

Femininos, Juvenis A

RANK	NOME	ANO	CLUBE	FINA 2022	800 L	400 E
1	Constanca Santos Ferreira	2008	Alges	1177	9:36.60	5:06.35
2	Carolina Mendes Nunes	2008	Estarreja/PROZINCO	1090	9:49.41	5:15.41
3	Catarina Maria Lopes	2008	BUZIOS-Coruche	1075	9:40.23	5:23.51
4	Leonor Carvalho Soares	2008	Porto	1073	9:45.51	5:20.79
5	Matilde Catroga Marques	2008	Colegio Monte Maior	1066	9:52.17	5:18.60
6	Diana Gomes Freitas	2008	Amigos Montanha	1060	9:54.61	5:18.39
7	Bruna Filipa Lourenco	2008	O Crasto	1043	9:56.65	5:20.82
8	Ana Carolina Cruz	2008	Famalicao	1039	9:54.07	5:23.09
9	Maria Joao Costa	2008	Vilacondense	1027	10:02.42	5:21.15
10	Leonor Serrao Nascimento	2008	Alges	1017	10:04.70	5:22.04
11	Margarida Maria Luiz	2008	Lagoa AC	1012	9:49.52	5:31.76
12	Maria Saraiva Paixao	2008	Galitos / Bresimar	1005	9:56.99	5:28.80
13	Lara Filipa Pinto	2008	Porto	1003	10:07.96	5:23.36
14	Beatriz Costa Dias	2008	Aquatico Pacense	992	10:08.66	5:25.34
15	Matilde Pinguicha Miranda	2008	Galitos / Bresimar	984	10:11.05	5:25.74
16	Sofia Pereira Jorge	2008	Galitos / Bresimar	981	10:00.95	5:31.91
17	Rita Silva Gomes	2008	Colegio Efanor	979	10:09.32	5:27.66
18	Sofia Teixeira Barbosa	2008	Colegio Efanor	974	10:08.19	5:29.40
19	Rita Rocha Silva	2008	Alcobaca	971	10:11.65	5:28.33
20	Constanca Isabel Carvalho	2008	Alges	959	10:08.27	5:32.83
21	Lara Sofia Fonseca	2008	Academico Viseu	955	10:05.84	5:35.33
22	Luciana Filipa Pinto	2008	Porto	951	10:27.14	5:25.11
23	Luisa Goncalves Rodrigues	2008	Fisica Torres Vedras	930	10:25.31	5:30.59
24	Matilde Andre Luis	2008	Alcobaca	925	10:18.07	5:35.52
25	Patricia Subtil Henriques	2008	Gesloures	918	10:16.99	5:37.70
26	Laura Doellinger Castro	2008	Fafe	916	10:17.42	5:37.94
27	Margarida Ascenso Santos	2008	Propaganda da Natacao	915	10:23.29	5:35.16
28	Marta Oliveira Ferreira	2008	Colegio Vasco da Gama	913	10:22.07	5:36.41
29	Maria Meleiro Goncalves	2008	Galitos / Bresimar	912	10:16.50	5:39.81
30	Laura Carvalho Fernandes	2008	Nautico Academico	911	10:17.40	5:39.33
31	Ana Castro Silva	2008	Famalicao	910	10:24.88	5:35.47
32	Francisca Santos Fernandes	2008	Miranda do Corvo	907	10:17.13	5:40.53
33	Bruna Maria Barbosa	2008	Aquatico Pacense	895	10:29.74	5:36.88
34	Margarida Caninhas Pais	2008	Natacao do Fundao/GIRASSOL	887	10:36.35	5:35.42
35	Marta Matos Laranjeira	2008	Vikings	882	10:22.25	5:44.40
36	Ana Gabriela Silva	2008	Natacao da Maia	882	10:34.99	5:37.21
37	Francisca Lamas Silva	2008	Colegio Efanor	881	10:43.12	5:33.60
38	Joana Pontes Prior	2008	Laranjeiro	880	10:23.98	5:43.86
39	Leonor Oliveira Teixeira	2008	Estarreja/PROZINCO	873	10:30.21	5:42.20
40	Juliana Rodrigues Alves	2008	Desportivo Nacional	870	10:31.62	5:42.19
41	Rita Oliveira Pires	2008	Galitos / Bresimar	869	10:26.19	5:45.47
42	Maria Joao Martins	2008	Fafe	852	10:51.77	5:36.50
43	Teresa Oliveira Santos	2008	Alges	851	10:36.25	5:44.52
44	Maria Rita Rosario	2008	Sanjoanense/FEPSA	850	10:37.32	5:44.22
45	Lara Mota Ferreira	2008	Fafe	841	10:42.89	5:43.68
