



COMUNICADO Nº 05-13

15/02/2013

ÍNDICE

1. NATAÇÃO PURA
2. ÁGUAS ABERTAS
3. DEPARTAMENTO TÉCNICO FPN
4. ALTO RENDIMENTO
5. FICHEIROS - CONVITE
6. NOVA FILIAÇÃO
7. DIVERSOS

1. NATAÇÃO PURA

Ranking Nacional do Torneio de Fundo de Infantis e Juvenis – Piscina Curta 2012/2013

Disponibilizamos em anexo, a classificação individual e colectiva do Torneio em assunto.

2. ÁGUAS ABERTAS

FINA 10KM Marathon Swimming World Cup – 1 Março 2013, Eilat (ISR)

No seguimento do Plano de Alto Rendimento e Selecções Nacionais de Águas Abertas 2013, informamos que a participação nacional será como se segue:

Masculinos	Clube	Provas
Arseniy Lavrentyev	SAD	10KM
Mário Bonança	SCP	10KM
Vasco Gaspar	SFUAP	10KM
Femininos	Clube	Provas
Daniela Pinto	VSC	10KM
Angélica André	LSC	10KM

O enquadramento técnico será assegurado pelos seguintes elementos:

Treinadores Convidados: David Ferro (SCP) e Domingos Pinto (LSC)





Fisioterapeuta: Joana Miranda

Plano de Viagem

26 Fevereiro	IB 3103	Lisboa/Madrid	16h35/18h55 (aeroporto 14h30)
26 Fevereiro	IB 8723	Porto/Madrid	17h35/19h45 (aeroporto 15h35)
26 Fevereiro	IB 3318	Madrid/Tel Aviv	23h15/05h05
27 Fevereiro	LY 401	Tel Aviv/Eilat	07h15/08h20
03 Março	LY 404	Eilat/Tel Aviv	13h55/14h50
03 Março	IB 3315	Tel Aviv/Madrid	17h00/21h35
03 Março	IB 3118	Madrid/Lisboa	22h45/23h00

São permitidos, por pessoa, 20 Kgs de bagagem. Qualquer excesso de peso que obrigue ao pagamento de taxas-extra, será da exclusiva responsabilidade dos próprios.

Recordamos ainda que pedidos de dispensa ao abrigo do Decreto-Lei no 272/09, de 01 de Outubro (Regime do Alto Rendimento), por implicarem requisição ao Instituto Português do Desporto e Juventude, terão que ser solicitados previamente à realização desta Competição.

3. DEPARTAMENTO TÉCNICO FPN

Em aditamento ao Comunicado FPN Nº 04-13, informa-se a estrutura técnica para a disciplina de Polo-Aquático:

DTN/Selecionador Feminino - Miguel Pires

Secretário Técnico - Pedro Brandão

Treinadores Seleções Femininas - Alexandra Chatillon e José Firmino

Selecionador Masculino - Lajos Lorincz

Treinador Seleções Masculinas - Paulo Marques

A Direção da FPN deseja expressar o seu mais sincero agradecimento aos técnicos que agora cessam funções, **Helena Barros e Fernando Leite**, reconhecendo o empenho e dedicação pessoal demonstrados no desempenho das suas funções, em prol do desenvolvimento do Pólo Aquático Nacional.

4. ALTO RENDIMENTO

A FPN constituiu, numa lógica de aperfeiçoamento da dinâmica estratégica do Alto Rendimento, duas comissões de consultores que ajudarão a Direção Técnica Nacional a edificar os programas com vista aos Jogos Olímpicos 2016 e 2020. Pretende-se que a confluência dos contributos, seja através de reflexões, debates de opinião ou iniciativas e ideias próprias, nos permitam caminhar para patamares superiores do rendimento desportivo dos nossos atletas.





Para o efeito foram convidados e aceitaram:

Conselho Técnico de Consultadoria ao Alto Rendimento

António P. Vasconcelos	José Santos Silva
Arthur Albieri	Júlio Borja
Carlos Cruchinho	Luís Cameira
Carlos Freitas	Mário Madeira
Élio terrível	Miguel Frischknecht
Elmano Freitas	Paulo Marques
Fernando Teixeira	Pedro Faia
Filipe Coelho	Pedro Vale
José A. Silva	Rodolfo Nunes
José Borges	Viatcheslav Poliakov
José Machado	

Conselho Científico-Tecnológico de Consultadoria ao Alto Rendimento

António J. Silva	Ricardo Fernandes
J.P. Vilas-Boas	Pedro Figueiredo
Franciso Alves	Nuno Batalha
Luís Rama	Tiago Barbosa
José Soares	Daniel Marinho
Mário Marques	Nuno Garrido
Pedro Morouço	Hugo Louro
Pedro Mil-Homens	

A FPN agradece desde já a disponibilidade manifestada por todos para contribuírem para esta nova fase do Alto Rendimento em Natação, pelo que quer expressar o seu gozijo por tão alargada aceitação deste desafio pelos convidados.

5. FICHEIROS - CONVITE

Em função da interrupção temporária no funcionamento do site da FPN, informamos que os ficheiros convite para todos os campeonatos nacionais podem ser descarregados em:

<http://www.swimrankings.net/index.php?page=CalendarList&Nation=POR&SubPage=CURRENT>





6. NOVA FILIAÇÃO

Foi aprovada em 11/02/2013, a filiação do **Futebol Clube de Ferreiras**, através da ANALG.

7. DIVERSOS

Cerimónia de Lançamento da Coleção Ética no Desporto

O Instituto Português do Desporto e Juventude I.P., e o Plano Nacional de Ética no Desporto, levam a efeito o lançamento da Coleção “Ética no Desporto”, no dia 20 de Fevereiro, pelas 18h00, no Museu Nacional do Desporto.

Mais informações: comunicacao@ipdj.pt

Pela FPN

António José Silva
Presidente





Ranking por Clubes - Torneio de Fundo

Época 2012 / 2013



Femininos

Juvenis			Infantis B		
Classificação	Clube	Pontuação	Classificação	Clube	Pontuação
1	FCP	3087	1	FCP	2234
2	DNMG	3051	2	CGA	2189
3	SCP	2969	3	SCB	2081
4	CNA	2961	4	SLB	1960
5	GCF	2831	5	LSC	1933
6	AAC	2667	6	CNMAIA	1929
7	VNC	2604	7	CNTN	1901
8	ACDCBR	2375	8	FBSC	1837
9	CNAB	2295	9	AMINAT	1741
10	EDV	2163	10	AVFC	1599
11	CLAC	2030	11	CFV	1476
12	CAFBPD	1956	12	CDN	1179
13	EDL	1791			
14	CDE	1778			
15	CDN	1422			

Infantis A		
Classificação	Clube	Pontuação
1	DNMG	2860
2	FCP	2805
3	SCP	2708
4	AMINAT	2554
5	CNAL	2490
6	SFUAP	2471
7	CDN	2451
8	CNMC	2446
9	CNAC	2430
10	CGA	2286
11	VS	2136
12	CFV	1977
13	SCM	1805
14	CDF	1558
15	CDE	1493
16	CAPGE	1491

Masculinos

Juvenis A			Infantis A		
Classificação	Clube	Pontuação	Classificação	Clube	Pontuação
1	FCP	3443	1	DNMG	2621
2	GESL	3366	2	LDC	2564
3	LSC	3209	3	SAD	2504
4	CNAL	3107	4	AMINATA	2476
5	EDV	3067	5	SCP	2437
6	CNA	2980	6	ASSSCC	2425
7	CNAC	2903	7	CNMAIA	2320
8	CNAC	2903	8	SCB	2301
9	PIMP	2654	9	VSC	2259
10	CNF	2527	10	FCP	2235
11	DNMG	2391	11	SFGP	2222
12	SCE	2054	12	VS	2096

Juvenis B		
Classificação	Clube	Pontuação
1	FCP	3098
2	SCB	3063
3	ADRCIMM	3035
4	LSC	2995
5	CNAL	2595
6	SFUAP	2568
7	DNMG	2549
8	EMDB	2527
9	CGA	2468
10	PIMP	2415
11	AMINATA	2413
12	EDV	2377
13	CNAL	2321
14	GCF	2233
15	SFUS	2185
16	ACMN	1904

Infantis B		
Classificação	Clube	Pontuação
1	SCP	2172
2	SCB	2050
3	DNMG	1961
4	CGA	1831
5	FCP	1805
6	CNAC	1780
7	EMDB	1694
8	CNMC	1620
9	CLAC	1555
10	CNTN	1554
11	PIMP	1496
12	AAC	1433
13	BSCN	1326
14	ADBA	1312
15	EDL	1219
16	EDV	1202
17	NSIT	952



