costa	96	28.57	1:02.20
	01	36.91	1:19.93	Ivo Manuel Reis	93	26.92	56.38
8. Albicastrense		Albicastrense	4:23.80		430	15,00	
	97	32.44	1:06.70	Pedro Miguel Riscado	97	30.71	1:07.04
	89	33.25	1:10.44	Goncalo Dias Duque	96	27.83	59.62
9. Salvaterra de Magos		Salvaterra de Magos	4:25.07		424	14,00	
	96	32.51	1:06.88	Miguel Serrao Santos	00	29.99	1:02.76
	02	34.11	1:14.01	Marcio Gregorio Neves	83	29.44	1:01.42
10. O Crasto		O Crasto	4:30.45		399	13,00	
	99	33.81	1:09.18	Joao Luis Maximo	98	29.61	1:02.55
	99	36.54	1:17.49	Albino David Almeida	99	29.13	1:01.23
11. CCDSerta		CCDSerta	4:33.61		385	12,00	
	97	33.03	1:10.60	Rodrigo Galvao Alves	00	30.38	1:08.17
	99	33.65	1:14.47	Joao Pedro Ferreira	00	27.74	1:00.37
12. Hoquei Mealhada/ CA		Hoquei Mealhada/ CA	4:38.30		366	11,00	
	97	32.91	1:07.36	Eduardo Gomes Fernandes	02	34.36	1:12.72
	99	36.28	1:18.63	Joao Pedro Duarte	99	28.72	59.59
13. Naval Povoense		Naval Povoense	4:39.54		361	10,00	
	02	37.47	1:18.16	Henrique Maieiro Amorim	01	31.10	1:08.33
	01	36.27	1:17.51	Miguel Carlos Soares	92	26.67	55.54

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Prova 26, Masc., 4 x 100m Estilos, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
14.		Natacao Guarda	4:40.82		356	9,00	
	02	Simao Pedro Dias 36.91	1:16.82	Marco Antonio Costa	02	33.36	1:12.57
	01	Pedro Oliveira Tavares 34.17	1:14.94	Fabrice Almeida Monteiro	98	26.16	56.49
15.		Naval Praia Vitoria	4:41.56		353	8,00	
	99	Paulo Jorge Azevedo 36.01	1:13.32	Daniel Silva Cristovao	96		
	01	Diogo Goncalves Ribeiro		Manuel Landeiro Alves	02		
16.		Flavitus	4:48.91		327	7,00	
	99	Hugo Rafael Montalvao 32.00	1:05.26	Claudio Andre Jesus	00	34.21	1:13.68
	01	Tiago Jose Maires 38.32	1:25.04	Marco Santos Teixeira	00	31.35	1:04.93
17.		Colegio Bernardette Romeira	4:49.84		324	6,00	
	00	Daniel Jomir 35.36	1:13.80	Adrian Nicolae Chereches	99	34.51	1:16.32
	96	Alexio Oliveira Santos 37.21	1:19.96	Tiago Jorge Jose	98	28.06	59.76
18.		Nucleo Ansiao	4:58.60		296	5,00	
	01	Joao Miguel Lopes 35.49	1:12.48	Joao Pedro Freire	00	33.02	1:13.66
	00	Kristian Vays 39.77	1:25.77	Manuel Lourenco Carvalho	00	30.46	1:06.69
19.		Campomaiorense	5:23.12		234	4,00	
	00	Miguel Mourato Henriques 40.37	1:21.96	Fabio Santos Pereira	00	35.13	1:48.69
	98	Nuno Carapeto Serra 44.92	1:36.17	Daniel Oliveira Garcia	01		36.30
DSQ		Nucleo Sportinguista Terceira				-	
		<i>715 - Não rompeu a superfície da água na parte mais larga da segunda braçada após a viragem aos 150 m - SW 7.4</i>					
		Andre Botelho Azevedo, Rodrigo Teixeira Braga, Joao Pedro Matos, Rui Miguel Ribeiro					
DNS		Cultura e Desporto				-	
DNF		Natacao do Tejo				-	
	99	Goncalo Faria Saldida 34.22	1:11.21	Telmo Joao Faria	97	30.36	
	90	Hugo Miguel Nunes 32.12	1:08.31	Nuno Miguel Afonso	91		