46	Teresa Bonita Oliveira	2008	Naval Setubalense	835	10:52.11	5:40.93

47	Maria Miguel Resende	2008	Estarreja/PROZINCO	831	10:34.04	5:51.55
48	Maria Madalena Monteiro	2008	Gualdim Pais	830	10:37.25	5:49.89
49	Lis Fatima Melo	2008	Gesloures	822	10:45.93	5:47.23
50	Clarisse Teixeira Teles	2008	Naval Setubalense	817	10:34.21	5:55.39
51	Maria Leonor Moutinho	2008	Natacao da Maia	813	10:44.72	5:50.37
52	Rita Sofia Amaral	2008	Alges	812	10:42.64	5:52.02
53	Ana Jorge Goncalves	2008	Estarreja/PROZINCO	800	10:48.60	5:52.31
54	Leonor Neves Pinto	2008	Sao Joao Ver	790	11:06.11	5:46.18
55	Alana Capela Lyra	2008	Lagoa AC	784	10:47.48	5:57.66
56	Joana Monteiro Caetano	2008	Gesloures	770	11:03.11	5:53.47
57	Maria Ines Fontes	2008	Naval da Horta	735	11:02.73	6:04.85
58	Ines Sande Baptista	2008	Desportivo Nacional	726	11:19.54	5:58.72
59	Maria Goncalves Dias	2008	Fluvial Portuense	720	10:58.50	6:12.80
60	Mariana Medeiros Silva	2008	Naval da Horta	713	11:01.53	6:13.37
61	Camila Silva Chamusco	2008	Pimpoes/Cimai	708	11:10.71	6:09.60
62	Sara Francisca Nobrega	2008	Sao Roque	693	11:11.38	6:14.65
63	Mariana Catarina Gomes	2008	Sao Joao Ver	689	11:09.98	6:17.16
64	Ariana Micaela Bessa	2008	Lousada SXXI	679	11:27.47	6:10.62
65	Carolina Santos Carrilho	2008	CLAC-Entroncamento	651	11:30.37	6:19.74
66	Daniela Santos Carrilho	2008	CLAC-Entroncamento	632	11:42.44	6:20.24
67	Ana Vitoria Lopes	2008	Fafe	630	11:37.78	6:24.26
68	Carlota Pereira Sousa	2008	Viver Santarem	622	11:42.45	6:24.29
69	Joana Isabel Ricardo	2008	Litoral Alentejano	612	11:59.27	6:19.38
70	Ines Gandum Marta	2008	Electrico Clube/ FGil.pt	609	11:39.67	6:31.86
71	Stefania Cosmina Chitic	2008	Elvense	591	11:42.77	6:38.67
72	Maria Beatriz Matos	2008	Estarreja/PROZINCO	584	11:52.67	6:35.42
73	Maria Margarida Vieira	2008	Naval da Horta	569	11:55.09	6:41.35
74	Ligia Maria Jesus	2008	Desportivo Nacional	556	12:05.37	6:41.55
75	Constanca Carvalho Piedade	2008	Uniao Juncalense	527	12:26.88	6:43.85

Masculinos, Juvenis A

RANK	NOME	ANO	CLUBE	FINA 2022	1500 L	400 E
1	Leonardo Jose Cruz	2007	Alcobaca	1214	16:40.21	4:37.24
2	Duarte Ramos Nunes	2007	Galitos / Bresimar	1173	16:41.77	4:43.33
3	Axel Guedes Asmar	2007	Sporting	1165	16:28.00	4:48.94
4	Rafael Miguel Mimoso	2007	Benfica	1156	17:09.87	4:38.36
5	Antonio Miguel Costa	2007	Fafe	1131	16:45.68	4:49.36
6	Gil Afonso Rodrigues	2007	Fluvial Portuense	1101	17:02.44	4:49.45
7	Filipe Manso Laranjo	2007	Desportiva de Viana	1096	16:55.91	4:52.41
8	Duarte Cachulo Marques	2007	Condeixa Clube	1094	16:43.81	4:56.87
9	Miguel Braga Gomes	2007	Sporting	1093	16:52.84	4:53.96
10	Martim Alexandre Silva	2007	Columbofila Cantanhedense	1089	16:58.97	4:52.88
11	Francisco Marques Simoes	2007	CNLeiria	1079	17:17.80	4:48.97
12	Rodrigo Filipe Correia	2007	Porto	1070	17:21.43	4:49.45
13	Daniel Casaca Carvalho	2007	Colegio Vasco da Gama	1065	16:53.20	4:59.31
14	Tomas Rocha Dores	2007	Colegio Efanor	1053	17:39.22	4:47.93