Torneio Regional de Fundo Para Infantis e Juvenis
Época 2012 / 2013



Masculinos, Juvenis A

RANK	NOME	ANO	CLUBE	1500 L	400 E	FINA 2012
1	Joao Pedro Gil	1997	ANAM	16:24,49	04:33,84	1279
2	Eduardo Salgado Ramos	1997	FCP	16:51,28	04:42,23	1174
3	Eduardo Filipe Carvalheiro	1997	ASSSCC	16:42,06	04:47,25	1161
4	Vitor Joao Pereira	1997	LSC	16:39,86	04:47,98	1160
5	Joao Miguel Cardoso	1997	GESL	16:44,21	04:50,32	1139
5	Luis Carlos Oliveira	1997	FCP	16:54,09	04:47,26	1139
7	Joao Luis Travanca	1997	FCP	16:32,97	04:56,12	1130
8	Joao Miguel Ferreira	1997	FOCA	16:47,78	04:51,16	1129
9	Miguel Rocha Costa	1997	GESL	16:57,99	04:50,16	1116
10	Carlos Flores Clara	1997	GESL	16:57,17	04:51,36	1111
11	Joao Mota Correia	1997	PIMP	17:10,38	04:47,67	1109
12	Alexandre Lages Ribas	1997	EDV	17:00,31	04:51,06	1107
13	Guilherme Miguel Teixeira	1997	SLB	17:15,33	04:48,31	1097
14	Jose Ricardo Sousa	1997	LSXXI	17:16,08	04:52,30	1074
15	Miguel Angelo Silvestre	1997	CNAL	17:10,48	04:55,30	1068
16	Tiago Martim Alves	1997	EDV	17:36,33	04:48,12	1067
17	Ricardo Eduardo Afonso	1997	SCB	17:00,56	05:01,39	1054
18	Diogo Miguel Nelas	1997	SCB	17:20,28	04:56,40	1046
19	Marco Andre Fernandes	1997	GESP	17:20,90	04:56,54	1044
20	Alexandre Miguel Laureano	1997	CNAL	17:22,11	04:56,85	1041
20	Artur Miguel Marques	1997	LSC	17:08,96	05:01,19	1041
22	Francisco Xavier Goncalves	1997	CNAC	17:28,73	04:55,86	1036
23	Tiago Bernardo Marques	1997	SFUAP	17:37,69	04:58,36	1010
24	Bruno Miguel Ramos	1997	CNA	17:37,64	04:58,78	1008
24	Narciso Daniel Correia	1997	SCB	17:00,93	05:11,72	1008
24	Joao Afonso Picao	1997	LSC	17:18,39	05:04,96	1008
27	Andre Miguel Silva	1997	JFP	17:38,32	04:59,09	1006
28	Bruno Daniel Rodrigues	1997	SCB	17:30,88	05:02,61	1000
29	David Emanuel Martins	1997	SCB	17:25,20	05:04,74	999
30	Joao Bernardo Jorge	1997	CNAL	17:45,10	04:58,60	998
30	Rodrigo Carlos Albuquerque	1997	SCB	17:35,81	05:01,40	998
32	Afonso Miguel Lamy	1997	CNA	17:46,52	04:58,74	995
33	Andre Sousa Goncalves	1997	CNOL	17:17,85	05:09,22	990
34	Nuno Valerio Silva	1997	DNMG	17:37,84	05:03,19	986
35	Ruben Jose Morim	1997	CFV	17:32,44	05:05,55	984
36	Pedro Miguel Rodrigues	1997	CNAL	17:38,49	05:04,72	979
37	David Carrasco Correia	1997	CNA	17:39,06	05:05,03	977
38	Miguel Monteiro Cruchinho	1997	SCP	17:42,18	05:07,22	962
38	Tomas Machado Vale	1997	VNC	17:57,93	05:02,37	962
40	Jose Miguel Santos	1997	CNAC	17:54,02	05:04,08	959
41	Tiago Rafael Martins	1997	GESL	17:49,94	05:07,80	948
41	Joao Vieira Camara	1997	CSM	17:57,34	05:05,65	948
43	Daniel Francisco Mendonca	1997	SCB	17:46,45	05:12,70	933
44	Filipe Miguel Gomes	1997	ADBA	17:55,19	05:15,65	909
44	Francisco Pestana Silva	1997	CNF	18:07,15	05:11,74	909

46	Luis Henrique Neves	1997	CNAC	17:51,98	05:17,00	908
47	Daniel Lago Pinto	1997	EDL	18:15,17	05:09,63	906
48	Dmytriy Eugeniyovich Martynenko	1997	EFC	18:20,16	05:10,08	899
49	Bruno Dias Couto	1997	EDV	18:18,14	05:11,87	893
50	Jose Miguel Ventura	1997	FBSC	17:54,50	05:20,58	891
51	Luis Filipe Fonseca	1997	CFE	18:20,03	05:13,22	886
52	Luis Pedro Silva	1997	CNAC	18:26,45	05:11,89	883
53	Francisco Maria Ferraz	1997	PIMP	18:25,74	05:12,77	880
54	Joao Manuel Fernandes	1997	CNF	18:41,35	05:12,95	861
55	Rui Pedro Figueiredo	1997	AVFC	18:29,22	05:17,56	857
55	Joao Carlos Gabriel	1997	VS	18:34,71	05:15,94	857
57	Joao Francisco Silva	1997	DNMG	19:18,84	05:06,97	845
57	Joao Mauricio Gaspar	1997	CNAB	18:38,93	05:17,60	845
59	Gil Vasco Goncalves	1997	CNLA	18:35,84	05:19,28	843
59	Pedro Jose Goncalves	1997	SCB	18:32,09	05:20,42	843
61	Afonso Filipe Gaspar	1997	CNAB	18:49,27	05:19,62	826
62	Jose Miguel Rodrigues	1997	CNV	18:35,95	05:26,41	817
63	Paulo Morgado Pinto	1997	CDN	18:56,54	05:22,58	807
63	Joao Francisco Pita	1997	CDN	18:43,32	05:30,45	794
65	Artur Rafael Saramago	1997	BUZIOS	19:19,02	05:22,15	784
66	Joao Filipe Fernandes	1997	CFV	19:03,33	05:27,44	783
67	Carlos Braganca Castro	1997	CNPD	19:07,83	05:26,45	781
68	Claudio Filipe Pereira	1997	EMDB	19:13,29	05:27,96	770
69	Pedro Miguel Fernandes	1997	LDC	19:15,99	05:27,70	768
70	Pedro Afonso Machado	1997	VNC	19:24,09	05:25,99	766
71	Joao Menezes Aguiar	1997	CNF	19:44,59	05:22,88	757
72	Martim Basilio Gil	1997	CLAC	19:41,45	05:24,08	755
73	Joao Pedro Breda	1997	AAC	19:12,99	05:35,80	744
74	Bernardo Ferro Costa	1997	SCE	20:09,20	05:21,49	740
75	Joao Barros Mendes	1997	AAC	19:38,75	05:32,78	729
76	Bruno Filipe Neves	1997	LDC	19:45,05	05:37,11	709
77	Miguel Figueiras Senra	1997	EMDB	20:08,51	05:38,41	685
78	Joao Pedro Gomes	1997	SCE	19:59,32	05:45,73	672
79	Antonio Manuel Saldanha	1997	SCA	20:01,81	05:45,49	669
80	Jose Rafael Marques	1997	PIMP	19:54,07	05:49,51	665
81	Ivo Emanuel Almeida	1997	SCE	20:18,12	05:50,52	642
82	Andre Filipe Correia	1997	CDF	21:03,56	05:39,66	637
83	Diogo Miguel Teixeira	1997	SCM	19:39,54	06:08,36	635
84	Vicente Paulo Rocha	1997	NSIT	21:04,54	05:47,38	614
85	Francisco Mendes Esteves	1997	PORTIN	21:02,26	05:58,56	588
86	Manuel Jose Santos	1997	EDV	21:35,60	05:49,85	587
87	David Cavaco Rodrigues	1997	PORTIN	20:38,81	06:12,04	576
88	Andre Pinto Marrazes	1997	DNMG	21:20,15	06:04,86	560
89	Tomas Leal Brito	1997	CLAC	21:39,69	06:08,11	540
90	Andre Marcal Farinha	1997	CCDPCMS	21:21,71	06:18,32	532
91	Joao Pedro Santos	1997	AEJ	22:25,17	06:20,67	488
92	Joao Paulo Nini	1997	SCCM	24:45,39	06:56,45	367



Torneio Regional de Fundo Para Infantis e Juvenis
Época 2012 / 2013



Masculinos, Juvenis B

RANK	NOME	ANO	CLUBE	1500 L	400 E	FINA 2012
1	Joao Alexandre Vital	1998	ADRCIMM	16:58,17	04:40,49	1173
2	Diogo Manuel Marques	1998	ASSSCC	16:45,12	04:57,06	1103
3	Joao Francisco Lopes	1998	SCB	17:05,98	04:52,97	1087
4	Vasco Gradim Amorim	1998	FCP	17:08,29	04:52,85	1085
5	Pedro Goncalves Neto	1998	FCP	17:00,63	05:05,24	1036
6	Luis Filipe Ribeiro	1998	SCB	17:19,12	04:59,23	1034
7	Hugo Pon	1998	SAD	17:32,57	04:55,16	1033
8	Joao Santos Mendes	1998	LSC	17:26,69	04:58,25	1027
9	Leonardo Bom Pinto	1998	LSC	17:00,60	05:09,48	1017
10	Joao Costa Ferreira	1998	GDNVNF	17:21,13	05:02,57	1015
11	Guilherme Filipe Pina	1998	BSCN	17:08,03	05:10,71	1000
12	Jose Diogo Fonseca	1998	DNMG	17:26,25	05:07,52	985
13	Diogo Miguel Costa	1998	FCP	17:53,69	05:00,51	977
14	Ricardo Goncalves Moura	1998	EFC	17:56,08	05:02,08	966
15	Nuno Miguel Graca	1998	EDV	18:03,87	05:00,34	964
16	Andre Magalhaes Moura	1998	AVFC	17:59,76	17:59,76	962
17	Goncalo Miguel Nogueira	1998	FCP	17:30,86	05:13,22	954
18	Leandro Miguel Baptista	1998	LSC	17:35,13	05:12,12	951
19	Jose Pedro Pinto	1998	SCB	17:50,25	05:09,26	942
20	Joao Manuel Pires	1998	CNAC	17:51,32	05:09,35	940
21	Francisco Carvalho Machado	1998	SAD	17:34,82	05:15,61	938
22	Diogo Nogueira Rebelo	1998	ADRCIMM	17:34,39	05:16,42	936
23	Eduardo Manuel Goncalves	1998	NSIT	17:28,92	05:19,07	934
24	Cesar Barroqueiro Magalhaes	1998	ADRCIMM	18:03,30	05:08,74	926
25	Mario Jorge Veloso	1998	SCB	18:00,12	05:11,14	920
26	Joao Sismeyro Pereira	1998	CNA	17:49,38	05:16,55	913
27	Pedro Miguel Vieira	1998	CGA	17:48,65	17:48,65	904
28	Rodrigo Manuel Monteiro	1998	SCE	18:21,59	18:21,59	902
29	Diogo Vicente Silva	1998	DNMG	18:27,97	05:07,71	899
30	Daniel Filipe Paiva	1998	CNMC	17:57,50	05:17,52	898
31	Antonio Fernandes Carrico	1998	PIMP	18:25,29	05:09,82	893
32	Francisco Rogerio Santos	1998	BSCN	18:06,68	05:17,76	885
33	Goncalo Filipe Patatas	1998	SCP	18:38,54	05:08,83	881
34	Tiago Abrantes Oliveira	1998	SAA	18:07,58	18:07,58	880
35	Filipe Miguel Silveira	1998	CNA	18:32,74	05:11,79	875
36	Tiago Carlos Santos	1998	ANAM	18:05,48	05:21,55	872
36	Paulo Filipe Silva	1998	CNMAIA	18:36,03	05:11,64	872
38	Jose Paula Carvalho	1998	SFUAP	18:23,38	05:16,62	868
38	Diogo Rodrigues Freitas	1998	SFUAP	18:36,22	05:12,65	868
38	Andre Filipe Afonseca	1998	EMDB	18:33,23	05:13,48	868
41	Eduardo Reis Galhano	1998	ASSSCC	18:26,52	05:18,00	859
42	Filipe Ferreira Luz	1998	GESL	18:11,24	05:23,41	858
43	Rui Filipe Costa	1998	EMDB	18:59,31	05:09,54	855

44	Francisco Manso Teixeira	1998	CNF	18:09,79	05:25,84	851
45	Jose Pedro Sampaio	1998	FOCA	18:52,54	05:12,50	849
46	Miguel Angelo Martins	1998	AMINAT	18:46,04	05:15,29	846
47	Joao Alberto Gondar	1998	CFV	18:17,44	05:24,68	845
48	Carlos Alberto Gomes	1998	SCE	18:28,44	18:28,44	843
49	Joao Luis Maximo	1998	CACRCCD	18:12,74	18:12,74	842
50	Diogo Pereira Coelho	1998	CNAL	18:17,55	05:26,10	840
51	Rafael Viegas Cruz	1998	SCP	18:26,18	05:24,88	833
52	Afonso Calais Queiroga	1998	SFUAP	18:52,95	05:16,94	832
53	Andre Pereira Coelho	1998	CNAL	18:31,51	05:23,87	831
54	Francisco Aguiar Morganho	1998	CNF	18:28,33	05:25,42	830
55	Tiago Martins Boleta	1998	LDC	18:25,37	05:26,89	827
55	Carlos Afonso Almeida	1998	CNCVG	19:02,73	05:15,28	827
57	Joao Pedro Marquez	1998	SFUS	18:17,63	05:36,18	807
57	Marius Captari	1998	CNA	19:19,68	05:15,84	807
59	Tiago Santos Fernandes	1998	PIMP	19:14,21	05:18,28	804
59	Lucas Correia Veloso	1998	EMDB	18:45,29	05:26,89	804
61	Diogo Miguel Henriques	1998	AMINAT	19:07,44	05:23,27	792
62	Afonso Branco Oliveira	1998	CGA	19:08,65	19:08,65	791
63	Diogo Mendes Pereira	1998	JFP	18:45,57	05:31,23	789
64	Eurico Pereira Sousa	1998	AAC	18:50,40	05:31,07	784
65	Joao Pedro Candeias	1998	AMINAT	19:22,86	05:23,68	775
66	Joao Miguel Sarmiento	1998	CGA	18:16,05	18:16,05	773
66	Dario Fausto Matias	1998	CNTN	18:45,18	05:36,49	773
68	Miguel Filipe Arvana	1998	CFE	19:16,83	05:26,10	772
68	Luis Miguel Verissimo	1998	TAC	19:03,76	05:30,34	772
70	Joao Diogo Fernandes	1998	SLB	19:24,90	05:24,28	771
71	Filipe Fonte Cunha	1998	AVFC	18:49,12	18:49,12	770
72	Ricardo Daniel Pires	1998	EDV	19:16,06	05:27,78	767
73	Duarte Pinto Ceia	1998	GCF	18:58,34	05:35,29	762
73	Diogo Loureiro Martinho	1998	GCF	19:01,43	05:34,18	762
75	Louis Daniel Caille	1998	SCB	19:01,53	05:34,56	760
76	Tiago Manuel Azinheirinha	1998	ACMN	19:15,88	05:31,80	754
77	Telmo Pedrosa Rocha	1998	SFUS	18:34,95	05:49,48	748
78	Joao Jose Laranjeira	1998	CDCA	19:29,56	19:29,56	740
79	Tiago Jorge Jose	1998	CNOL	19:06,84	05:43,38	729
79	Frederico Sucena Riachos	1998	NSCG	19:20,84	05:38,24	729
81	Ruben Salvador Roriz	1998	VNC	19:11,56	05:43,45	724
82	Pedro Miguel Barbosa	1998	PIMP	19:40,74	05:35,64	718
83	Joao Soares Melo	1998	AEJ	19:42,69	19:42,69	711
84	Manuel Jose Vidigueira	1998	GCF	19:16,07	05:47,07	709
85	Pedro Daniel Figueira	1998	CDE	19:46,22	19:46,22	694
86	Afonso Matoso Magalhaes	1998	GCF	19:43,40	05:48,00	679
87	Bruno Miguel Pereira	1998	ADBA	19:45,49	05:48,32	677
88	Andre Oliveira Gordinho	1998	CGA	19:28,07	19:28,07	675
88	Diogo Miguel Banha	1998	CFE	20:12,28	05:40,20	675
90	Bernardo Stephen Henriques	1998	CDN	20:05,07	05:44,54	670
91	Alexandre Miguel Fabiao	1998	CFV	20:11,89	05:43,44	667
92	Joao Antonio Bernardino	1998	DNMG	19:42,87	05:54,03	665

92	Pedro Reis Brandao	1998	PIMP	20:32,26	05:38,09	665
94	Joao Pedro Gil	1998	EFC	20:01,85	05:47,30	664
95	Pedro Manuel Nunes	1998	CLAC	20:20,23	05:42,83	662
96	Ricardo Pereira Coelho	1998	CNAL	20:13,12	05:49,29	650
97	Leonardo Sa Ferreira	1998	EDV	20:23,72	05:47,37	646
98	Nuno Tiago Lopes	1998	GCVR	20:09,95	05:54,89	638
99	Bruno Miguel Miranda	1998	EMDB	20:19,64	05:52,63	635
100	Daniel Sendrea	1998	SFUS	20:13,30	05:56,75	630
101	Sergio Alexandre Batalha	1998	SFUS	20:09,95	06:02,38	620
102	Luis Bernardo Antonio	1998	ACMN	20:41,27	05:54,18	614
102	Jorge Diogo Ribeiro	1998	EMDB	20:11,82	06:04,37	614
104	Duarte Miguel Campino	1998	CNCA	20:35,16	05:58,44	609
105	Joao Mateus Ferreira	1998	CNAL	20:03,67	06:14,06	601
106	Diogo Pano Menezes	1998	CAC	21:00,42	05:59,02	588
107	Miguel Jorge Nunes	1998	SFUS	20:45,24	06:06,42	583
107	Rui Diogo Torres	1998	CNCA	21:06,74	05:59,48	583
109	Luis Cardoso Quaresma	1998	CSM	20:46,71	06:06,96	581
110	Bruno Filipe Marques	1998	SCM	20:35,65	06:16,86	569
111	Joao Miguel Cavalinhos	1998	SCM	20:54,92	06:13,41	560
112	Pedro Ribeiro Santos	1998	CAC	21:17,44	06:12,77	546
113	Joao Paulo Casadinho	1998	ACMN	21:19,30	06:16,98	536
114	Manuel Maria Carvalho	1998	CEN	21:49,70	06:09,77	531
115	Diogo Batista Raimundo	1998	PORTIN	21:17,13	06:22,13	528
116	Joao Ferreira Santos	1998	CNTN	21:29,08	06:28,70	508
117	Pedro Helder Rodrigues	1998	CSM	21:56,24	06:21,96	503
118	Guilherme Ferreira Paulo	1998	AAC	22:39,70	06:15,70	490
119	Wagner Goncalo Massa	1998	CAFBDP	22:39,26	06:30,95	462
120	Jose Manuel Gaspar	1998	CEN	25:50,68	07:00,91	339



Torneio Regional de Fundo Para Infantis e Juvenis
Época 2012 / 2013



Masculinos, Infantis A

RANK	NOME	ANO	CLUBE	1500 L	400 E	FINA 2012
1	Jose Henriques Luz	1999	NSCG	17:35,77	05:03,76	987
1	Joao Magalhaes Nunes	1999	CNA	17:52,40	04:58,79	987
3	Tomas Gomes Oliveira	1999	DNMG	17:20,46	05:10,84	979
4	Tiago Pastor Escada	1999	AMINAT	18:06,31	05:04,86	939
5	Gabriel Levi Gomes	1999	ASSSCC	17:57,94	05:09,32	931
6	Bernardo Antonio Alves	1999	LDC	18:12,05	05:11,47	903
7	Rui Miguel Cachopo	1999	ADRCIMM	18:06,35	05:15,35	895
8	Nuno Rafael Silva	1999	ADRCIMM	17:59,62	05:18,09	893
9	Rui Pedro Brito	1999	DNMG	18:19,96	05:11,73	892
10	Antonio Manuel Mendes	1999	SCP	18:31,17	05:09,76	886
11	Bernardo Graca Rodrigues	1999	SAD	18:20,42	05:14,63	880
12	Eduardo Cardoso Lopes	1999	LDC	18:00,51	05:22,10	876
13	Afonso Guilherme Rosa	1999	SFGP	18:26,58	05:13,97	874
14	Nuno Filipe Costa	1999	GESP	18:22,20	05:15,83	872
15	Ricardo Jorge Carvalho	1999	CGA	18:15,49	05:18,52	871
16	Tiago Filipe Campos	1999	VS	18:24,95	05:22,55	844
17	Jose Pedro Fernandes	1999	SCB	18:22,74	05:24,47	840
18	Tiago Andre Oliveira	1999	VSC	18:37,00	05:22,36	829
19	Francisco Cortez Viterbo	1999	SAD	18:51,37	05:19,77	823
20	Nuno Miguel Coto	1999	SCB	19:14,04	05:14,97	816
21	Bernardo Pastor Escada	1999	AMINAT	18:43,55	05:24,95	813
21	Diogo Alexandre Domingues	1999	ANAM	18:58,06	05:20,16	813
23	Francisco Ribeiro Constantino	1999	CNNZ	18:53,53	05:23,69	806
24	Duarte Filipe Rodrigues	1999	SAD	18:50,91	05:25,94	801
25	Jose Neves Neto	1999	ASSSCC	18:56,71	05:25,60	796
26	Joao Francisco Mariano	1999	SAD	19:21,64	05:19,95	789
27	Joao Silva Costa	1999	CNMAIA	18:31,69	05:37,05	788
28	Daniel Queiros Cruz	1999	CNMAIA	19:27,45	05:19,50	786
29	Manuel Silva Godinho	1999	LDC	18:11,18	05:46,69	785
30	Andre Marques Antunes	1999	CNAC	19:21,73	05:21,26	784
31	Joao Daniel Machado	1999	SFUAP	19:05,53	05:26,79	782
32	Andre Alexandre Santos	1999	SCP	18:45,54	05:34,52	778
33	Joao Silverio Duarte	1999	EFC	19:11,29	05:26,41	777
34	Tiago Silva Soares	1999	FCP	19:02,33	05:30,27	774
35	Tiago Cunha Costa	1999	SCP	18:51,26	05:34,28	773
36	Rui Jorge Matias	1999	CFV	19:17,87	05:27,22	767
37	Andre Tavares Grenho	1999	GESL	19:20,70	05:27,82	762
38	Joao Paulo Correia	1999	FCP	19:27,71	05:26,21	761
39	Francisco Oliveira Ferreira	1999	GDNVNF	18:48,89	05:39,52	760
40	Joao Pedro Gomes	1999	CNMC	19:29,24	05:26,56	759
41	Ruben Miguel Rodrigues	1999	DNMG	18:54,95	05:40,66	750
42	Henrique Lourenco Ferreira	1999	CNCVG	19:38,89	05:26,80	748
43	Diogo Filipe Teodoro	1999	CNMAIA	19:39,26	05:27,38	746