15	Duarte Maria Carreira	2007	Porto	1032	17:16.14	4:58.51
16	Miguel Guedes Ferreira	2007	Porto	1031	17:05.82	5:02.14
17	Joao Dinis Roque	2007	Sporting	1029	17:49.35	4:49.60
18	Goncalo Pereira Colaco	2007	CNLeiria	1025	17:49.13	4:50.41
19	Vicente Dias Maia	2007	Alges	1019	17:31.68	4:56.24
20	Alexandre Dzyakanau	2007	Louzan Natacao/EFAPEL	1010	17:49.37	4:53.02
21	Andre Leitao Costa	2007	Fafe	997	17:35.33	4:59.51
22	Guilherme Mahua Soares	2007	Porto	997	17:08.84	5:08.58
23	Afonso Miguel Nogueira	2007	Braga	995	17:34.79	5:00.12
24	Guilherme Romeira Pinto	2007	Sporting de Espinho	983	17:40.50	5:00.95
25	David Ferreira Silva	2007	Academica de Coimbra	967	17:26.07	5:09.21
26	Afonso Miguel Oliveira	2007	Juventude Atlantico	965	17:46.41	5:03.07
27	Pedro Miguel Pinto	2007	Fafe	964	18:10.44	4:56.57
28	Marco Dimitar Oliveira	2007	Nautico Academico	957	17:05.98	5:19.87
29	Guilherme Corte Costa	2007	Desportivo Nacional	956	17:48.79	5:04.24
30	Alexandre Moreira Dourado	2007	Naval Povoense	953	18:05.81	4:59.90
31	Tiago Miguel Costa	2007	Portinado	952	17:59.26	5:02.03
32	Joao Moura Francisco	2007	CNLeiria	947	17:58.28	5:03.31
33	Francisco Xavier Rita	2007	Vieirense	945	17:33.45	5:12.00
34	Daniel Kamolov	2007	Alges e Agueda XXI	944	18:03.61	5:02.45
35	Joaquim Gabriel Oliveira	2007	Sporting de Aveiro	943	17:43.45	5:09.03
36	Bruno Cesar Gouveia	2007	Sporting	937	17:36.37	5:12.82
37	Daniel Kucheryavenko	2007	Galitos / Bresimar	925	17:54.72	5:09.63
38	Francisco Bernardes Martelo	2007	Porto	925	18:15.37	5:03.44
39	Miguel Lourenco Velhinho	2007	Lagoa AC	913	18:03.96	5:09.41
40	Antonio Rego Arsenio	2007	Alges	911	18:22.34	5:04.52
41	Jose Januario Marques	2007	Pimpoes/Cimai	894	18:21.73	5:08.54
42	Henrique Perez Bressan	2007	Portinado	886	18:43.73	5:04.49
43	Bernardo Pereira Simoes	2007	Torres Novas	885	18:08.61	5:14.60
44	Martim Nuno Lavajo	2007	Academico Viseu	882	18:39.57	5:06.35
45	David Martins Jesus	2007	Sao Roque	881	18:20.68	5:11.84
46	David Martins Carmo	2007	Natacao de Olhao	860	17:43.56	5:31.05

47	Tomas Alexandre Santos	2007	BUZIOS-Coruche	856	17:59.24	5:26.01
48	David Luis Antunes	2007	Fluvial Portuense	853	18:19.50	5:19.43
49	Rafael Dinis Pacheco	2007	Aquatico Pacense	852	18:52.83	5:09.82
50	Afonso Abreu Freitas	2007	Fafe	850	18:34.18	5:15.64
51	Tomas Santos Braga	2007	Colegio Vasco da Gama	835	18:47.37	5:15.40
52	Rodrigo Pinto Oliveira	2007	Sao Joao Ver	834	18:28.12	5:21.88
53	Daniel Santos Carapeto	2007	Nautico Abrantes	824	19:07.05	5:12.88
54	Diogo Filipe Correia	2007	Braga	821	18:27.31	5:25.69
55	Diogo Basilio Alves	2007	Juventude Atlantico	799	18:46.32	5:25.86
56	Afonso Berimbau Fernandes	2007	Juventude Atlantico	777	18:46.07	5:32.27
57	Martim Goncalves Carvalho	2007	Fafe	774	19:17.37	5:23.10
58	Mateus Marques Machado	2007	Benedita	770	18:48.74	5:33.53
59	Simao Pereira Machado	2007	Sporting de Aveiro	760	19:26.54	5:24.63
60	Tiago Dinis Ferreira	2007	Gesloures	758	19:02.78	5:32.26