44	Rodrigo Costa Teixeira	1999	CL	19:17,73	05:34,28	744
45	Afonso Meneses Sequeira	1999	CNF	19:22,91	05:35,80	734
46	Guilherme Duarte Silva	1999	CDN	19:30,65	05:33,75	733
46	Pedro Miguel Fernandes	1999	VSC	19:17,40	05:38,26	733
48	Vasco Capela Tavares	1999	SCE	19:07,62	05:41,96	732
49	Hugo Filipe Correia	1999	CNLA	19:51,08	05:29,37	728
50	Goncalo Faria Saldida	1999	SFGP	19:08,61	05:43,64	726
51	Andre Mendes Batalha	1999	AMINAT	19:52,73	05:30,15	724
52	Joao Pedro Teixeira	1999	AVFC	19:30,17	05:41,62	710
52	Joao Francisco Machado	1999	AAC	19:21,25	05:44,91	710
54	Jaime Daniel Correia	1999	ESJB	19:17,59	05:47,77	706
55	Miguel Carrico Cruz	1999	VS	19:52,56	05:37,65	701
56	Diogo Pereira Santos	1999	FCP	19:21,18	05:48,69	700
57	Diogo Alexandre Costa	1999	ASSSCC	19:50,82	05:38,99	698
58	Elmano Madail Costa	1999	VSC	19:57,29	05:37,39	697
59	Pedro Henrique Pires	1999	AAC	20:02,06	05:37,18	693
59	Joao Francisco Santos	1999	VNC	19:38,88	05:44,33	693
61	Nelson Pereira Malheiros	1999	CNLA	19:18,61	05:53,01	691
61	Goncalo Oliveira Cabral	1999	LSC	20:13,75	05:34,60	691
63	Diogo Jesus Crespo	1999	CDN	19:39,49	05:46,25	688
64	Gabriel Vidal Carvalho	1999	CGA	19:34,78	05:48,68	686
65	Tomas Martins Araujo	1999	FCP	20:07,67	05:38,45	684
66	Diogo Antunes Melo	1999	SCP	20:08,23	05:39,23	682
67	Pedro Galvao Gouveia	1999	CDN	20:15,75	05:43,20	664
68	Tiago Andre Carvalho	1999	AAC	19:49,38	05:52,44	663
68	Nuno Alexandre Quintal	1999	CDN	19:47,42	05:52,82	663
70	Paulo Filipe Almeida	1999	AEJ	19:56,88	05:50,21	662
71	Alexandre Santos Mesquita	1999	JFP	19:53,17	05:51,49	661
72	Alessandro Antunes Paolinelli	1999	CNF	19:54,64	05:51,92	659
73	Andre Freitas Gual	1999	AEJ	20:34,81	05:41,49	653
74	Goncalo Daniel Teixeira	1999	SCB	20:04,79	05:54,12	645
75	Tiago Gabriel Lopes	1999	CDE	20:38,96	05:43,91	644
75	Ricardo Lucas Lopes	1999	LDC	20:02,17	05:55,12	644
77	Henrique Sampaio Garcia	1999	CNPD	20:08,73	06:00,17	626
78	Bernardo Jose Dionisio	1999	SFGP	20:07,51	06:02,51	622
79	Hugo Edgar Miranda	1999	EDV	20:28,25	05:56,08	620
80	Jose Nuno Mendes	1999	SCB	21:12,84	05:43,42	619
81	Diogo Henrique Camacho	1999	AEJ	20:16,75	06:01,78	616
82	Ruslan Prokopiv	1999	CNL	20:38,99	05:55,86	612
83	Jose Nuno Sousa	1999	NSCG	20:09,56	06:08,45	608
83	Francisco Santos Valfreixo	1999	SCM	19:49,82	06:16,78	608
85	Goncalo Carqueja Coelho	1999	FCP	20:34,64	06:03,40	598
86	Martim Moniz Silva	1999	CNF	20:41,83	06:02,67	593
87	Tiago Correia Faustino	1999	CNAL	20:51,28	06:00,10	592
88	Gustavo Gurito Araujo	1999	CNAC	20:58,10	05:59,24	589
89	Francisco Luis Pereira	1999	EDL	20:47,06	06:05,39	583
90	Jose Ricardo Ribeiro	1999	FCP	21:12,37	05:57,97	582
91	Francisco Dinis Tejo	1999	AMINAT	20:48,76	06:07,49	578
92	Bernardo Fernandes Aguiar	1999	AVQA	20:10,35	06:23,64	577

93	Goncalo Santos Cunha	1999	AVFC	21:40,31	05:54,31	572
94	Jose Guilherme Teixeira	1999	AVFC	21:29,50	05:58,09	570
95	Carlos Daniel Goncalves	1999	SCB	20:47,57	06:12,97	567
96	Luis Diogo Luz	1999	GCVR	20:53,56	06:11,08	566
97	Diogo Alexandre Pacheco	1999	CAFBDP	20:45,76	06:18,73	557
98	Francisco Oliveira Madeira	1999	NSCG	21:25,97	06:05,51	555
99	Antonio Maria Pereira	1999	PIMP	21:29,21	06:05,20	554
99	Joao Pedro Teves	1999	CAFBDP	21:22,75	06:07,23	554
101	Ruben Morais Luis	1999	VNC	21:14,23	06:10,88	552
102	Joao Tiago Almeida	1999	VS	20:30,89	06:28,54	551
103	Nuno Miguel Azevedo	1999	CDE	21:18,89	06:10,66	549
104	Pedro Saraiva Silva	1999	CFV	21:24,41	06:11,21	544
105	Igor Emanuel Oliveira	1999	SCE	21:40,40	06:07,27	542
106	Francisco Jorge Rodrigues	1999	SSCMB	21:03,73	06:21,96	538
107	Joao Nunes Cotrim	1999	CNF	21:59,28	06:08,03	529
108	Alexandre Freixo Melo	1999	EDV	21:41,73	06:13,58	528
109	Miguel Aguiar Silva	1999	CDCA	21:46,25	06:13,16	526
110	Jose Diogo Jesus	1999	ACADES	21:11,98	06:26,90	523
111	Lino Ricardo Oliveira	1999	CDF	22:19,84	06:06,10	521
112	Luis Carlos Pires	1999	GCVR	21:51,92	06:17,19	515
113	Henrique Viegas Cunha	1999	NSIT	21:43,51	06:20,44	514
114	Tomas Mota Domingues	1999	CDF	22:36,06	06:06,54	511
114	Rui Nuno Gomes	1999	SCB	21:36,85	06:23,92	511
116	Diogo Estevao Meneses	1999	CACRCCD	22:10,24	06:14,85	507
117	Joao Manuel Santos	1999	CFV	22:27,70	06:12,40	502
118	Joel Sousa Figueiras	1999	CAPGE	22:01,43	06:21,18	501
119	Guilherme Joao Gaspar	1999	CNP	22:18,84	06:18,14	496
120	Francisco Andre Ferreira	1999	CNMC	22:01,87	06:24,30	495
120	Joao Miguel Vale	1999	NSCG	21:49,77	06:28,82	495
122	Diogo Rodrigues Leitao	1999	ANAR	22:41,88	06:14,23	492
123	Daniel Estevao Meneses	1999	CACRCCD	22:13,68	06:24,65	487
124	David Antonio Carvalho	1999	CNTEJO	21:56,41	06:35,40	480
125	Pedro Jaime Soares	1999	CNMC	22:27,81	06:25,52	477
126	Daniel Marques Pedro	1999	OC	21:42,24	06:44,30	475
127	Joni Leandro Pereira	1999	CDN	23:06,11	06:29,21	451
128	Hugo Rafael Montalvao	1999	NCC	23:17,44	06:31,95	441
129	Bernardo Mendes Sousa	1999	NSIT	22:52,16	06:43,08	436
130	Jose Rafael Matias	1999	GCVR	23:02,68	06:40,39	435
131	Luis Miguel Monteiro	1999	CNCA	22:55,92	06:46,22	429
131	Goncalo Carneiro Almeida	1999	CFV	23:13,48	06:40,78	429
133	Tomas Jose Agostinho	1999	BUZIOS	23:43,76	06:39,79	416
134	Vasco Leal Brito	1999	CLAC	24:00,44	06:39,61	409
135	Edgar Ribau Melo	1999	CAPGE	24:07,27	06:38,46	408
136	Goncalo Neves Martins	1999	CNVA	24:33,65	06:50,68	379
137	Guilherme Raposo Rego	1999	PORTIN	24:34,41	06:55,69	372
138	Pedro Pereira Lopes	1999	BUZIOS	24:17,44	07:17,36	354
139	Rui Vaz Rodrigues	1999	SCM	25:00,26	07:04,55	351
140	Tomas Perdigao Ribeiro	1999	ANAR	25:32,17	07:10,10	334



Torneio Regional de Fundo Para Infantis e Juvenis
Época 2012 / 2013



Masculinos, Infantis B

RANK	NOME	ANO	CLUBE	1500 L	400 E	FINA 2012
1	Andre Vilas Ruivo	2000	DNMG	18:10,85	05:13,73	895
2	Diogo Leal Dantas	2000	SCP	18:42,51	05:15,11	851
3	Miguel Angelo Santos	2000	GDNVNF	19:03,14	05:31,10	770
4	Jorge Jesus Silva	2000	SCB	19:45,25	05:25,68	746
5	Jose Pedro Freitas	2000	CSB	19:31,10	05:31,03	742
6	Jose Tomas Simeao	2000	SFUAP	19:40,74	05:32,14	729
7	Afonso Guilherme Jesus	2000	SCP	20:08,44	05:39,25	682
8	Miguel Diogo Agostinho	2000	FBSC	19:38,58	05:51,85	674
9	Joao Tiago Rainho	2000	CGA	20:26,41	05:40,38	664
10	Dany Pedro Caille	2000	SCB	19:38,68	05:58,70	657
11	Jose Paulo Lopes	2000	SCB	20:09,85	05:51,31	647
12	Rafael Gomes Simoes	2000	EMDB	20:19,12	05:50,73	641
13	Henrique Peralta Villaret	2000	SCP	20:02,95	05:56,97	639
13	Ricardo Costa Santos	2000	EMDB	20:29,34	05:47,99	639
15	Jose Pedro Antunes	2000	CGA	20:14,09	05:54,05	637
16	Francisco Xavier Tomas	2000	CNAL	20:12,03	05:57,60	630
17	Joao Miguel Nunes	2000	GESP	20:45,89	05:47,60	627
18	Lucas Pereira Bastos	2000	CNAC	20:48,25	05:49,82	620
18	Rui Jorge Lopes	2000	CLAC	20:25,40	05:57,01	620
20	Rui Alexandre Ramos	2000	FCP	20:37,07	05:53,99	618
21	Duarte Rodrigues Braz	2000	CNMC	20:47,46	05:51,37	617
21	Filipe Miguel Santo	2000	GESL	20:22,03	05:59,15	617
23	Rafael Rodrigo Neto	2000	ASSSCC	20:26,85	05:57,92	616
24	Nuno Correia Sousa	2000	FCP	20:02,36	06:08,57	613
25	David Coelho Silva	2000	CNAC	20:23,61	06:03,60	606
26	Ruben Samuel Alves	2000	SCP	20:58,83	05:54,65	599
27	Claudio Alexandre Rodrigues	2000	LDC	20:48,32	06:00,46	593
28	David Dias Lima	2000	CFV	20:49,44	06:01,97	589
29	Diogo Puidival Marques	2000	EMDS	21:03,93	05:59,79	584
30	Goncalo Santos Oliveira	2000	VNC	21:04,54	05:59,93	583
31	Rafael Alexandre Garrido	2000	GESL	20:42,89	06:08,09	580
32	Diogo Pratas Maia	2000	ASSSCC	21:17,08	05:58,30	577
33	Sergio Filipe Travanca	2000	FCP	21:38,16	05:53,77	574
34	Diogo Vicente Custois	2000	BSCN	21:35,32	05:55,74	572
35	Tiago Miguel Pereira	2000	CNOL	20:53,68	06:08,85	571
36	Bernardo Antunes Augusto	2000	EMDS	21:02,88	06:10,81	561
37	Jose Carlos Burecas	2000	BUZIOS	21:01,39	06:11,73	560
38	Pedro Guilherme Ferreira	2000	CNMC	20:54,89	06:13,89	559
39	Bruno Miguel Sousa	2000	LSC	21:13,15	06:08,74	557
40	Joao Baptista Marques	2000	CNAC	21:22,11	06:07,47	554
41	Joao Filipe Cotovio	2000	CFE	21:38,72	06:02,87	553
42	Pedro Manuel Grilo	2000	AMINAT	21:38,93	06:03,36	552
42	Miguel Goncalves Frade	2000	CNTN	21:32,18	06:05,14	552

44	Miguel Serrao Santos	2000	VS	21:31,04	06:06,98	549
45	Joao Nazario Carvalho	2000	CNTN	20:45,87	06:27,24	541
46	Goncalo Reconha Marques	2000	DNMG	21:26,77	06:12,50	540
47	Joao Jose Almeida	2000	FCP	21:19,94	06:15,24	539
48	Diogo Oliveira Andrade	2000	AEJ	21:32,68	06:11,85	538
49	Bruno Miguel Pinto	2000	FCP	21:19,06	06:18,12	534
50	Bernardo Marques Goncalves	2000	CGA	21:11,06	06:23,65	530
50	Porfirio Braga Nunes	2000	CFV	21:18,57	06:20,21	530
52	Alexandre Pereira Morgado	2000	DNMG	21:35,85	06:16,76	526
53	Joao Cruz Castro	2000	CSM	21:45,88	06:14,04	524
54	Sebastiao Mendes Gomes	2000	PIMP	21:18,10	06:24,74	523
55	Francisco Alberto Lucas	2000	AAC	22:08,33	06:12,81	514
56	Francisco Joao Pires	2000	SCM	21:58,52	06:16,16	513
57	Pedro Alexandre Correia	2000	PIMP	22:19,04	06:16,05	500
58	Manuel Machado Cacador	2000	SCM	22:54,17	06:09,45	495
59	Andrei Iulian Zinca	2000	CAPGE	22:52,23	06:10,83	493
59	Pedro Bernardo Araujo	2000	AAC	22:06,95	06:23,28	493
61	David Antunes Santos	2000	CLAC	21:55,39	06:28,02	492
62	Goncalo Duarte Santos	2000	CNFA	22:06,67	06:27,25	487
62	Goncalo Martins Costa	2000	GCF	22:41,25	06:16,55	487
62	Pedro Pereira Calvao	2000	NCC	22:14,51	06:24,75	487
65	Sebastiao Peralta Oliveira	2000	CGA	22:15,31	06:26,44	484
65	Ricardo Jorge Teixeira	2000	CNMAIA	22:58,19	06:13,62	484
67	Manuel Maria Ferraz	2000	PIMP	22:20,44	06:31,15	473
68	Manuel Sardinha Duarte	2000	ADBA	21:45,45	06:45,00	472
69	Tiago Miguel Novais	2000	EDV	21:58,02	06:42,31	468
70	Miguel Filipe Gambutas	2000	CFE	23:03,40	06:23,34	463
71	Henrique Miguel Cruz	2000	CNTN	22:21,88	06:37,90	461
72	Henrique Braga Salvador	2000	SFUS	22:41,40	06:32,18	459
73	Afonso Fernandes Pereira	2000	CNMAIA	22:26,48	06:37,62	458
74	Pedro Miguel Silva	2000	LDC	22:30,73	06:37,93	456
75	Eduardo Belo Agostinho	2000	BSCN	23:45,65	06:19,81	450
76	Eduardo Jesus Almeida	2000	AVFC	23:17,71	06:27,53	448
77	Luis Pedro Farinha	2000	CCDPCMS	22:18,06	06:50,22	445
78	Rui Amado Costa	2000	CNMC	23:09,65	06:32,07	444
79	Joao Afonso Goncalves	2000	CLAC	22:40,63	06:42,25	443
80	Ruben Silva Paiva	2000	CDF	22:23,71	06:50,22	442
81	Joao Filipe Pereira	2000	CNAL	23:07,47	06:39,45	434
81	Dinis Sa Fernandes	2000	EDL	22:40,28	06:49,11	434
83	Duarte Fontainhas Cardigo	2000	AVQA	22:51,06	06:45,49	433
84	Tiago Andre Jorge	2000	ADBA	22:53,15	06:46,06	432
85	Vasco Mimoso Luis	2000	AAC	23:28,16	06:38,35	426
86	Pedro Goncalves Furtado	2000	CNPD	23:29,36	06:38,22	425
87	Guilherme Duarte Pereira	2000	EMDB	23:29,15	06:45,60	414
88	Joao Pedro Cardoso	2000	CAFBDP	23:33,31	06:46,44	411
89	Luis Pereira Pina	2000	ADBA	23:42,53	06:45,61	408
90	Goncalo Gualberto Barbara	2000	PORTIN	23:50,60	06:44,33	406
91	Fernando Miguel Ribeiro	2000	GCVR	23:42,42	06:50,14	402
92	Miguel Marques Vaz	2000	SCE	23:23,54	06:59,31	399

93	Goncalo Lemos Lima	2000	EDL	24:05,05	06:48,33	394
94	Andre Castro Branco	2000	EDV	24:55,14	06:35,88	393
95	David Jose Carpinteiro	2000	CNTEJO	23:40,75	06:59,38	391
95	Marcos Pereira Goncalves	2000	EDL	23:59,82	06:51,94	391
97	Goncalo Alves Santos	2000	FBSC	23:17,85	07:07,88	390
98	Tomas Camilo Arsenio	2000	PORTIN	24:21,87	06:51,09	384
99	Diogo Miguel Machado	2000	CLAC	23:37,09	07:06,37	383
100	Afonso Furtado Tavares	2000	CAFBDP	24:15,36	07:00,90	374
101	Joao Miguel Coelho	2000	CDN	24:32,48	07:01,29	366
102	Joao Francisco Valente	2000	NSIT	24:30,87	07:07,66	359
103	Joao Magro Nogueira	2000	EDV	25:15,98	07:09,15	341
104	Bruno Renato Amorim	2000	EDL	26:06,66	07:00,45	334
105	Goncalo Miguel Passareiro	2000	CEN	25:22,76	07:13,93	332
106	Leonardo Duarte Dias	2000	SSCMB	25:40,68	07:13,72	327
107	Joao Pedro Abreu	2000	CDCA	25:50,55	07:13,96	323
108	Telmo Sequeira Baltazar	2000	CAPGE	26:52,86	07:00,13	322
109	Diogo Miguel Teodoro	2000	BUZIOS	24:51,89	07:37,97	320
110	Filipe Asseiceira Ramos	2000	CNTN	26:14,01	07:14,57	316
111	Joao Tome Neves	2000	NSIT	24:59,43	07:51,41	306
112	Miguel Jose Fialho	2000	BSCN	26:04,29	07:28,77	304
113	Claudio Andre Jesus	2000	NCC	25:53,40	07:39,48	297
114	Duarte Miguel Belem	2000	NSIT	26:42,99	07:35,19	287