61	Duarte Rafael Pereira	2007	Sao Joao Ver	754	19:16.60	5:29.34
62	Dinis Martins Mateus	2007	Fluvial Portuense	754	20:10.38	5:15.56
63	Mateus Jose Alves	2007	Bombeiros de Ponta Delgada	737	19:54.83	5:23.85
64	Diogo Miguel Rosado	2007	Desportivo de Mora	734	19:39.85	5:28.37
65	Santiago Pinto Falcao	2007	Atletico Montemor	731	19:24.26	5:33.92
66	Eduardo Pires Tavares	2007	Albicastrense	723	20:17.10	5:22.21
67	Vasco Garcia Alexandrino	2007	Naval da Horta	715	20:09.62	5:26.22
68	Alexandre Miguel Eira	2007	Portinado	705	19:32.72	5:39.82
69	Goncalo Moniz Rebelo	2007	Bombeiros de Ponta Delgada	705	20:06.74	5:29.95
70	Simao Pedro Oliveira	2007	Torres Novas	681	19:23.30	5:52.33
71	Goncalo Miranda Fernandes	2007	Vigor da Mocidade	648	20:25.83	5:43.62
72	Eduardo Soares Oliveira	2007	Ginasio de Vila Real	643	20:25.15	5:45.65
73	Santiago Moura Berenguer	2007	Juventude Atlantico	635	20:26.63	5:48.15
74	Martim Danilo Mendes	2007	Fluvial Portuense	623	20:35.73	5:49.80
75	Afonso Macedo Feijoca	2007	Bombeiros de Ponta Delgada	617	20:35.40	5:52.49
76	Joaquim Eduardo Carvalho	2007	Naval do Funchal	612	19:44.77	6:13.97
77	Henrique Dias Nunes	2007	Desportivo Nacional	607	20:58.72	5:49.39
78	Duarte Costa Nunes	2007	Juventude Atlantico	590	20:22.52	6:08.59
79	Francisco Jose Simoes	2007	Vigor da Mocidade	543	22:08.32	5:56.91
80	Rodrigo Garcia Pereira	2007	Naval da Horta	525	22:41.85	5:56.58
81	Andre Filipe Fernandes	2007	Alcobaca	453	22:12.30	6:43.41



Torneio Nacional de Fundo de Infantis e Juvenis
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Femininos, Juvenis B

RANK	NOME	ANO	CLUBE	FINA 2022	800 L	400 E
1	Lara Catarina Maia	2009	Estarreja/PROZINCO	1089	9:32.05	5:25.82
2	Luana Ferreira Craveiro	2009	Nautico Marinha Grande	1089	9:45.24	5:17.84
3	Leonor Queiroz Goncalves	2009	Braga	1078	9:37.34	5:24.93
4	Teresa Isabel Rodrigues	2009	Foca Quinta da Lixa CNF	1026	10:05.35	5:19.82
5	Beatriz Alves Ambrus	2009	Porto	1020	10:10.30	5:18.73
6	Leonor Mercedes Cavaleiro	2009	Columbofila Cantanhedense	1016	9:57.45	5:26.13
7	Ana Moreira Antunes	2009	Famalicao	998	10:05.34	5:25.74
8	Constanca Baptista Tomas	2009	Alcobaca	992	9:56.48	5:32.10
9	Catarina Soares Araujo	2009	Penafiel	990	10:05.62	5:27.24
10	Filipa Carvalho Galante	2009	Vilacondense	990	10:05.52	5:27.38
11	Raquel Campos Cardoso	2009	Bombeiros de Ponta Delgada	978	9:45.63	5:42.90
12	Francisca Martingo Ricardo	2009	Porto	975	10:07.39	5:29.67
13	Beatriz Silva Jordao	2009	Vikings	968	10:02.70	5:34.05
14	Beatriz Belo Clara	2009	CNLeiria	967	10:12.27	5:28.84
15	Marta Oliveira Silva	2009	Sanjoanense/FEPSA	964	10:04.81	5:33.56
16	Carolina Correia Martins	2009	Porto	958	10:10.76	5:31.85
17	Annabela Veronika Farcas	2009	Naval de Faro	951	10:07.69	5:35.08
18	Madalena Valente Moreira	2009	Colegio Efanor	951	10:00.33	5:39.89
19	Sofia Carlos Arede	2009	Sporting	946	10:20.51	5:29.28
20	Ines Carvalhinho Ribeiro	2009	Natacao da Maia	943	10:19.97	5:30.28