Torneio Regional de Fundo Para Infantis e Juvenis
Época 2012 / 2013



Femininos, Juvenis

RANK	NOME	ANO	CLUBE	800 L	400 E	FINA 2012
1	Rita Costa Amador	1999	CGA	09:30,23	05:11,70	1200
2	Ana Beatriz Martins	1999	GDNVNF	09:35,85	05:14,41	1167
3	Madalena Gomes Azevedo	1999	SAD	09:39,56	05:17,12	1141
4	Barbara Coimbra Teodosio	1999	DNMG	09:37,62	05:19,25	1136
5	Mariana Alexandre Oliveira	1999	FCP	09:34,65	05:22,45	1129
6	Sara Patricia Sousa	1999	ACRTC	09:47,53	05:16,12	1123
7	Tamila Hryhorivna Holub	1999	SCB	09:32,10	05:26,11	1119
8	Joana Cristina Fernandes	1999	CNA	09:42,05	05:27,71	1081
9	Ana Carolina Carraco	1999	JFP	09:48,57	05:27,06	1065
10	Joana Beatriz Bernardo	1999	FBSC	09:39,26	05:36,87	1050
11	Maria Beatriz Dias	1999	VS	10:04,40	05:23,29	1041
12	Beatriz Paulo Ranito	1999	SCP	09:49,31	05:35,08	1027
13	Mariana Soares Martinho	1999	VS	09:56,97	05:31,99	1020
14	Ana Estevinha Silva	1999	GCF	10:00,79	05:30,22	1017
15	Catarina Reis Silva	1999	SCB	10:01,10	05:31,28	1012
16	Ines Maria Pereira	1999	LSC	09:53,30	05:37,51	1006
17	Beatriz Barros Carmo	1999	CNCVG	09:50,41	05:39,67	1005
18	Ines Maria Neves	1999	FCP	09:57,05	05:36,96	998
19	Sara Mafra Rocha	1999	CNAL	10:11,20	05:29,23	996
20	Ana Pires Brito	1999	ADRCIMM	09:50,78	05:42,90	992
21	Sara Costa Guerra	1999	SCP	10:10,16	05:31,19	989
22	Maria Santos Silva	1999	DNMG	10:00,17	05:38,66	983
23	Ana Caetano Oliveira	1999	LSC	09:52,34	05:46,91	973
24	Ana Miguel Pinto	1999	VNC	10:13,76	05:36,06	960
24	Ana Beatriz La Feria	1999	FCP	10:06,60	05:40,15	960
26	Maria Ana Monge	1999	SCP	10:21,02	05:33,59	953
27	Ana Claudia Rosa	1999	CNA	10:07,40	05:42,24	950
28	Filipa Sousa Pinheiro	1999	SCP	10:11,22	05:43,41	937
29	Maria Joao Domingues	1999	DNMG	10:02,15	05:51,00	932
30	Ana Sofia Ferreira	1999	PIMP	10:30,45	05:34,08	930
30	Rita Goncalves Passinhas	1999	CNA	10:23,28	05:37,77	930
32	Ana Oliveira Silva	1999	CNA	10:14,04	05:43,52	929
33	Mariana Frazao Saraiva	1999	SAD	10:17,51	05:42,05	927
34	Catarina Costa Fernandes	1999	CNOL	09:53,14	06:00,89	923
35	Margarida Sobral Pimenta	1999	CNA	10:09,25	05:48,96	921
35	Carina Rodrigues Marinho	1999	FOCA	10:12,81	05:46,52	921
37	Ines Margarida Costa	1999	SCP	10:30,14	05:36,71	919
38	Mariana Pinto Angelo	1999	AAC	10:15,59	05:46,24	915
38	Filipa Carreira Alves	1999	SFUAP	10:25,87	05:40,00	915
40	Matilde Pereira Martins	1999	ACDCBR	10:25,90	05:40,21	914
41	Ines Rocha Nunes	1999	GCF	10:23,79	05:42,47	910
42	Ana Margarida Salgueiro	1999	CNAB	10:24,84	05:42,21	909
43	Isabel Margarida Boleo	1999	SCP	10:31,34	05:38,94	908

44	Sandra Patricia Oliveira	1999	GCF	10:29,95	05:40,87	904
45	Beatriz Lopes Pinto	1999	AAC	10:24,60	05:43,98	903
46	Beatriz Antunes Carvalho	1999	ADRCIMM	10:37,24	05:39,91	891
47	Mariana Pernetá Lima	1999	CNF	10:31,86	05:44,01	886
48	Catarina Rego Borges	1999	CAFBDP	10:25,48	05:50,69	876
49	Lara Alexandra Vaz	1999	EDV	10:32,61	05:48,31	869
50	Eva Guerreiro Carvalho	1999	ANSE	10:21,05	05:56,02	868
51	Ana Mafalda Duarte	1999	ASSSCC	10:41,98	05:44,44	864
52	Sarah Dias	1999	CLAC	10:28,13	05:54,62	857
53	Leonor Paiva Ruiz	1999	CFV	10:36,79	05:50,95	851
54	Carolina Cameira Sousa	1999	VNC	10:33,57	05:53,25	850
55	Beatriz Castanheira Dias	1999	AAC	10:44,25	05:47,29	849
56	Marta Silva Felix	1999	SCA	10:54,99	05:44,20	840
57	Mariana Freitas Rocha	1999	CSM	10:31,71	05:58,55	836
58	Joana Raquel Simoes	1999	GRVM	10:42,78	05:52,75	833
59	Sofia Dias Alves	1999	CNMJ	10:52,29	05:49,30	826
60	Ana Vanessa Duarte	1999	ASSSCC	10:55,73	05:48,44	823
61	Margarida Pamplona Evangelho	1999	NSIT	10:58,00	05:47,59	822
62	Mariana Pereira Silva	1999	VNC	10:54,42	05:57,30	794
63	Raquel Simoes Duque	1999	GCF	10:52,38	05:59,36	792
64	Joana Viegas Bento	1999	ACDCBR	10:50,92	06:01,26	789
65	Cristiana Daniela Silva	1999	CNMC	10:55,19	05:59,54	786
66	Maria Beatriz Diogo	1999	CNAB	11:06,99	05:53,51	785
67	Bianca Filipa Silva	1999	CNMC	10:56,18	05:59,50	784
68	Daniela Filipa Mira	1999	ACADES	10:30,78	06:21,26	773
69	Joana Sofia Amado	1999	CNCA	10:49,35	06:10,44	764
69	Filipa Maria Eusebio	1999	CFV	10:57,24	06:05,51	764
71	Carolina Costa Fernandes	1999	CNOL	10:53,68	06:09,52	759
72	Diana Romao Fialho	1999	TAC	11:00,39	06:08,01	750
73	Ana Sofia Afonso	1999	EDV	11:07,38	06:04,58	749
74	Ana Beatriz Fonseca	1999	AAC	11:01,89	06:10,09	742
75	Ana Barbara Oliveira	1999	JFP	11:09,23	06:06,47	740
76	Leonor Castanheira Pedras	1999	PIMP	10:59,29	06:13,03	738
77	Mariana Gomes Dias	1999	GCF	11:07,11	06:15,51	718
78	Sara Ramos Castelo	1999	SCE	11:07,40	06:15,72	717
79	Sofia Alexandra Rodrigues	1999	EFC	11:10,55	06:15,71	712
80	Mariana Narciso Fidalgo	1999	AVQA	11:01,38	06:26,34	701
81	Ines Eira Pereira	1999	AEJ	11:26,61	06:10,93	699
82	Ana Margarida Gomes	1999	CDN	11:27,81	06:11,51	695
83	Catarina Azevedo Nobrega	1999	GCVR	11:05,51	06:31,60	681
84	Gabriela Silva Sanhudo	1999	CDE	11:29,18	06:18,99	673
85	Mariana Leal Lopes	1999	ACDCBR	11:16,09	06:28,15	672
86	Emilia Matos Pereira	1999	FBSC	11:23,53	06:24,04	670
87	Madalena Caetano Azevedo	1999	CSM	11:51,54	06:09,31	668
88	Ines Pinho Coelho	1999	CDF	11:47,54	06:13,87	661
89	Joana Patricia Dias	1999	CNAC	11:35,33	06:20,81	660
90	Patricia Cabral Monteiro	1999	CGA	11:25,91	06:28,10	656
91	Catarina Maria Silva	1999	ESJB	11:36,59	06:22,80	653
92	Carolina Leal Serra	1999	CNTN	11:39,16	06:22,26	650

93	Ana Miguel Arrojado	1999	CDE	11:28,93	06:29,53	647
94	Ana Luisa Silva	1999	CACRCCD	11:33,17	06:28,06	645
95	Carolina Miguel Marques	1999	CNTEJO	11:55,30	06:19,23	636
96	Mariana Amaro Sousa	1999	EDL	11:41,48	06:33,54	620
97	Ana Carolina Silva	1999	EDL	11:46,94	06:34,27	611
97	Isabel da Luz Fonseca	1999	CNPD	11:38,48	06:39,82	611
99	Iris Maria Rola	1999	CNLA	11:48,41	06:34,69	608
100	Margarida Maria Pereira	1999	CNLA	11:33,69	06:45,82	606
101	Carina Bento Freitas	1999	AEJ	12:12,10	06:23,15	605
102	Patricia Silva Conceicao	1999	CNAB	12:07,35	06:26,96	601
103	Gabriela Martins Oliveira	1999	SAA	11:55,97	06:37,03	593
104	Ines Fernandes Moutinho	1999	CLAC	11:58,84	06:35,98	592
105	Bruna Marisa Fonseca	1999	EMDB	12:03,13	06:37,60	582
106	Sofia Alexandra Picao	1999	CLAC	12:27,70	06:25,74	581
107	Daniela Sofia Antunes	1999	CCDPCMS	12:01,77	06:39,85	580
108	Ana Maria Sousa	1999	EDL	12:21,98	06:38,01	560
109	Carolina Pacheco Alves	1999	CAFBDP	12:08,88	06:48,02	554
110	Joana Parente Faria	1999	EDV	12:13,09	06:50,14	545
111	Mariana Anastacio Costa	1999	CAFBDP	12:16,59	06:58,37	526
112	Joana Sofia Bica	1999	CLAC	12:46,76	06:50,68	508
113	Laura Tovela Pereira	1999	CDN	12:36,12	07:16,81	476
114	Rosa Maria Lopes	1999	SSCMB	13:05,72	07:03,07	468
115	Daniela Oliveira Silva	1999	ADPB	13:51,00	06:46,80	462
116	Ines Santos Magalhaes	1999	CDE	13:01,02	07:12,30	458
117	Alexandra Sousa Goncalves	1999	ANAR	13:02,11	07:16,93	450
118	Laura Machado Silva	1999	GSC	14:02,31	07:29,47	385
119	Joana Almeida Carrilho	1999	SCCM	14:48,79	08:01,86	320
120	Clara Sofia Barros	1999	CDN	15:32,00	09:02,01	251