21	Laura Brites Costa	2009	Rio Maior	941	10:08.53	5:37.06
22	Alana Costa Matias	2009	Uniao Coimbra	938	10:14.57	5:34.46
23	Francisca Ramos Nunes	2009	Naval de Peniche	927	10:10.63	5:39.39
24	Madalena Azevedo Messias	2009	Sporting	925	10:13.52	5:38.12
25	Matilde Esteves Magalhaes	2009	Sporting Caminha	924	10:21.35	5:34.01
26	Eleine Vieira Mateus	2009	Desportivo Nacional	923	10:20.52	5:34.60
27	Sofia Monteiro Uva	2009	Alges	911	10:25.06	5:35.09
28	Paula Aguiar Margarido	2009	Juventude Atlantico	904	10:11.39	5:44.88
29	Joana Pereira Santos	2009	Rio Maior	898	9:58.53	5:55.93
30	Eduarda Galvao Raposo	2009	Natacao do Fundao/GIRASSOL	898	10:22.92	5:39.44
31	Margarida Santos Jesus	2009	Natacao de Olhao	896	10:12.53	5:46.43
32	Rita Lobo Pires	2009	Natacao do Fundao/GIRASSOL	886	10:23.24	5:42.39
33	Maria Ines Neto	2009	Bombeiros de Ponta Delgada	886	10:21.24	5:43.69
34	Francisca Pinto Oliveira	2009	Galitos / Bresimar	884	10:37.77	5:35.39
35	Maria Leonor Calcada	2009	Sporting	883	10:27.38	5:40.97
36	Beatriz Ferreira Batista	2009	CPCD-Povoa St Iria	881	10:30.70	5:39.46
37	Mariana Sousa Marques	2009	Alcobaca	880	10:23.09	5:44.40
38	Mariana Silva Santos	2009	Porto	880	10:23.35	5:43.93
39	Carlota Ganito Santos	2009	Galitos / Bresimar	870	10:23.55	5:46.84
40	Sara Beatriz Melim	2009	Desportivo Nacional	860	10:25.10	5:48.48
41	Eduarda Ribeiro Pereira	2009	Naval do Funchal	856	10:18.78	5:53.81
42	Ines Sousa Santos	2009	Vilacondense	841	10:41.93	5:44.15
43	Teresa Maria Lopes	2009	Benedita	831	10:38.42	5:48.92
44	Francisca Soreto Pedreiro	2009	Galitos / Bresimar	829	10:20.56	6:00.75
45	Clara Sobreiro Rodrigues	2009	Pimpoes/Cimai	816	10:45.33	5:49.18
46	Raquel Alexandra Cancela	2009	Louzan Natacao/EFAPEL	814	10:42.85	5:51.34

47	Patricia Anjo Ferreira	2009	Nautico Marinha Grande	809	10:39.41	5:54.83
48	Carolina Mortagua Melo	2009	Estarreja/PROZINCO	808	10:32.64	5:59.18
49	Alice Lucas Pedro	2009	Alges	808	10:32.04	5:59.79
50	Mariana Santos Inacio	2009	Alcobaca	805	10:42.76	5:53.98
51	Beatriz Ribeiro Lima	2009	Gesloures	796	10:42.10	5:57.47
52	Clara Alexandra Vicente	2009	Lagoa AC	795	10:30.91	6:04.79
53	Matilde Lopes Silva	2009	Sao Joao Ver	792	10:53.19	5:52.28
54	Maria Rita Oliveira	2009	Academico Viseu	789	10:42.45	5:59.20
55	Laura Prates Morais	2009	BUZIOS-Coruche	771	10:38.79	6:07.77
56	Ana Margarida Cruz	2009	Nautico Academico	763	10:55.59	5:59.54
57	Mariana Silvestre Novais	2009	Portinado	755	11:28.13	5:46.42
58	Sara Cabaco Brasil	2009	Fisica Torres Vedras	750	11:03.48	5:59.55
59	Ana Beatriz Teixeira	2009	Natacao da Maia	750	11:20.46	5:51.01
60	Leonor Borges Portela	2009	Fluvial Portuense	748	11:01.17	6:01.51
61	Matilde Castro Teixeira	2009	Sporting	741	10:49.38	6:11.20
62	Gabriela Leonardo Medina	2009	Condeixa Clube	737	11:06.39	6:02.24
63	Leonor Margarida Mateus	2009	BUZIOS-Coruche	722	10:46.94	6:19.82
64	Daria Taturevici Gaibu	2009	Portinado	717	11:38.48	5:53.15
65	Ana Kostenko	2009	Naval Setubalense	711	11:08.34	6:09.83
66	Iara Filipa Alves	2009	Natacao do Fundao/GIRASSOL	707	11:17.57	6:06.29
67	Eva Alexandra Coutinho	2009	Peso da Regua	700	11:13.27	6:10.71
68	Gabriela Lopes Fernandes	2009	O Crasto	698	11:08.32	6:14.49
69	Emma Sofia Martinez	2009	Sporting Caminha	696	11:13.15	6:12.64
70	Beatriz Ferreira Miguel	2009	Alges e Agueda XXI	695	11:26.30	6:05.36
71	Beatriz Maria Malhao	2009	Sporting Caminha	663	11:28.33	6:16.03
72	Zofie Pacheco	2009	Naval de Peniche	652	11:27.61	6:20.92
73	Joana Afonso Banza	2009	Aljustrelense	636	11:25.69	6:28.76
74	Catarina Agulhas Moreira	2009	Zona Azul	632	11:47.10	6:17.96
75	Ana Matilde Silva	2009	Naval Setubalense	626	11:55.57	6:15.94
76	Clara Tonel Sousa	2009	Naval Praia da Vitoria	622	12:14.96	6:09.09
77	Catarina Pereira Antunes	2009	Fafe	614	11:55.67	6:20.57
78	Maria Joao Costa	2009	Bombeiros Ribeira Grande	609	11:42.91	6:29.91
79	Maria Brum Vieira	2009	Agua de Pau	607	11:30.93	6:38.40
80	Margarida Pinto Borba	2009	Nucleo Sporting da Terceira	603	11:50.60	6:27.91
81	Simone Pais Marques	2009	Albicastrense	599	11:58.60	6:25.29
82	Lara Sofia Aguas	2009	Lagoa AC	598	12:00.38	6:24.97
83	Natacha Camacho Ferreira	2009	Juventude Atlantico	586	12:05.77	6:27.26
84	Beatriz Rosa Cunha	2009	Agua de Pau	586	11:54.96	6:33.41
85	Vitoria Morao Almeida	2009	Albicastrense	583	11:51.25	6:36.78
86	Francisca Moreira Fonseca	2009	Peso da Regua	582	11:56.83	6:34.26
87	Beatriz Pombo Ribeiro	2009	Peso da Regua	577	11:51.18	6:40.06
88	Mariana Raimundo Trindade	2009	Peso da Regua	557	11:57.31	6:46.12
89	Laura Vieira Cabral	2009	Bombeiros de Ponta Delgada	553	11:58.28	6:47.64
90	Catarina Isabel Galvao	2009	BUZIOS-Coruche	552	12:15.08	6:38.09
91	Ines Sofia Russo	2009	Bombeiros Ribeira Grande	525	12:27.41	6:44.37
92	Mariana Fernandes Ribeiro	2009	Fafe	524	12:29.91	6:43.91
93	Madalena Miguens Pucarinhas	2009	Estremoz / Estremozcarnes	512	12:37.17	6:46.06
94	Carolina Oliveira Lopes	2009	Terceira Clube	497	12:23.38	7:02.72
95	Raquel Filipa Francisco	2009	Portinado	490	12:57.35	6:47.71
96	Carolina Cupertino Marchante	2009	CLAC-Entroncamento	488	12:43.79	6:55.97
97	Ines Silva Morais	2009	Desportivo de Odemira	351	14:02.76	7:49.47
98	Sara Pinto Portugal	2009	Flavitus	341	13:56.36	8:04.00
99	Leonor Bernardo Almeida	2009	Peso da Regua	321	15:05.82	7:44.21

Masculinos, Juvenis B

RANK	NOME	ANO	CLUBE	FINA 2022	1500 L	400 E
1	Tomas Pinto Peixoto	2008	Porto	1158	16:34.68	4:48.14
2	Guilherme Costa Soares	2008	Vilacondense	1099	17:18.12	4:45.35
3	Miguel Fragoso Medeiros	2008	Porto	1098	16:47.98	4:54.81
4	Francisco Miguel Pereira	2008	Fluvial Portuense	1082	17:02.10	4:53.00
5	Tiago Andre Canelas	2008	Fluvial Portuense	1078	16:42.61	5:00.59
6	Rafael Pereira Rodrigues	2008	Condeixa Clube	1075	17:16.79	4:49.91
7	Afonso Gago Garcia	2008	Benfica	1038	16:57.69	5:03.53
8	Ricardo Figueiredo Fernandes	2008	Colegio Monte Maior	1036	17:03.03	5:02.19
9	Miguel Almeida Bispo	2008	Natacao da Maia	1019	17:45.42	4:52.52