Torneio Regional de Fundo Para Infantis e Juvenis
Época 2012 / 2013



Femininos, Infantis A

RANK	NOME	ANO	CLUBE	800 L	400 E	FINA 2012
1	Monica Seara Domingues	2000	DNMG	09:51,87	05:20,96	1085
2	Maria Francisca Cabral	2000	FCP	09:49,28	05:23,88	1078
3	Ana Miguel Reis	2000	ASSSCC	09:59,41	05:21,50	1063
4	Teresa Miguel Veloso	2000	CNAC	10:03,58	05:26,65	1027
5	Catarina Martins Mestre	2000	SCP	10:03,38	05:30,37	1010
6	Raquel Gomes Pereira	2000	SAD	10:22,05	05:25,10	989
7	Laura Sanchez Rodrigues	2000	SAD	10:03,29	05:37,11	982
8	Ines Rocha Silva	2000	CNAL	10:16,73	05:29,83	979
9	Ana Rita Faria	2000	FCP	10:01,94	05:39,03	977
10	Margarida Reconha Marques	2000	DNMG	10:11,46	05:33,87	974
11	Ines Silva Bernardo	2000	ADRCIMM	10:24,43	05:34,22	943
12	Carolina Pastor Escada	2000	AMINAT	10:23,70	05:38,89	925
13	Margarida Valente Orrico	2000	SFUAP	10:16,85	05:45,11	916
14	Alexandra Jesus Santos	2000	LSC	10:26,90	05:44,95	894
15	Rafaela Araujo Silva	2000	GDNVNF	10:35,03	05:40,90	892
16	Maria Ines Ferreira	2000	CNMC	10:32,37	05:43,68	887
17	Laura Catarina Abreu	2000	CDN	10:24,71	05:49,60	882
18	Ines Silva Oliveira	2000	LSC	10:23,87	05:56,90	859
19	Maria Tome Fialho	2000	CNA	10:24,18	05:56,87	858
20	Carolina Maeiro Augusto	2000	CNOL	10:43,40	05:46,56	854
20	Mariana Simoes Antunes	2000	SCP	10:55,98	05:40,07	854
22	Daniela Filipa Sampaio	2000	ASC	10:50,62	05:43,62	851
23	Mariana Silva Ramos	2000	SCP	10:42,05	05:49,84	844
24	Ana Madalena Mendes	2000	SCP	10:37,49	05:53,69	841
25	Beatriz Valadas Bilro	2000	AMINAT	10:48,28	05:50,80	829
26	Mafalda Di Martino Serafim	2000	SCP	10:37,71	05:57,68	826
27	Ines Jacinto Henriques	2000	PIMP	10:36,66	06:02,26	814
28	Maria Joao Sousa	2000	SCE	10:50,18	05:54,17	813
29	Sofia Campos Costa	2000	GRVM	10:40,72	06:01,81	807
30	Claudia Isabel Martins	2000	AVFC	10:47,75	05:57,81	806
30	Adriana Marisa Figueiredo	2000	GDNVNF	10:43,70	06:00,12	806
32	Margarete Leandro Fernandes	2000	CNMC	10:44,54	06:01,16	801
32	Lara Ferreira Martins	2000	DNMG	10:45,21	06:00,95	801
34	Ines Bicho Fadista	2000	AMINAT	10:45,46	06:01,16	800
35	Joana Mota Correia	2000	PIMP	11:04,16	05:51,35	798
36	Vera Ines Aguilar	2000	CDN	10:29,69	06:14,17	794
37	Carla Laranjeira Marques	2000	CGA	10:32,57	06:13,26	791
38	Ines Figueira Santos	2000	SFUAP	10:47,45	06:03,34	789
39	Iara Mesquita Costa	2000	JFP	10:50,97	06:01,80	787
40	Ana Oliveira Ferreira	2000	AVQA	10:49,91	06:03,24	785
41	Telma Machado Silva	2000	LDC	11:04,85	05:54,95	784
42	Mariana Figueiras Matos	2000	SCP	10:47,52	06:07,32	776
43	Beatriz Jong Rosa	2000	CDN	10:48,44	06:07,38	775

44	Beatriz Martins Avila	2000	TAC	10:59,84	06:00,70	774
45	Eliana Dirce Lourenco	2000	CGA	10:58,24	06:03,84	767
46	Alice Maria Lopes	2000	SFUAP	10:57,09	06:04,93	766
47	Matilde Correia Vieira	2000	CNAL	11:06,02	06:00,32	765
48	Helena Neto Costa	2000	GESP	10:59,93	06:05,28	759
49	Daniela Margarida Pinto	2000	CNMC	10:54,94	06:08,68	758
50	Lara Silva Jordao	2000	DNMG	10:54,83	06:10,35	755
51	Ana Catarina Santos	2000	SFUS	10:48,48	06:15,54	752
52	Iris Cunha Santos	2000	FCP	10:56,54	06:10,49	750
53	Filipa Andreia Silva	2000	CNAL	11:20,25	05:58,74	746
54	Maria Luz Direitinho	2000	LDC	11:12,22	06:03,16	745
55	Maria Leonor Gomes	2000	CDN	10:40,81	06:25,97	741
56	Maria Beatriz Jorge	2000	CNAC	10:58,19	06:14,36	737
57	Ines Rosado Monteiro	2000	CNVA	11:10,79	06:07,27	735
58	Andreia Brito Pereira	2000	GRVM	11:09,72	06:09,80	729
59	Rita Goncalves Marieiro	2000	CGA	11:06,53	06:12,31	728
60	Patricia Palmeiro Baeta	2000	VS	11:06,31	06:13,13	726
61	Maria Rocha Ascencao	2000	FCP	11:02,75	06:17,06	721
62	Lara Alexandra Delgado	2000	CNTN	11:14,79	06:10,16	720
63	Ines Isabel Graca	2000	SFGP	10:58,85	06:21,83	716
64	Mariana Nunes Domingos	2000	VS	11:26,87	06:07,12	710
65	Barbara Guerra Pisco	2000	AVQA	10:47,19	06:34,57	708
66	Ana Cristina Afonso	2000	VNC	11:22,17	06:11,37	705
67	Sofia Alexandra Nunes	2000	CL	11:28,37	06:08,79	702
68	Luisa Ribeiro Lino	2000	CNFA	11:21,69	06:13,60	700
68	Mafalda Alexandra Cabaca	2000	VS	11:22,61	06:12,67	700
70	Mariana Sanganha Pita	2000	EFC	11:22,53	06:16,74	689
70	Joana Almeida Rainha	2000	CFV	11:44,54	06:05,35	689
72	Ana Sofia Ramos	2000	FCP	11:11,96	06:28,06	678
73	Ana Joao Martins	2000	SCM	11:30,53	06:19,89	669
74	Ana Luis Rodrigues	2000	CDCA	11:37,99	06:16,12	668
75	Ana Francisca Senra	2000	EMDB	11:41,00	06:15,01	667
76	Rafaela Sofia Mateus	2000	CNAC	11:27,56	06:22,54	666
77	Francisca Azevedo Dourado	2000	CFV	11:33,55	06:23,43	655
78	Francisca Ribeiro Nogueira	2000	FCP	11:46,00	06:19,21	649
79	Sara Vitoria Ramos	2000	FCP	11:25,05	06:32,10	648
80	Viviana Raquel Pires	2000	AVFC	11:32,77	06:30,07	641
81	Elsa Andrade Machado	2000	SCA	11:50,07	06:20,53	639
81	Rita Sousa Cardoso	2000	ANAR	11:35,88	06:28,68	639
83	Barbara Outeiro Posse	2000	SAA	11:26,68	06:35,34	638
84	Joana Martins Pereira	2000	CFV	11:45,52	06:25,34	633
85	Joana Barros Soares	2000	VNC	11:48,22	06:24,72	632
86	Joana Alves Anastacio	2000	EFC	11:36,57	06:32,86	629
87	Francisca Teixeira Baptista	2000	GCVR	12:05,67	06:21,34	617
88	Maria Teresa Silva	2000	SCB	11:41,07	06:38,11	611
89	Ines Filipa Campos	2000	CNAC	11:56,64	06:32,47	603
90	Marta Alexandra Canedo	2000	FCP	12:02,10	06:30,79	600
91	Diana Sofia Mirra	2000	ADBA	12:00,94	06:31,61	599
92	Ana Beatriz Costa	2000	NSIT	11:59,09	06:38,41	586

93	Beatriz Marques Ferreira	2000	CDCA	11:46,18	06:52,81	575
94	Bruna Ferreira Sequeira	2000	SCM	12:06,12	06:40,38	574
95	Ana Carolina Pratas	2000	ACADES	11:41,09	06:57,84	573
95	Beatriz Maria Silva	2000	CNPV	12:08,30	06:39,29	573
97	Adriana Robalo Garcia	2000	CNPV	11:52,25	06:49,76	572
98	Ines Marques Castro	2000	CDE	12:19,12	06:35,96	567
98	Sara Gabriela Pereira	2000	CDF	12:06,25	06:43,04	567
98	Daniela Araujo Oliveira	2000	CNAV	12:14,73	06:38,44	567
101	Rita Baptista Cabral	2000	GCVR	12:00,80	06:47,04	566
102	Ana Margarida Cruz	2000	AMINAT	11:57,17	06:50,91	564
103	Rafaela Almeida Cordeiro	2000	SCM	12:19,27	06:38,16	562
104	Rafaela Campos Oliveira	2000	CFV	11:50,43	06:58,55	559
105	Joana Santos Pereira	2000	CAPGE	12:08,35	06:47,61	556
106	Adriana Carolina Alves	2000	CNAV	12:28,36	06:38,20	552
107	Rita Correia Albergueiro	2000	AEJ	12:26,58	06:41,05	548
108	Beatriz Olaio Leal	2000	SAA	12:13,18	06:53,39	539
109	Teresa Gabriel Nunes	2000	PORTIN	12:36,96	06:46,08	527
110	Francisca Andrade Brito	2000	AEJ	12:41,61	06:45,18	524
111	Jessica Santos Luis	2000	CSM	12:27,11	06:55,04	520
112	Maria Joao Mendonca	2000	CCDPCMS	12:20,71	06:59,86	519
113	Maria Joao Silva	2000	CDE	12:20,20	07:02,06	516
114	Ana Isabel Viveiros	2000	CDN	12:14,21	07:07,66	514
115	Barbara Sucena Riachos	2000	NSCG	12:36,12	06:56,63	508
116	Sara Tavares Baptista	2000	CDF	12:35,87	06:58,30	506
117	Leticia Rossetto Marques	2000	PORTIN	12:33,26	07:00,65	504
118	Andreia Filipa Fernandes	2000	CNAC	12:43,38	06:59,05	496
119	Ana Francisca Bola	2000	CAPGE	12:55,10	06:55,54	491
120	Ana Teresa Silva	2000	CDF	12:59,22	06:56,67	485
121	Neuza Figueiredo Pereira	2000	SFGP	13:00,81	07:02,37	474
122	Mercedes Gomes Fernandes	2000	CAFBDP	12:53,12	07:09,43	470
123	Laura Luis Dias	2000	NSIT	13:07,61	07:05,55	462
124	Ariana Correia Silva	2000	EMDB	13:37,38	06:54,38	457
125	Regina Lopes Bento	2000	CAPGE	13:11,60	07:15,68	444
126	Sara Ines Araujo	2000	EDV	13:11,82	07:23,79	432
127	Maria Joao Eugenio	2000	CAPGE	13:21,34	07:28,18	418
128	Rafaela Silva Ribeiro	2000	CDE	13:21,26	07:34,25	410
129	Ana Rita Madeira	2000	CEN	13:31,52	07:27,94	409
130	Rafaela Brasil Melo	2000	TAC	13:48,10	07:25,80	400
131	Beatriz Moniz Oliveira	2000	CAFBDP	14:02,91	07:34,81	378
132	Lisandra Paulina Henriques	2000	CDN	14:31,42	08:03,87	328
133	Ana Sofia Simas	2000	EDV	15:37,09	07:58,01	300