10	Goncalo Augusto Soares	2008	Porto	1017	17:21.69	4:59.75
11	Pedro Saad Oliveira	2008	Sporting	1013	17:29.83	4:57.87
12	Duarte Santos Ferreira	2008	Porto	1012	17:44.97	4:53.72
13	Mikhael Onutsky	2008	Pimpoes/Cimai	999	17:51.13	4:54.86
14	Eduardo Miguel Lima	2008	Foca Quinta da Lixa CNF	993	17:34.79	5:00.57
15	Joao Miguel Vitoria	2008	Academico Viseu	991	17:47.12	4:57.42
16	David Jesus Morgado	2008	Sporting	988	17:38.66	5:00.37
17	Miguel Duarte Batista	2008	Academico Viseu	985	17:35.82	5:02.19
18	Guilherme Martins Silva	2008	Academico Viseu	973	17:41.19	5:03.04
19	Nuno Miguel Anjos	2008	Galitos / Bresimar	971	17:18.99	5:11.04
20	Pedro Caiada Rodrigues	2008	Benfica	971	17:43.23	5:02.67
21	Salvador Correia Pereira	2008	Condeixa Clube	951	17:35.46	5:09.74
22	Joao Pedro Monteiro	2008	BUZIOS-Coruche	949	17:40.24	5:08.61
23	Vicente Sa Vale	2008	Galitos / Bresimar	945	17:59.31	5:03.60
24	Antonio Cruz Fardilha	2008	Galitos / Bresimar	937	17:29.38	5:15.54
25	Gustavo Miguel Lopes	2008	Porto	932	17:41.16	5:12.35
26	Francisco Bentes Santos	2008	Aquatico Pacense	930	18:06.50	5:04.68
27	Afonso Goncalves Costa	2008	Porto	929	17:52.06	5:09.24
28	Afonso Mendonca Ornelas	2008	Gesloures	922	18:13.40	5:04.44
29	Henrique Barros Domingos	2008	Sporting	922	17:54.70	5:10.18
30	Martim Santos Cabrita	2008	Louletano / Loule Concelho	921	18:04.51	5:07.41
31	Goncalo Jorge Lima	2008	Sporting	911	18:20.33	5:04.91
32	Guilherme Simoes Sousa	2008	Nautico Academico	910	17:44.79	5:16.65
33	Diogo Teixeira Peixoto	2008	Foca Quinta da Lixa CNF	906	18:32.66	5:02.70
34	Paulo Jorge Oliveira	2008	Estarreja/PROZINCO	899	18:09.67	5:10.92
35	Luis Pedro Goncalves	2008	Braga	898	17:45.56	5:19.65
36	Guilherme Gomes Rodrigues	2008	Sao Roque	897	18:18.56	5:08.76
37	Rodrigo Mosca Silva	2008	Columbofila Cantanhedense	880	18:19.97	5:12.53
38	Martim Nobre Pascoal	2008	Columbofila Cantanhedense	877	17:57.62	5:20.74
39	Vasco Henrique Silva	2008	Fafe	873	18:34.81	5:09.72
40	Gabriel Mota Patricio	2008	Vieirense	856	18:56.61	5:07.81
41	Vasco Franca Jesus	2008	Naval do Funchal	854	18:12.85	5:21.64
42	Santiago Ganso Perdigao	2008	Lagoa AC	847	18:32.01	5:17.09
43	Jose Pedro Barros	2008	Fafe	831	19:13.13	5:09.72
44	Guilherme Simao Bessa	2008	Vilacondense	830	19:11.26	5:10.55
45	Joaquim Antonio Cunha	2008	Nautico Academico	815	18:16.96	5:31.47
46	Afonso Cruz Gomes	2008	Aquatico Pacense	815	19:25.89	5:10.54

47	Romulo Artur Silva	2008	Electrico Clube/ FGil.pt	810	18:38.78	5:25.00
48	Rodrigo Silva Meireles	2008	Sporting de Aveiro	809	19:13.94	5:15.04
49	Manuel Martins Oliveira	2008	Sporting de Espinho	805	18:33.46	5:28.03
50	Francisco Rodrigues Vilar	2008	Sporting	801	19:42.01	5:10.00
51	Joao Filipe Prazeres	2008	Gesloures	799	18:48.26	5:24.99
52	Bernardo Reis Ferreira	2008	Galitos / Bresimar	794	18:55.17	5:24.36
53	Gabriel Ramada Coelho	2008	Penafiel	792	19:15.88	5:18.70
54	Nestor Kunyk	2008	Lagoa AC	785	19:06.52	5:23.50