Torneio Regional de Fundo Para Infantis e Juvenis
Época 2012 / 2013



Femininos, Infantis B

RANK	NOME	ANO	CLUBE	800 L	400 E	FINA 2012
1	Sara Sofia Alves	2001	ASSSCC	10:03,75	05:39,66	969
2	Ines Neto Rocha	2001	GESP	10:23,74	05:36,04	936
3	Filipa Serrano Rodrigues	2001	SFUAP	10:19,44	05:44,33	913
4	Raquel Santos Sousa	2001	SCP	10:31,87	05:51,99	857
5	Andreia Catarina Meireles	2001	CL	10:25,19	05:58,01	852
6	Ana Margarida Guedes	2001	GCVR	10:54,57	05:52,45	811
7	Ines Alves Martins	2001	CFP	10:38,28	06:03,23	808
8	Raquel Antunes Tremoco	2001	SCP	11:01,97	05:54,17	792
9	Maria Carolina Costa	2001	FCP	10:45,64	06:05,46	786
10	Mariana Delicado Correia	2001	SCP	11:01,46	05:57,57	782
11	Teresa Isabel Granjeia	2001	CGA	10:55,68	06:01,24	780
12	Isabel Porfirio Pego	2001	FCP	10:55,30	06:03,94	773
13	Mariana Sobral Galacha	2001	SCP	11:07,85	05:57,67	769
14	Jessica Goncalves Vilaca	2001	SCB	10:59,69	06:08,48	751
15	Barbara Francisco Ferreira	2001	GESL	11:03,49	06:09,36	741
16	Ana Cruz Antunes	2001	SLB	11:01,31	06:15,80	728
17	Miriam Filipe Marcos	2001	CNOL	11:16,03	06:08,81	722
18	Maria Esteves Martins	2001	CGA	11:03,59	06:22,87	705
19	Joana Costa Amador	2001	CGA	10:58,65	06:27,23	704
20	Eva Fernandes Cardoso	2001	FBSC	11:14,89	06:20,21	693
21	Rita Sofia Ferreira	2001	GCF	11:29,84	06:11,76	692
22	Sara Sofia Miranda	2001	SCB	11:23,60	06:16,32	689
23	Beatriz Santos Silva	2001	FCP	11:29,71	06:17,94	675
24	Sofia Filipa Goncalves	2001	LSC	11:39,07	06:13,44	673
25	Mariana Cardoso Costa	2001	CNMAIA	11:27,95	06:20,14	672
26	Marta Sousa Oliveira	2001	CNTN	11:29,71	06:20,92	667
27	Isabel Ferreira Sousa	2001	LSC	11:26,56	06:25,43	661
28	Filipa Bile Grilo	2001	CNA	11:49,64	06:15,57	653
29	Sara Rulin Loureiro	2001	ESJB	11:31,28	06:26,40	652
30	Ana Margarida Branco	2001	SCP	11:33,42	06:26,40	649
31	Francisca Vieira Pais	2001	CGA	11:07,07	06:46,28	648
32	Carolina Ascenso Santos	2001	CNMAIA	11:30,93	06:28,44	647
33	Ines Rodrigues Ferreira	2001	SLB	11:29,28	06:30,10	646
34	Rita Sousa Oliveira	2001	CNTN	11:32,27	06:29,95	641
34	Margarida Malheiro Neves	2001	SCB	11:37,29	06:27,18	641
36	Catarina Miguel Silva	2001	CNFA	11:34,63	06:30,42	637
37	Rafaela Sofia Sobral	2001	CNMJ	11:32,06	06:32,61	636
38	Ines Alexandra Freire	2001	AMINAT	11:46,46	06:27,33	628
39	Rita Carrico Rodrigues	2001	CNAC	11:36,27	06:34,31	626
40	Barbara Vilela Magalhaes	2001	FCP	12:00,98	06:21,61	623
41	Ines Ferreira Duarte	2001	CNAB	11:59,30	06:23,46	620
42	Celeste Santos Ricardo	2001	ANAM	11:23,66	06:47,92	617
43	Joana Daniela Jacinto	2001	CNMAIA	11:34,33	06:43,31	610

44	Maria Ines Melo	2001	SCB	11:55,94	06:32,34	603
45	Francisca Henriques Barreiros	2001	ESJB	11:58,87	06:32,88	599
45	Daniela Fernanda Barbosa	2001	LSC	11:50,27	06:37,75	599
47	Margarida Dias Ferreira	2001	CGA	11:46,09	06:41,85	597
48	Beatriz Santos Reis	2001	CNTN	11:50,42	06:40,52	593
49	Catarina Batista Carmo	2001	AMINAT	11:53,65	06:39,10	591
50	Taisa Moreira Paiva	2001	FBSC	12:01,98	06:34,91	590
51	Mariana Orge de Figueiredo	2001	SLB	11:49,65	06:44,60	586
52	Camila Melro Garcia	2001	SCM	11:59,90	06:43,73	574
53	Adriana Rodrigues Silva	2001	CGA	12:02,95	06:44,46	569
53	Constanca Isabel Jose	2001	SFGP	12:06,94	06:42,27	569
53	Ana Carolina Ferreira	2001	CNMAIA	12:01,09	06:45,68	569
56	Madalena Marques Joaquim	2001	CNA	12:15,09	06:38,18	567
57	Patricia Goncalves Leal	2001	ADBA	12:06,26	06:45,09	563
58	Carolina Mota Correia	2001	PIMP	12:10,83	06:43,69	561
59	Beatriz Reis Fonseca	2001	AEJ	12:28,18	06:37,47	554
59	Mariana Matos Ribeiro	2001	FBSC	12:03,37	06:51,78	554
61	Patricia Costa Cruz	2001	AAC	12:10,11	06:49,30	551
62	Ana Margarida Goncalves	2001	CFV	12:28,06	06:40,35	548
63	Mara Ribeiro Pinto	2001	CDF	12:32,12	06:41,21	542
64	Beatriz Pereira Cunha	2001	AVFC	12:09,77	06:55,68	539
65	Beatriz Ferreira Silva	2001	SCB	12:19,13	06:51,06	537
66	Gabriela Rodrigues Carvalho	2001	AVFC	12:35,06	06:43,68	534
67	Lara Alexandra Carrilho	2001	AVFC	12:32,21	06:49,43	526
68	Ana Margarida Teles	2001	AMINAT	12:16,31	07:00,79	522
69	Margarida Lares Peres	2001	AVFC	12:34,92	06:53,12	516
70	Francisca Pugsley Ferreira	2001	LDC	12:43,29	06:53,50	506
71	Maria Francisca Torcato	2001	AVQA	12:31,97	07:02,97	502
72	Adriana Rosa Ramos	2001	PORTIN	12:37,41	07:00,14	500
73	Rita Daniela Lopes	2001	SFGP	12:21,10	07:12,99	498
74	Ines Pinheiro Melo	2001	SCE	12:41,33	07:04,43	489
74	Beatriz Ribeiro Simoes	2001	CNTN	12:42,93	07:04,08	489
76	Francisca Alexandra Graca	2001	CFV	13:09,13	06:50,31	488
77	Nicia Filipa Ferreira	2001	CDN	12:35,25	07:10,19	487
78	Lucia Goncalves Dias	2001	CNTN	12:50,25	07:01,30	485
79	Ana Andre Pereira	2001	ACADES	12:41,41	07:09,08	482
80	Ana Filipa Veiga	2001	CAPGE	12:52,73	07:06,77	474
81	Luisa Belo Ferreira	2001	BSCN	12:57,83	07:07,58	468
82	Patricia Neves Vaz	2001	CAPGE	13:03,61	07:07,81	463
83	Nair Ribeiro Pinto	2001	CDF	13:09,25	07:06,37	460
84	Carolina Marques Neves	2001	CNTN	13:11,09	07:06,34	458
85	Andreia Rodrigues Castro	2001	CDE	13:04,55	07:10,62	457
86	Jessica Meira Lemos	2001	EDV	13:15,38	07:11,60	447
87	Joana Rocha Anjo	2001	CFV	13:16,45	07:15,30	440
88	Ana Ramalho Silva	2001	SCB	13:20,64	07:20,28	429
89	Kateryna Denysova	2001	FBSC	13:27,81	07:21,47	421
90	Ana Sousa Chula	2001	SAA	13:51,97	07:10,13	420
91	Bianca Oliveira Santos	2001	CNVA	12:57,37	07:48,17	415
92	Beatriz Barros Araujo	2001	ADPB	14:04,47	07:11,71	409
93	Mariana Sebastiao Mendes	2001	PORTIN	13:53,14	07:17,15	408

94	Ana Maria Sousa	2001	CDN	13:20,89	07:37,18	407
95	Ines Comprido Renga	2001	CEN	13:36,08	07:28,57	406
96	Raquel Sofia Almeida	2001	AVFC	14:02,35	07:17,68	402
97	Tatiana Vieira Radamanto	2001	BSCN	13:50,77	07:34,48	387
98	Ana Rita Duque	2001	SAA	14:03,89	07:28,39	386
99	Ana Pimenta Silva	2001	EDV	13:39,98	07:48,39	379
100	Ana Sofia Goncalves	2001	CDCA	14:09,15	07:50,37	355
101	Joana Salgueiro Rodrigues	2001	CDN	15:21,22	08:22,06	285