55	Goncalo Silva Guedes	2008	Estarreja/PROZINCO	785	18:51.58	5:28.01
56	Joao Coelho Castro	2008	Sporting de Espinho	785	19:25.02	5:18.36
57	Tiago Santos Pombo	2008	Alcobaca	784	18:54.48	5:27.14
58	Tiago Fonseca Goncalves	2008	Peso da Regua	781	19:16.02	5:21.78
59	Leonardo Gomes Silva	2008	Rio Maior	777	18:48.18	5:31.32
60	Eduardo Miguel Silva	2008	Fluvial Portuense	776	18:54.64	5:29.50
61	Rodolfo Charrua Gago	2008	Viver Santarem	765	19:21.30	5:24.67
62	David Filipe Boleo	2008	Sporting	762	19:03.04	5:31.05
63	Daniel Gomes Santos	2008	Nautico Marinha Grande	761	19:05.01	5:30.79
64	Miguel Ferreira Cruz	2008	CLAC-Entroncamento	759	19:21.22	5:26.22
65	Francisco Fernandes Pereira	2008	Academica de Coimbra	758	18:59.07	5:33.53
66	Francisco Guilherme Freixeiro	2008	Rio Maior	754	18:48.39	5:38.94
67	Tomas Neves Prospero	2008	Propaganda da Natacao	752	19:21.15	5:28.41
68	Diogo Jose Mateus	2008	Lagoa AC	749	18:44.24	5:42.34
69	Diogo Belchior Munhao	2008	Elvense	746	19:24.94	5:29.33
70	Miguel Lima Pereira	2008	Bombeiros de Ponta Delgada	740	19:16.58	5:33.75
71	Angelo Gabriel Gomes	2008	Penafiel	726	19:53.57	5:27.14
72	Rodrigo Santos Coutinho	2008	Pimpoes/Cimai	725	19:34.77	5:32.62
73	Filipe Martins Azevedo	2008	Famalicao	725	19:27.87	5:35.00
74	Pedro Fernando Coelho	2008	Peso da Regua	719	19:54.74	5:29.04
75	Henrique Justino Fernandez	2008	Juventude Atlantico	715	19:19.53	5:41.14
76	Rodrigo Canedo Santos	2008	Bombeiros de Ponta Delgada	706	19:31.14	5:40.32
77	Joao Diogo Neves	2008	Sporting de Espinho	699	19:39.82	5:39.77
78	Tomas Campos Cunha	2008	Natacao da Maia	698	19:53.67	5:35.84
79	Antonio Quiterio Anastacio	2008	Benedita	686	19:42.22	5:43.34
80	Guilherme Oliveira Marques	2008	Desportivo de Mora	681	20:38.01	5:29.56
81	Gabriel Alves Medeiros	2008	Ginasio Santo Tirso	677	19:55.08	5:42.46
82	Guilherme Silva Gomes	2008	Desportivo Nacional	669	20:16.47	5:38.91
83	Tiago Oliveira Diez	2008	Naval Praia da Vitoria	666	20:03.16	5:43.82
84	Jorge Mare Medeiros	2008	Bombeiros Ribeira Grande	664	20:15.45	5:40.94
85	Miguel Carreiro Sousa	2008	Agua de Pau	660	19:38.69	5:54.52
86	Rodrigo Capitao Chora	2008	Naval Setubalense	651	20:16.21	5:45.34
87	Miguel Salgueiro Vitorino	2008	Desportivo de Mora	639	21:08.83	5:35.65
88	Diogo Coelho Jordao	2008	Uniao Juncalense	614	20:43.19	5:51.48
89	Juan Josue Rojas	2008	Desportivo Nacional	603	20:31.48	5:59.57
90	Tiago Filipe Esteves	2008	Naval Setubalense	591	20:43.54	6:00.24
91	Luis Maria Pires	2008	Naval de Ponta Delgada	579	20:53.65	6:02.84
92	Tiago Cravino Ribeiro	2008	Nautico Academico	559	20:51.81	6:12.66
93	Justin Daniel Borges	2008	Obidos	528	22:20.12	6:00.39
94	Jose Guardado Silva	2008	Vigor da Mocidade	526	21:33.65	6:14.58
95	Francisco Veloso Coelho	2008	Rio Maior	503	22:18.71	6:12.55
96	Tiago Maria Costa	2008	Elvense	483	22:16.49	6:23.31
97	Joao Pedro Carvalho	2008	Naval da Horta	424	23:29.19	6:36.85
98	Tiago Daniel Povia	2008	Uniao Juncalense	387	24:13.99	6:48.44

